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BY FRED BRAMANTE

GRANITE VIEWS

Taking back the conversation

Those of us in education have lost control of the discussion with lawmakers on how we educate our kids. The problem is, in many senses, we've gotten what we deserve.

While that statement may seem hard to swallow for many of my fellow education community members, if you believe that "people treat you the way you teach them to treat you," you will understand my point.

For decades, the education community has come up with solution after solution to better prepare our schools to deliver the hopeful promise of a quality education for every student. The problem is that while our citizens have said "Yes" with higher taxes to virtually every proposed fix (smaller classes, fancy new buildings, teacher aides, higher salaries), the results are less than stellar.

We should not be shocked that in challenging financial times many people are looking at our system of public education thinking, "Why should we trust them to solve this problem when they've proven for decades that they can't do it?"

Frankly, America's system of public education is insufficient and financially unsustainable. Is there anyone out there who would argue to the contrary?

Making the same old arguments that the real solution is more of the same — spend more money, even smaller classes, more new buildings, raise teachers' salaries — is delusional. We've done that and it hasn't worked.

We need a serious redesign of our system of public education. I believe that we in New Hampshire are getting there by moving away from a focus on teaching to a focus on learning. Students can now learn and get credits anytime, anyplace, anyhow and at any pace. Most New Hampshire citizens don't know anything about this and the direction that the New Hampshire Department of Education and state Board of Education are moving in. This lack of knowledge extends to our legislators.

I truly believe that if they understood where we are heading in education, most would help us in transforming the system. But because of our failure to communicate where we are going, coupled with the too slow pace of transformation, public education will continue to pay the price at the Statehouse with lost funding.

So who's to blame for losing control of this important discussion and thus the money needed to help transform the state's education system?

I would blame the entire education community, especially the Department of Education and State Board.

"But wait a minute, Fred. Aren't you, in essence, blaming yourself and your colleagues?" For the most part, yes. And that's part of the problem.

When the New Hampshire Department of Education is continually stripped of resources, it loses its ability to assist districts in moving in a new direction. While we may be saving some money at the state budget level, we weaken our ability to help bring our education system to where we want it to be. This is the message we need our citizens and their representatives in Concord to hear.

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Watching birds, studying wildflowers, running a 5K or scrambling through flames and dangerous obstacles to get in shape — these are some of the many ways you can enjoy spring in New Hampshire. We talk to local enthusiasts and experts about these activities and more to give you some warm-weather inspiration and advice.

Also on the cover: New Hampshire native Dan Zanes is bringing music for everybody in a concert benefit the Friendly Kitchen. He spoke to us from his home in Brooklyn; read all about it on page 50.

And we've got the latest local **food news**, from New Boston to Nashua, starting on page 34.



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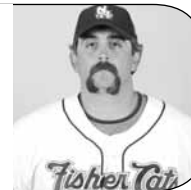


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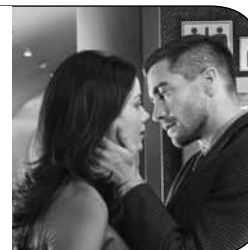
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NEWS & NOTES

News in Brief

• **House leader has harsh words about Catholic Bishop:** House Majority Leader D.J. Bettencourt, R-Salem, got himself into hot water last week. After House leadership orchestrated passage of its budget proposal amid Democrats' attempts to stymie the bill and with thousands of protesters on the Statehouse lawn, Bettencourt characterized Bishop John McCormack, the head of the Catholic Diocese of Manchester, as a "pedophile pimp" on his Facebook page. The Bishop had spoken against the House's budget proposal at the rally outside the Statehouse. Bettencourt was reportedly tying McCormack to the sexual abuse scandal in the Archdiocese of Boston where abuses by priests were covered up. House Speaker William O'Brien, R-Mont Vernon, said he agreed with Bettencourt's sentiments but wished he'd chosen his words differently. Gov. John Lynch called for Bettencourt to retract his comments. On Monday, Bettencourt wrote a letter to McCormack saying his choice of words was inappropriate. Bettencourt did not apologize in the letter but did say he had requested a meeting with McCormack. The letter came after several officials, including state GOP Chairman Jack Kimball, denounced Bettencourt's words. Catholics United called on state leadership to distance themselves from Bettencourt's remarks. The Catholic Diocese of Manchester also came out against Bettencourt's remarks.

• **Nonprofit director will take over Dover Chamber:** Molly Hodgson Smith, executive director of New Hampshire Businesses for Social Responsibility, announced she will leave her post after six years on the job. Hodgson has spent 15 years in nonprofit leadership roles. She'll now serve as executive director for the Greater Dover Chamber of Commerce. She'll stay with NHBSR through April. According to an organization press release, NHBSR saw growth in membership, grants and programming during Hodgson's tenure. The board will begin a search for a replacement in June.

• **Kuster will run in 2012:** Ann McLane Kuster, who nearly beat Rep. Charlie Bass in the state's 2nd Congressional District this past November, will be trying for the seat again in 2012. Kuster, a Democrat, was lauded for her 2010 campaign. "To fight for good jobs, to protect the fragile economic recovery, and to invest in strengthening our country's future, this week I am taking the first steps to begin a campaign for U.S. Congress in 2012," Kuster wrote in an e-mail to supporters. Kuster currently works as a consultant to New Hampshire nonprofits at Newfound Strategies, a firm she founded. Kuster handily beat Katrina Swett in the Democratic primary before falling just short on Election Day against Bass. Visit www.kusterforcongress.com.

• **Minimal radiation in NH water samples:** The state Department of Health and Human Services has tested surface water samples collected



Ann McLane Kuster

last week to determine whether any Fukushima-related radiation was present. The Division of Public Health Services Radiochemistry Laboratory performed the testing. Drinking water samples from Concord, Nashua, Laconia, Manchester, Portsmouth and Keene were screened for radioiodine, I-131 and other nuclear power plant-related radionuclides. The testing did not reveal anything greater than the minimum detectable activity, according to a state press release. Jose Montero, state director of public health, said the state would increase drinking water sampling until the accident in Japan is under full control.

• **More homeless people than a year ago:** There are 2,520 homeless individuals in the state of New Hampshire, which represents an 18-percent increase over the number counted last year. The numbers come from the Department of Health and Human Services Bureau of Homeless and House Services one-day "statewide point-in-time count" of homeless individuals and families, which took place Jan. 26 from midnight to 11:59 p.m., according to a state press release. The count targeted

community welfare offices, homeless shelters, hospitals, police departments, soup kitchens, food pantries, outreach workers and others. The count is a coordinated effort between the three local homeless Continuums of Care in Nashua, Manchester and the rest of the state. There was a 58-percent increase in the number of unsheltered homeless people and a 30-percent jump in the number of homeless families. Counters also found 132 homeless veterans, a 5-percent increase from last year, the release said. Officials said the increase in the number of homeless families was particularly concerning.

• **Shaheen bill would push schools to push science:** Sen. Jeanne Shaheen reintroduced a bill this week that would encourage students to study science, technology, engineering and math (STEM). New Hampshire inventor Dean Kamen and Sen. Mark Begich joined Shaheen as she talked about her Innovation Inspiration School Grant Program. "The legislation I'm announcing today would provide new incentives and resources for our schools to think outside the box, and embrace extracurricular and non-traditional STEM education programs," Shaheen said in a press release. "This is how we train the next generation of innovators." The program would allow secondary schools to compete for U.S. Department of Education grants for non-traditional education in the aforementioned areas. It encourages schools to make partnerships with the private sector for material support and mentors.



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Sexual assaults rarely result in physical injury, and forensic evidence is not always present, according to the report. Jurists often expect physical injury as well as forensic evidence, the report indicated.

"We're continuing to focus on the victim, not the person who would take advantage of someone to sexually gratify themselves," Mattern said.

Mattern said 87 percent of female victims and 77 percent of male victims were assaulted by someone they knew. For women, 41 percent of victims were assaulted before their 18th birthday, while 83 percent were assaulted before they turned 25.

"I hope we are [making progress]," Mattern said. "...The decision on the part of the offender, that is not the victim's fault."

But Mattern said 25 years ago rates of successful prosecution in sexual assault cases were better.

"There's not much evidence that things are

getting better when it comes to sexual assault," Mattern said.

The state lacks a consistent means for tracking sexual assault cases. And not even close to every law enforcement agency responded to researchers for the report. The 344 sexual assault incidents that were reported in the study come from the 152 agencies that did provide data. Another 79 agencies didn't respond. Just two of the 10 county attorney's offices responded.

The report writers call for a public awareness campaign, promoting multi-disciplinary, victim-centered responses and developing a coordinated system for analyzing sexual assault data.

Mattern said it does help to have the state attorney general and the colonel of the state police present at a press conference recently saying these statistics are unacceptable, she said.

HIPPO POLITICS

Lawn party

Protests at Statehouse don't stop budget

By Jeff Mucciarone
jmucciarone@hippopress.com

It was democracy in action at the Statehouse last week as thousands of people filled the lawn in protest of the budget proposal sitting before the state House of Representatives. Well, one could argue — and some are — that clearing the House gallery wasn't really democracy in action, but aside from that, it was a whole lot of democracy. There just didn't appear to be a whole lot of listening from the folks in charge in the House.

Reports indicated more than 4,000 people hit the lawn at some point last Thursday, March 31. There were people demonstrating with bagpipes. There were countless chants, notably "Throw it back." There were calls and signs to "Put people above politics." The crowd roared as a line of speakers rallied their supporters.

There were people worried about losing medical services. There were countless people in wheelchairs, fearful of what the proposed cuts would do to them. There were policemen, firefighters and other state employees worried about changes to collective bargaining that would dramatically impact their unions. There were demonstrators standing against further cuts to the court system. One person walked on the lawn carrying a sign that read "Screwing the middle class has consequences."



Diane Carignan of Bristol said she doesn't get or need a lot of services, but the services she gets, she needs.

"Where do we go if there are no services?" Carignan asked.

That concerned was echoed across the lawn. It was said to be one of the largest demonstrations in the state's history. And it appeared peaceful.

At the end of the day, though, it turned out no one with any clout in the House listened to any of the protesters. (There were a handful of folks standing on the lawn in support of the budget the House ultimately passed.)

House leaders holding firm

The budget passed 243-124. So it was a landslide in terms of its count. And now the budget, which spends 17 percent less than the total current biennial budget spends, goes to the Senate. The budget Gov. John Lynch proposed cut spending by 5.5 percent, a not insignificant sum. The House's budget would cut spending by \$742 million. Lawmakers are facing a deficit of as much as \$900 million.

Of course, the Republican House leadership believes it is doing what is right and what vot-

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ers sent them to office to do. They probably are, but once cuts become real — like when you see the faces of thousands of people who may lose services they need because of those cuts — it's not so easy to do. About 7,000 people would lose mental health services under this budget plant. All of a sudden, government doesn't seem so fat.

Democrats did try to hold back the budget. They tried to boost revenue estimates. Protesters chanted "Throw it back" and held signs that said "Start over." But House leaders were steadfast.

House Speaker Bill O'Brien, after he had protesters tossed from the gallery, told the Concord Monitor he wouldn't let "thugs" rule New Hampshire.

The (potentially) more moderate Senate

The governor, in this case a moderate Democratic governor, made what most described as a reasonable first crack at the budget. He took plenty of heat as his budget hit most departments hard.

The House has a little leeway to propose some more radical things, like the proposal by

Rep. Neal Kurk, R-Weare, that would severely impact collective bargaining. The House can stretch the field a little bit — and get people riled up in the process. But once the Senate gets hold of the budget, things tend to get reeled in some.

The Senate is typically a more moderate body. We'll see, but early commentary from Senate President Peter Bragdon, R-Milford, suggests that will be so.

Bragdon told the Union Leader he didn't think the Senate's revenue estimates would be much different from what the House is proposing, but he said the Senate would make changes to the budget, notably in areas where people need services but can't afford them. He also said Kurk's proposal wouldn't be likely to survive in the Senate.

Some highlights

Republican leaders characterized passage of the budget as historic, while Democrats probably thought the same thing but not in a positive way. Everyone knew — or should have known

CORRECTION In the story "Living the Digital Dream" in the March 31 issue of the Hippo, a quote by Thomas Elliot was misstated. His quote should have read: "Dare to fail," Elliot said. "Most major web services started as something else." (The quote mistakenly appeared as "servers" instead of "services.")

— no one was going to be jumping for joy this budget season. Voters sent Republicans to the polls to reduce spending, to make government smaller. It just seems right now that a lot of people think lawmakers might have gone too far.

The budget would cut money destined for people suffering from developmental disabilities, mental illness and domestic violence. The budget is projected to cost the state 1,500 jobs, most of which are vacant. Lynch proposed cutting 1,100 state positions, of which 255 were filled.

The Department of Health and Human Services, the state's largest agency, would be hit particularly hard. It would lose \$207 million more than what Lynch proposed cutting. Democrats warned the Health and Human Services cuts, along with cuts in aid to hospitals, could result in higher health care costs.

While the House budget increases aid to communities compared to what Lynch proposed, it provides just \$7 million to help communities with retirement costs.

It takes all kinds

In a primary, there's something for everyone

By Jeff Mucciarone and Adam Coughlin
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and acoughlin@hippopress.com

Travel to any college campus in New Hampshire and you're likely to see T-shirts and frisbees asking, "Fred Who?" The answer: he might be one of the most intriguing candidates running for president and he probably won't win.

As a longtime Republican political operative and gay rights activist, Fred Karger has a message that's unique in the Republican playing field.

"I'm coming at this from a completely different point of view," Karger said in an interview with the Hippo last week.

Karger said he always knew he was gay but he's only been openly gay for less than three years. So he says this is still new to him. And simply telling his story is a big part of why he's running.

"I don't want any more kids to go through this," Karger said. "That's why I'm running."

Karger, who is from California, retired from his career in politics in 2004. He said he'd always wanted to run for office but never felt he could. As he gained some prominence in a gay rights campaign in California, his political aspirations took off.

Naturally, the first elected position he is running for is president.

Such audacity rubs some people the wrong way; the feeling is not directed at Karger alone but at upstart candidates in general. Writing for The Daily Beast about how crowded the Republican primary is, Jack W. Germond wrote, "Meanwhile, the clutter is growing each four years in the party out of power. And the picture of so many candidates contributes to a perception of a party without strong leadership or a coherent message."

Does the diversity of candidates represent a lack of leadership or the fact that it

is hard to corral the thoughts of hundreds of millions of people into a single tent? Here's the thing: the population of America is both growing and changing. The new census data will show that we are living in an evolving country whose population is not the same as the ones that voted in elections of yesteryear. For example, one in four children are Latino. Do they think, operate and vote in the same way a middle-aged, white, New Hampshire farm owner does? What is the single message that would resound across age, gender, ethnicity and geographic location?

That is why the voices of Karger, Herman Cain, Michele Bachmann and Rick Santorum are

“Does the diversity of candidates represent a lack of leadership or the fact that it is hard to corral the thoughts of hundreds of millions of people into a single tent?”

so important. They speak for at least a segment of the Republican party. In a country that has 75 million television channels because network executives realize people have different tastes, it is astonishing that we still only have two major political parties. Candidates like Karger make the so-called "legitimate" candidates like Romney and Pawlenty address issues and topics they might otherwise avoid and give voters a clearer view of who a candidate really is. And practically speaking, 42 percent of New Hampshire registered voters are inde-

pendent. They are more likely to vote on an issue or a person than a party.

Ron Paul raised roughly \$3 million during the first quarter and Bachmann garnered \$2.2 million — both out-raising frontrunner Mitt Romney's \$1.9 million, according to Politico. Karger too took a step in the right direction when he — the only potential presidential candidate to show up in person — won a straw poll at Saint Anselm College last Thursday, March 31. He narrowly beat out Romney. Karger has been targeting college campuses in particular, which makes sense because his appeal seems to be in a younger crowd, a group where the GOP historically has suffered.

Of course, Romney has yet to begin actively running, while the other candidates, with the exception of Paul, have already spent a great deal of time in New Hampshire. There is no such thing as the perfect candidate. But wouldn't you rather know that before you voted?

• Former Alabama Supreme Court chief justice **Roy Moore**, who gained notoriety for placing a plaque of the Ten Commandments outside the courthouse, reportedly is planning to set up a presidential exploratory committee.

• **Howard Dean**, the former governor of Vermont and a former presidential candidate, was expected to meet with supporters from his 2004 campaign to discuss a possible primary challenge to President Barack Obama, according to WMURPoliticalScoop.com.

• **President Barack Obama** officially announced his plans on Monday to seek re-election. "We're doing this now because the politics we believe in does not start with expensive TV ads or extravaganzas, but with you — with people organizing block-by-block, talking to neighbors, co-workers, and friends. And that kind of campaign takes time to build," Obama wrote in an e-mail statement.



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Game day

Fisher Cats manger Sal Fasano kicks off the season

Former major-league catcher Sal Fasano has taken the reins as manager of the New Hampshire Fisher Cats, the Double-A affiliate of the Toronto Blue Jays. Fasano managed the Lansing Lugnuts, the Blue Jays' Single-A affiliate, last year. The Fisher Cats open their 2011 season at home Thursday, April 7, at 6:35 p.m. against the Trenton Thunder.

Q: *What are you seeing from the team so far this spring?*
I think it's going to be a pretty good team actually. Some of the Blue Jays' best prospects are coming up, offensively. Any time you have that, it's exciting. ... We're actually very fortunate this year.



ed to know if he got to say hello to the Prime Minister.] I had to say, "No Mom, I was too intimidated with the president there." ...

I would guess it's a day you remember well.

Coming from being a player, what's it been like for you to make that transition to being a manager?

It wasn't as hard as you would think. It's pretty fun to play ... it's the greatest job in the world. When I got the opportunity to manage, basically it's a new challenge. You're teaching what you've been applying for years. ... You're not trying to reinvent the game. ...

When you were a player, did you ultimately think you'd become a manager?

Well, I was a back-up player, not an everyday guy going through that everyday grind. Well, I was grinding in my own special way. From that perspective, you could look at the game differently. You could watch what managers do. I tried to stay in synch with them. Also, you can pay closer attention to what the opposition is doing. ... I was trying to do that as a player. Now, making the transition to being a coach on the bench, you're trying to help, it's pretty much the same thing.

When you were at [the Double-A] stage of your career, what were you thinking?

At this stage, I was thinking the big leagues are really close. It's in your grasp. It's an attainable goal. It's everything you can possibly imagine ... I tell the guys, you can get called up from Double A just as fast as you can from Triple A. ...

Do you remember your first game in the big leagues as something that sticks with you?

Oh yeah. I had the opportunity to play with the Kansas City Royals and we opened up with Baltimore. I got the chance to meet President Bill Clinton ... and the Italian Prime Minister. [With a proud Italian heritage, Fasano's mother want-

Yup, and then I struck out three times against David Wells.

[Fasano said he was the first rookie in 100 years to be involved in a triple play.]

Robbie Alomar was on second base and we had a double play going and the third base coach kept sending him, so they threw it home ... and I tagged Robbie Alomar out for the last out of the triple play. It was a pretty eventful opening day.

It's a long season. How do you keep focused?

It's funny. People think you come to work and play a game at 7 p.m. We get to the ballpark at 11 a.m. You're formulating a lineup. How are we going to attack today? What individuals are you going to work with? ... You keep honing those skills ... It's a 12-hour job per day to play a three-hour game.

It seems like it could become draining. Do you ever feel that way?

Personally, I don't. ... That's part of the benefit of coaching. ... When you're playing, it always seems like it's life or death. If you're scuffling, it can seem like it's the end of the world. If you're hitting well, you can feel like you're on top of the world. [Prospect Kyle Drabek] probably couldn't wait to get back out there again [during last season]. When you're scuffling, that fifth day can take forever to get there. It is mentally frustrating. You want to get back up there right away. In basketball, if you miss a shot, you can just take another one the next time down. But if you miss a fastball, you might not get another one for five more at-bats.

—Jeff Mucciarone

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QOL

QUALITY OF LIFE INDEX

APRIL 7, 2011

Granite State dominates

Since when is New Hampshire a sports powerhouse? Giants pitcher Brian Wilson of Londonderry played in the World Series, Coach Chip Kelly coached in the national championship football game, and Lancaster's Kyle Bailey was on the University of Connecticut men's basketball team that won the national championship over the Butler Bulldogs on Monday, April 4.

QOL: +1

Comment: *It gives hope to every high school player in the state and who cares if Bailey only played in six games all season.*

New Hampshire's other favorite sport

While protesters didn't get their way at the Statehouse last week, as law-makers ultimately passed a budget that cut many programs and services, they did come out as a united force. News reports had the numbers of protesters into the thousands. More than 100 organizations and agencies came out against proposed budget cuts, many of which would hit low-income folks hard. Perhaps most notably, the protest, though large, was peaceful. Speakers took the stage and rallied their supporters, but decorum won out despite the implications many of the participants were facing with the budget's passage.

QOL: +1 for making budget season exciting

Comment: *Now it's on to the Senate for Round Two.*

Manchester Animal Shelter scores big on social media

The Manchester Animal Shelter recently won a Facebook challenge among nearly 100 New Hampshire nonprofit organizations, including the New Hampshire Food Bank, YWCA and 4-H. The Shelter rallied its followers and won the competition by garnering 1,476 "likes" on Facebook. The Grappone Automotive Group, which sponsored the challenge, presented the Shelter with a \$5,000 check last Thursday. The competition was held from March 15 to March 22 and required online fans to visit the Grappone Automotive Group's Facebook page, click "like" and then click "like" for the nonprofit of their choosing.

QOL: +1

Comment: *The Shelter was able to garner its Facebook support despite having just three staff members.*

Despite having days to prepare mentally for the weather expected Friday morning, QOL still had the following reaction to looking out QOL's window early on April 1

Noooooooooooooooooooooooooooooo...

QOL: -3

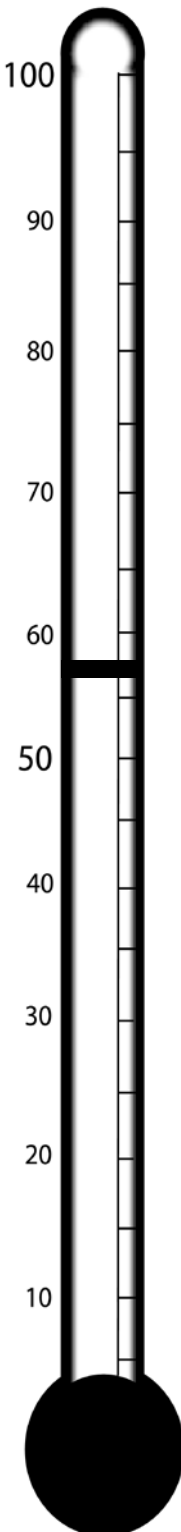
Comments: *Most depressing April Fools' Day joke ever.*

QOL score: 61

Net change: 0

QOL this week: 61

Notice something that changed the quality of life for good or for ill in southern New Hampshire? Let us know at news@hippypress.com



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DAVE LONG'S HIPPO SPORTS

LONGSHOTS

Big stories beyond Boston for baseball in 2011



Who out there had the Red Sox losing 3 straight in Texas to start the season in your office pool? This being New England, there are already some folks out there on the ledge, while others blame

Jarrod Saltalamacchia's pitch-calling for the fact that **Clay Buchholz**, **Jon Lester** and **John Lackey** left Texas with ERAs of 5.86, 8.40 and 22.07. Silly me, I just thought it was because the pitchers stunk up the joint.

But let's talk about some interesting stories that will unfold throughout baseball this season.

Chris Carpenter will be 36 on the 27th. So how goes the race between **Mike Flanagan** and him to be New Hampshire's best-ever pitcher? Each has a Cy Young award and one 20-win season to his credit. Carp also had a 2nd- and 3rd-place finish in the voting. With a no-decision on opening day he's still 133-83 lifetime with a 3.80 ERA. The 61.6 winning percentage is 77th all-time, just below **Cy Young's** 61.8. For Manchester Mike it's 167-143, a 53.9 winning percentage and 3.90 ERA. In his last 5 healthy years Carp has averaged 16.8 wins; 3 more years like that takes him by Flanagan in wins. With just 25 wins coming after 36, Flanagan was almost on fumes by now. If he hadn't lost 4 full years to injuries, the race would be over; still, it looks like Carpenter clinches it with a solid season this year.

Here's one reason the Giants won it all last year. In the playoffs, Londonderry's **Brian Wilson** had six saves in 10 appearances when in 11.2 innings he gave up 5 hits and 4 walks with 16 Ks. In the 74.2 innings he pitched in the regular season that projects to a microscopic 32 hits, 104 strikeouts and 26 walks compared to his regular-season 62 hits, 93 strikeouts and 28 walks.

While **Buck Showalter (the door)** might have been rude in how he did it, he wasn't off the mark when he asked how can Theo being considered savvy for getting **Adrian Gonzalez** and **Carl Crawford** by spending \$300 million that no one else had to spend. And speaking of savvy GMs, has anyone called money ball maven **Billy Beane** a genius since 'roid boys **Miguel Tejada** and **Jason Giambi** walked out that door? Any coincidence his genius rep for the new way to play

baseball came while the Bay area was the epicenter of the steroid scandal?

To me the best GM of the last 30 years is a guy I've never heard described as a "genius," **Pat Gillick**. He won twice with Toronto, got the Orioles to the playoffs, built the Seattle team that won 116 games AFTER **A-Rod** skipped town and closed his career by building the Phillies into a world-title team in 2008.

Anyone else think **Albert Pujols** could be traded at the deadline if the Cards fall out of it early? It seems inconceivable they'd trade arguably the best player in franchise history. But after seeing he wants \$30 million per for 10 years, do they want to play chicken betting that no one else will give him that much? If you're wondering if Albert's not the best Cardinal, it's because he still has a way to go to catch up to the great **Stan Musial**.

Not everyone has the same definition of "best." So I'll say the three most productive rotations of the last 40 years are the '71 Orioles where **Dave McNally** won 21 and **Jim Palmer**, **Mike Cuellar** and **Pat Dobson** each won 20; the '73 A's, which had three 20-game winners in **Catfish Hunter**, **Ken Holtzman** and **Vida Blue**, though their fourth starter **Blue Moon Odom** was only 5-12; and the Braves of 1993 with **Greg Maddux** (20), **Tom Glavine** (22), **John Smoltz** (15) and 23-year-old **Steve Avery** (18), before he lost it almost overnight. The last group came in the age of the fifth starter and 32 starts. If you want to look at it a different way, only Palmer and Hunter from the first two rotations are in the Hall, while 300-game-winners Maddux and Glavine are sure to get in and Smoltz, who has 213 wins and cost himself at least 50 when he was the closer, is better than 50-50 to make it. The amazing thing about Maddux is the math behind his 355 wins, as he did it by winning 20 in a year just twice. **Warren Spahn**, who won 363 and pitched until he was 44, did it 13 times. And McNally won 20 five straight times and only wound up with 185 wins. Weird, ain't it? Halladay already has three 20-win seasons, and at 33 he has 169 wins. If he makes it to 40 and averages 16 wins the next seven seasons he'll still finish 74 behind Maddux.

Dave Long can be reached at dlong@hippo-press.com. He hosts Saturday Morning Sports with Dave Long from 10 a.m. to noon Saturdays on WGAM - The Game 1250-AM in Manchester and 900-AM in Nashua.

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Sports Glossary

Warren Spahn: Astonishingly consistent and durable lefty hurler who once called Boston home. That was with the Spahn and Sain and pray for rain Braves — he brought a World Series title to the Hub in 1948. And it could have been a Boston double in the series that year, but the Sox lost to Cleveland in the AL playoff game after the teams finished in a dead heat. Four of his 20-win seasons came in Boston before the Braves split town for Milwaukee. The best was yet to come as he had nine more 20-win seasons to go before he finished with 13 overall. He won the Cy in '57 when he and the Braves captured a second world title as he was 21-11 with a 2.68 ERA. Amazingly had his best year at age 42 when he was 23-7 with a 2.60 ERA. Hung in until he was 44 to finish with 363 wins and 256 losses and then somehow it took them eight long years before he was elected to the Hall in 1973.

Stan Musial: Nicknamed "Stan the Man." Still the greatest Cardinal of them all after hitting .331 lifetime, with a fourth-best all-time 3,630 hits, 475 homers and three MVPs to his credit. Was originally a pitcher, but switched to play the outfield full-time after an injury to his pitching arm. Best stat to illustrate his consistency was that he had 1,815 hits at home and 1,815 hits on the road. Had six seasons with 200 or more hits, with the high being 230 in 1948 when he hit .375 with 46 doubles, 18 triples, 39 homers and 131 RBI. Played 22 years in the bigs and appeared in a record 24 All-Star games he shares with Willie Mays.

Buck Showalter: Current Orioles manager who recently said he'd like to see how Theo Epstein would do with Tampa Bay's payroll. Never made it to the majors as a player, but hit .294 lifetime in seven minor-league seasons when he hit just 17 homers. Now in his fourth managerial stint, having previously done time in Texas, Arizona and New York — where he didn't complain about having the highest payroll in baseball. Each of the three previous stops ended with his getting the axe before each of those teams' getting the stories shortly after he left town. Overall the record is 919 wins and 856 losses in 13 seasons.

PEOPLE, PLACES & OTHER STUFF Thunder heads to Manch to kick off baseball season

The Big Story: It's the return of the baseball season at newly re-named Northeast Dental Stadium on Thursday night when the New Hampshire Fisher Cats take on the Trenton Thunder. A returning core of **Adeiny Hechavarria**, **Alan Farina**, **B.J. LaMura** and **Jonathan Diaz** will be fortified by the presence of three of the Blue Jays organization's top six prospects in outfielder **Anthony Gose**, catcher **Travis d'Arnaud** and **Zach Stewart** — who'll be in the starting rotation. Game time is 7 p.m. and the Thunder of course are the AA farm of the Yankees.

Sports 101: This happened once in baseball history. Say how it happened and name the occurrence. How can a team get no hits in a game and have none of its players see their batting average drop?

Injured List: San Francisco closer **Brian Wilson** opened the season on the disabled list. The World Series star out of Londonderry goes with an oblique injury that will keep him there through at least the sixth game of the season.

In Case You Missed It: **Matt Bonner** had his latest visit with the Celtics in San Antonio on Thursday when the Spurs lost for a fifth straight time 107-97. He went for 8 points on 3 of 9 shooting off the bench and chipped in with four rebounds as well. Both were a tick above his season averages of 7.1 and 3.5 a game. And his 47.1 percentage on his 97 three-point attempts is best in the NBA, with **Ray Allen** second at 45.0 percent.

Coming and Going: Didn't take **Paul Thompson** long to hook up with the NHL as the UNH forward signed a deal to join the

Pittsburgh Penguins hours after the U was eliminated from the NCAA Tournament last Sunday. The pride of Derry was also named the Leonard Fowel MVP award winner for players in New England and earned the Herb Gallagher Award given to the best forward in the region.

Honors: Manchester Monarchs defenseman **Viatcheslav Voynov** was named to the 2010-11 AHL Second All Star Team, as voted by AHL coaches, players and media. The Chelyabinsk, Russia, native has eclipsed his previous season-highs in goals (13), assists (33) and points (46). His 13 goals also tie him for fourth place among AHL defenseman and his 46 points tie him for seventh place overall in the AHL among blueliners.

Honors II: Ms goalie **Jeff Zatkoff** was also named the Reebok/AHL Goaltender of the Month for March after allowing just 14 goals in nine games. During the span he was 5-3-1 with a 1.55 goals-against-average and a .949 save percentage and had two shutouts.

Drought-Ending Win of the Week: It goes to the men's laxters from Southern New Hampshire, who beat Saint Anselm for the first time in five years in a 7-6 win on Wednesday when **Keith Merluzzo** led the way with a pair of goals. **Dan Sullivan** and **Tyler Steinetz** each had two for the Hawks.

Sports 101 Answer: The no-hitter has to be pitched on opening day when everyone's average is still .000. It happened just once in baseball, 70 years ago this month, when the late **Bob Feller** threw the first of his three no-hitters to beat the White Sox 1-0 on opening day in 1940.

The Numbers

2 — hits and runs allowed by **Chris Carpenter** over seven strong innings, which all went for naught as his St. Louis Cardinals came up 5-3 losers to the Padres in 11 innings in their season opener as Carp took a no decision.

5 — different players who scored for the Monarchs in Saturday's huge


5-2 win over Portland at the V that drew them to within one point of the Pirates in the race for the Atlantic Division.

8 — whopping number of goals scored by Concord's **Phoebe Clark** in the wild 18-10 affair between the SNHU and Saint Anselm laxters on Tuesday won by the Penwomen. **Emily Mongeau** chipped in with five

more goals for SNHU while **Kayliegh Dube (brothers)** and **Sara Halbich** each added a pair. **Meghan Smith** was high for the Hawks with four goals and two assists.

24 — goals scored by the Rivier women in a 24-9 pasting of Emmanuel when Goffstown's **Alyssa Renaud** scored twice in the first five minutes to put them on their way to the rout.

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Find a bit of spring

Ideas for making the most of the warmer weather when it finally shows up

It's gotta be spring eventually, right?

Despite recent flurries, the temperature does seem to be steadily rising, and any day now we should have sun and warm weather at the same time. If this winter has taught us anything, it's that you've got to take advantage of the good weather while you can.

For the more adventurous among us, we look at adventure racing, which takes the concept of the road race and adds some "extreme" to it, and parkour, which turns going for a jog into an action movie. For those looking for a more mild way to enjoy the outdoors, we also take a look at bird watching (this is a high traffic season for area birds) and the search for wildflowers (April showers are supposed to bring them, right?).

It's time put away the snow shovels (let's hope) and find a little piece of spring to brighten your day.

Run and jump

Let parkour add spring to your step

By Adam Coughlin

Dustin Bryant ran and then launched head first over a waist-high PVC pipe fence, his body flipping over as he passed the length of a 10-foot mat before landing in a controlled tumble and roll. It was part breathtaking, part idiotic and entirely parkour.

Parkour is "the physical discipline of training to overcome any obstacle within one's path by adapting one's movements to the environment," according to www.americanparkour.com, an online parkour community. To overcome these physical obstacles, traceurs (people who participate in parkour, from the Parisian slang word *tracer*, which means "to hurry") use running, jumping, vaulting, climbing and balancing. Parkour is typically practiced outdoors, especially in cities, which have no shortage of obstacles.

Parkour rose out of the urban centers of France and through its visual appeal spread like wild fire on YouTube. The almost super-human feats of parkour legends like David Belle, who is credited with inventing the non-competitive sport around 1997, inspired impressionable teens around the world. As its popularity rose, parkour began to infiltrate popular culture. It can be seen in movies like *Casino Royale* and *Prince of Persia: The Sands of Time*.

Parkour may be the only sport whose participants mostly learned about it through YouTube. When Bryant was 16, he was one of those kids. He had never been an overly athletic child but loved

going outside with his brothers and goofing off in the woods. He also participated in martial arts. When he watched videos of parkour, he was hooked.

"It probably wasn't the best idea, but I went out in my back yard with a mattress and started practicing flips," Bryant said. "I had seen it in movies and thought the stunt men must have been using wires. But then I realized you can basically do anything."

Now, at 18, Bryant is considered one of the top traceurs in New Hampshire. He frequently goes to Manchester and Boston to practice his skills.

Spencer "Danger" Soulard was also turned on to parkour via YouTube: "I remember being a freshman in high school when one of my buddies actually mentioned the word 'parkour' to me," Soulard wrote via e-mail from Texas, where he was undergoing technical training for the United States Air Force. "He said he was browsing YouTube and just came across a few videos of people doing crazy flips. So of course I started watching them myself and just became fascinated with what these people were doing. Jumping off high ledges and rolling on the ground when they landed just looked like complete urban ninja stuff to me, it was sick!"

Soulard, who is from Litchfield, is the creator of the NH Parkour and Free Running Facebook page. To parkour purists, there is a big distinction between parkour and free running. In Belle's assessment, the purpose of parkour is to overcome obstacles as quickly

and efficiently as possible. Tricks, like flips and spins, are only for show and do not help accomplish that goal. Those flashy skills are the basis of free running but not parkour. Since the two sports share so many other similarities, however, they are often thought of as interchangeable by the general public.

The fact that Soulard is in the military should be of no surprise. To participate in parkour, a person must have an adventurous mindset. From the outside, the sport looks incredibly dangerous. For every YouTube video demonstrating successful parkour moves, there is another showing a disastrous wipeout. These falls can lead to scrapes, broken bones and, in the rarest and most unsupervised cases, death.

“As far as danger goes, yes it does appear dangerous, but if you know what you’re doing, it’s quite safe and quite exciting,” Soulard wrote.

With such risks, what are the rewards?

Bryant said there are obvious physical benefits. Before he began he was as thin as a rail. Now he is muscular and incredibly agile. Besides being physically demanding, parkour is mentally taxing.

“If you’re really apprehensive, it can help you overcome that,” Bryant said. “And if you’re overconfident it can humble you quickly.”

“Injuries are common,” Soulard wrote. “... But it’s just a risk people have to take, and if you take your skill level and the move you want to perform into consideration and weigh the two together, you’ll be fine, if you make the right decision. For example, if you’ve never done a back flip before, you shouldn’t just try to fall backwards off of a roof and hope you land it. Instead try to jump up on a trampoline and land just on your back.”

Bryant said in the brief history of the sport (and there are parkour competitions, but Bryant said no one is overly competitive and there is a tight community), there have been considerable improvements. It used to be reckless, with kids simply imitating what they saw on YouTube. Now there are tutorials and even parkour classes, like the one held twice a week at Gym-Ken Gymnastics in Windham (www.gymkengymnastics.com).

Jonathan Barbeau has taught at the facility for 12 years and leads the parkour training. At a recent class, about 20 boys and a single girl trained in the basics of parkour in a safe environment. In one move, the kids performed something called tic or tac or tic-tac or Prince of Persia (Bryant said names are unimportant; the movement is what matters). The kids got a short running start before springing off a mat-covered wall and then grabbing on to a parallel bar. The move looks really cool. With the mats underneath it is quite safe. The outside world can be less forgiving.

That’s a fact not lost on Barbeau. He said when he teaches gymnastics he tells his stu-



Spencer Soulard practices parkour. Courtesy photo.

dents never to use those moves outside the gym. Yet with parkour, he knows the kids are going to try it out on the playgrounds. True parkour is about overcoming obstacles as they come at you, and there are only so many situations a teacher can simulate. This is why Barbeau said he tries to incorporate safety — safety rolls, the proper way to fall — into the exercises the kids practice.

“Considering what these kids do, it is actually pretty injury-free,” Barbeau said.

One such kid was eight-year-old Carter Sylvester of Manchester. Barbeau typically wouldn’t have a student so young, but Sylvester has been fearless since a young age (his mohawk seems to confirm that) and has done gymnastics with Barbeau since he was 3 years old. His father, Carl, said parkour was a great activity that kept his son healthy and fit. It also taught other lessons.

“While they’re competing against each other to try and do the best move, they are also helping each other out,” Carl Sylvester said. “It also teaches them to overcome obstacles. In here it might be jumping over a mat, but in life it will be something else.”

Parkour, like jazz music, rewards spontaneous creativity. It is a sport unlike any other when it comes to self-expression.

“What I like about parkour is that it keeps me involved is the sense of physical freedom from the world around me,” Soulard wrote. “... I don’t really know how it works, but something in your brain just re-wires itself so you can think through operations quicker and figure out which is the most efficient route to take whether it be cleaning your house or walking through the city to get to work.”

Adventure races

‘Marathon running is simply boring’

By Tori Loubier

A 5K wouldn’t do. Nor would a 10K. A marathon or a triathlon wouldn’t cut it — even just running wasn’t enough. No, there needed to be hills, mud, fire, electric wires and walls to climb.

“The crazier the better,” described Jake St. Pierre, 33, a police officer in Bow, who is among the growing number of people participating in adventure races.

Adventure racing is defined as a contest in which teams or individuals compete

in an expedition-length race that involves two or more sporting disciplines, often running, mountain biking, climbing, kayaking, and elements of navigation and orienteering. They are relatively new, and the biggest ones in New England have only been around for less than five years. These include the Tough Mudder on May 7 & 8, the Renegade Playground on June 4 and the Warrior Dash on June 25 & 26.

Each adventure race has its own challenges and terrains. Most are team-based and require participants to challenge themselves



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The challenge

The Warrior Dash is described as a “mud-crawling, fire-leaping, extreme run from hell” strategically placed on “the most challenging and rugged terrain across the globe.” Participants “conquer extreme obstacles [and] push their limits,” according to the website. Located at the Amesbury Sports Park in Amesbury, Mass., the course is 3.02 miles long and requires participants to sprint up a mountain, thread through ropes, dive into trenches, run through a forest and a junkyard and climb up a wooden barricade. To finish, participants must leap over a fire.

The Renegade Playground Challenge promises participants that they “will be tired, will be muddy and may bleed.” A 5K run, it challenges racers to get over, through and under various obstacles. The course includes trekking through a sandbox filled with water, traversing muddy tires, climbing through a web of ropes, climbing up bales of hay, navigating through a waterfall and monkey bars, not to mention extremely cold water and of course, jumping across fire.

Organizers of the Tough Mudder bill it as “Ironman meets burning man.” Held at Mount Snow in Vermont, Tough Mudder is three to four times longer and tougher than most mud runs. The website says that only 78 percent of participants at Tri-State 2010 finished. The Mount Snow course is approximately 10 miles long and is estimated to take about two and a half hours to complete. Mount Snow has a base elevation of 1,600 feet and a summit elevation of 3,600 feet, according to the website.

Tough Mudder's Mount Snow course requires sprinting up a ski run, trekking through cargo nets, traveling over water using swinging ropes, crawling under wire that's only 8 inches from the ground, carrying a log up and down the mountain, balancing across a log, jumping 15 feet into a pond, climbing up a 100-foot wall, scrambling up a steep and slippery motocross slope and surviving being pressure-hosed, plus a mystery obstacle that's announced the day of the event. The last two obstacles of Tough Mudder include navigating through live wires that carry 10,000 volts of electricity and running through kerosene-soaked straw with flames at least four feet high.

A whole-body workout

“In preparation for one of these events the average person will go to a gym and do ‘cardio and weights,’” said Eric Marsh, personal trainer and owner of Fun Intelligent Training (FIT) in Concord. “When they hear about a [challenge] obstacle course, the tendency is to increase the amount of treadmill time in order to work up to the length of a race.”

Not so much.

“The Renegade Challenge (5K) consists of 12 obstacles and the Tough Mudder (10K) consists of 22 obstacles. This equates to an average of 0.26 mile and 0.45 mile, respectively, between obstacles, far from running a constant pace for a set distance,” Marsh said.

The ability to run the length of the course at a constant pace isn't as helpful as one may think.

“The body has three different energy systems that it uses for different types of activities,” Marsh said. “Adventure races utilize all three energy systems over the course

of the [race], so focusing on only one or two during pre-race training will almost surely lead to frustration on race day.”

Marsh explains that adventure races predominantly tap into the aerobic energy system due to the relatively short distance between obstacles.

Though your first instinct is to increase time on the treadmill or stair master, those exercises don't prepare your body for the stress you will encounter in this type of race, Marsh said. “If your body is used to performing in a controlled manner, the likelihood of injury is much greater when subjected to the unpredictable environment that you will encounter during a race.”

The answer is cross-training, a method primarily used by FIT. Marsh and his team at FIT utilize different endurance-based activities like hikes, road races, tire rolling and sled pushing.

“We [at FIT] don't change our programming too much in preparation for these types of events because what we do on a daily basis lends itself very well to adventure racing. We train everyone like an athlete, no matter if it is a 64-year-old grandmother or a 22-year-old competitive grappler,” Marsh said.

You gotta be crazy to do something like this

Well, not really. Marsh and the team at FIT try to demonstrate that average people with the motivation to train correctly can compete in adventure races.

Bridget Meunier, 37, an educational assistant in Concord, had stopped going to the gym years ago before she began training at FIT last August. Meunier now goes to the FIT boot camp three times a week, attends a kick boxing class once a week and is training to participate in the Renegade Challenge.

Prior to FIT, Meunier suffered from migraines and chronic back pain and was on sleeping medication.

“Since I started going to the gym, I've stopped all medication and chiropractic visits. It's been wonderful,” she said.

Tips for training on your own

“If you have a playground near you, hit it up. If not, try to rig up something you can hang from that will safely support your weight. Remember that many obstacles will involve climbing,” Marsh said.

The FIT 10-minute

Complete each exercise for 60 seconds (unless otherwise noted) and immediately move on to the next one with no rest. Complete additional rounds as your fitness level improves with 2 minutes of rest between rounds. Video will be posted on www.FunIntelligentTraining.com demonstrating each exercise.

- Jog or run for 2 minutes
- Static hang/chin-up
- Jumping jacks
- Plank
- Jog or run for 2 minutes
- Push-up
- Mountain climber
- Burpee (squat)

Which adventure race is for you?

- The Renegade Playground Challenge: www.renegadeplayground.com
- The Tough Mudder: www.toughmudder.com
- The Warrior Dash: www.warriordash.com

“We push sleds, flip tractor tires, hit them with sledgehammers ... plus doing weights and ball work. It’s so much fun because you’re not sitting there mindlessly doing whatever the machine is. It’s so much more fun when you don’t realize how hard you’re working out,” she said.

“Every single part of your body gets a workout [training at FIT]. I’m doing dead lifts now and the most I’ve been able to do is 165 pounds. I never would have been able to do something like that in a million years,” Meunier said.

Marsh suggested getting a team together to compete in the Renegade Challenge; Meunier admits she never would have considered doing such a challenge before training at FIT.

“But it seemed so fun ... we’re going to be going through mud, up hills and through hay. The fact that we’re doing it as a team is great. We can support each other. I’d rather do this than just running,” she said.

For Jake St. Pierre, who is training for the Tough Mudder, adventure racing was just another way to have a fun time working out. St. Pierre has put himself through some of the most intense training, including running marathons, doing at-home workout P90X and, most of all, climbing 21,000 feet up Mt. Everest last year.

Now in the midst of planning another trip back to summit Mt. Everest next year, St. Pierre is using adventure races like Tough Mudder to prepare himself.

Going with some other guys from FIT to compete in Tough Mudder, St. Pierre enjoys team training.

“I’m there five days a week. We do weight training, tire flips with tires as big as 600 pounds and as low as 200 ... ‘head high, butt low,’ Eric always says,” said St. Pierre. “We also have a sled with ropes that we pull around the building and sometimes they will stand on it.” St. Pierre boasts being able to pull a Ford S350 around the FIT building as well. “It’s fun to work hard,” he said.

St. Pierre thinks that anyone in the right mindset can complete an adventure race like the Renegade Playground or the Tough Mudder. “I love to see when new people come into the gym and they think they can’t do something, then they do it and their confidence builds,” he said, adding that training at FIT is as simple as “breaking a sweat and getting in shape in the process.”

St. Pierre is now in the process of getting his mountain guide certificate and plans to continue training for adventure races by taking group hikes up Mount Washington.

More running

Looking for a more traditional race? Here are a few events on the schedule for the next few months. Have a race or a running club or group not listed here? Let us know at listings@hippopress.com.

- **Spring walking program** Mondays, Wednesdays and Fridays now through April 29 at 9 a.m. On Mondays walkers meet at the Whipple Street entrance to Mine Falls, Wednesdays at the Lincoln Park entrance to Mine Falls (on Coliseum Ave.) and Fridays at the beginning of the Nashua River Rail Trail at the intersection of Gilson Road and Countryside Drive. Walks last up to an hour and all levels of walkers are welcome, with different groups walking at different speeds and distances. Free and open to all.

- **Nashua Soup Kitchen and Shelter Muldoon Fitness Center**, Rivier College, 420 South Main St., Nashua, on Sunday, April 10, hosts a kids sprint, 10K race, 5K race and 3K walk. Registration begins at 11 a.m. Visit www.coolrunning.com/major/11/nsks/.

- **5K Trail Race and Earth Day Celebration** at Seacoast Science Center, 570 Ocean Blvd., Rye, Saturday, April 23, at 9 a.m. The cross-country trail run, created by Eastern Mountain Sports Extreme Team Captain Jennifer Shultis, will bring you through the forest, by rocky shore and sandy beach, and alongside the historic military fortifications of Odiorne Point State Park. Competitive and non-competitive runners and walkers are welcome; participation is limited to 500. Prizes will be awarded to the top two in different age and gender categories for the 5K, and the first 200 5K participants receive a free official race T-shirt; additional shirts will be available for \$10. The Kids Fun Run, for ages 12 and under, includes a 100-yard dash and/or a half-mile run. Heats will take place between 9:30 and 10:30 a.m. All Fun Run participants win a prize. There will also be an Earth Day celebration with music, crafts and local businesses. Register at www.seacoastsciencecenter.org/events.

- **Stonyfield Earth Day 5K** at Stonyfield Farm Yogurt Works, 10 Burton Drive, Londonderry, Saturday, April 23, at 10 a.m. Arrive at 8 a.m. Earth Day Fair runs from 8 a.m. to 2 p.m. Stonyfield will donate 10 percent of proceeds to the town of Londonderry. Runners, walkers and baby joggers are welcome. This event is open to the public. Register online at www.stonyfield5k.com.

- **Total Image 5K & 10K** Jillian’s Billards Club, 50 Phillippe Cote St., Manchester, Saturday, April 30, registration at 9 a.m., race starts at 10 a.m. Walkers are welcome. Featured charities include Norris Cotton Cancer Center and Easter Seals Autism Services. See www.bnsfitness.com/events/TotalImage_Race.htm.

- **The Medical Center 6K** at Southern New Hampshire Medical Center, 8 Prospect St., Nashua, on Sunday, May 8, at 9:30 a.m. Proceeds go to the NH Breast Cancer Coalition’s Support Services Fund. Visit www.snhmc.org/programs/6k.htm.

- **Walk Against Hunger** starts at Veterans Memorial Park, Elm Street, downtown Manchester, Sunday, May 15, at 11 a.m. This four-mile walk in downtown Manchester is New Horizons for New Hampshire’s largest annual fundraiser. Last year the walk raised \$100,000. There will be food, entertainment and kids’ activities. Rain or shine. Visit www.helpnewhorizons.org.

- **Rock N Race 5K** at the Statehouse plaza in downtown Concord on Thursday, May 19, at 6 p.m. to benefit Concord Hospital Payson Center for Cancer Care. Live music and treats available for runners and walkers of the 5K. The Concord Hospital Trust is located at 250 Pleasant St., Concord. Call 225-2711 ext. 3076 or visit www.ch-trust.org. Register at www.kintera.org/faf/home/default.asp?event=462033.

- **Gate City Striders** hold an outdoor track workout at the Nashua High School South track on Wednesdays, April 20 through October, 6-7 p.m. A certified running coach will be available to all runners. The Striders also have **Finish University**, a children’s running program held on various tracks throughout the state, beginning Tuesday, May 31, 6-7:30 p.m. for kids ages 3-14. There will be eight clinics focusing on running, healthy eating and exercise. Visit www.gatecity.org. Gate City Striders is always accepting new members.

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Early flowers

As the weather warms, the colors appear



(top left) Coltsfoot (which are yellow) can be found springing up from accumulations of road sand. (top right) The marsh marigold (also yellow) is found along the edges of wetlands. (above right) Wild oats or bellwort (pale cream) will be popping up this month. (above left) Red trillium mimics the smell of rotting meat to attract carrion flies for pollination. David Anderson photos.

By Jeff Mucciarone

Having been cooped up indoors for the long New Hampshire winter, people are hungry to get out and enjoy fresh air and sun. Wildflowers, squished beneath layers of snow and ice all winter, are feeling that same vibe.

There might be more and a wider array in May and June, but there are plenty of wildflowers to hunt for in April.

"To enjoy them you need to get real close and admire them at the tip of your nose," said David Anderson, a field naturalist with the Society for the Protection of New Hampshire Forests. "They're really intricate and beautiful. The closer you get, the more remarkable and gorgeous their structure is."

Several species, including red trillium, painted trillium, coltsfoot and spring beauties, will be popping up all over the landscape in the coming weeks. More than 3,500 species of wildflowers grow wild in New England.

What's up north might not be down south, at least not at the same time. "There's a significant difference in when flowers in the southern areas of New Hampshire bloom compared to northern areas," wrote John Cameron of New Hampshire Wildflowers (www.newhampshirewildflowers.com) in an e-mail.

Heading into the hardwood forests, wildflower hunters will spot painted trillium, which are white with pink veins. Wild oats, which are pale yellow and feature hanging pendulous blossoms, are also popping up this month. You don't have to find wildflowers out in the wilderness either. Coltsfoot, which appears like a coarse dandelion, grows in ditches or culverts where winter road sand has accumulated. It is bright yellow — hence the likeness to dandelions, Anderson said.

The trailing arbutus, also known as New Hampshire's mayflower, typically begins to bloom this month, though that's dependent on whether the snow cover has melted, Cameron wrote.

"April or October, so much is happening in terms of change," Anderson said. "There's so much sameness all winter and summer. And then April gets going. It's the most exciting month. Change is rapid. Things are happening so fast."

Also in the woods, people can spot spring beauties, which are little white flowers with

pink veins. The flowers can be found in solid mats that grow, bloom and die all before tree leaves unfurl, typically by May 1. "The moment the snow pack melts, it's almost like they appear overnight," Anderson said.

Wildflowers are adapted to grow quickly, bloom and then die back. In the hardwood forests, they take advantage of the ephemeral sunlight that reaches the forest floor. Once the flowers die, they release nutrients back to trees. The flowers create a nutrient dam that helps hold onto nutrients that otherwise would be washed away in those famous April showers.

"The deeper you get into the ecology, you see how intricately well adapted and how dependent it all is," Anderson said. "There's no spare part in your car and there's no spare part in a forest."

But the fact that wildflowers look pretty doesn't mean they have an aroma to match.

A type of trillium, with the common name Wake Robin, also has another name: stinking Benjamin. The flowers, which are prevalent in rich soils along stone walls and are among the earliest flowers to show up each year, give off the odor of rotting meat — and thus they attract carrion flies. The trillium is another example of how "elegantly adapted" nature is, Anderson said.

Early spring is also the season for ferns, including some edible varieties. (Health food stores will sell certain varieties of ferns when they are in season.)

As snow was expected at the end of last week, Anderson figured people's cries about the weather would persist. Wildflower lovers need not worry, though. The plants are hardy — they just might be delayed a little bit.

"They're pretty well adapted to cold nights," Anderson said. "It does get below freezing in April some nights. They won't die like tender annuals do."

Some of the flowers have a reddish pigment that helps them begin photosynthesis even while they're still buried beneath the snow. The limiting factor in the region is light, but native plants have adapted to get going amid the short growing season.

Anderson recommended *Newcomb's Wildflower Guide*. He said it's user-friendly and doesn't require readers to know the Latin name.

Birds of spring

Now is the season of travel, fashion and *amore*

By Angel Roy

Bob Quinn took a quick glance through his binoculars across Horseshoe Pond in Concord as he pulled his sports utility vehicle out of the Grappone Conference Center parking lot to take me on a short birding trip.

“Oh, those are just gulls,” he said as he turned right to head toward the Sugar Bowl oxbow (an oxbow is a section of a river — in this case, the Merrimack — cut off by the river itself) near the New Hampshire Technical Institute. When we reached the NHTI boat ramp, Quinn set up his Swarovski telescope on a tripod, only to move it seconds later when he spotted fowl in the water.

“This is what birding is all about — you never know what it’s going to be like, every day is different, every hour is different. That is part of the fun, it’s so unpredictable,” Quinn said, adding that while birds are most active right after dawn because they need to find food to survive, you can often spot many ducks and geese while birding midday.

Sure enough, Quinn spotted a hooded merganser, a diving duck that eats fish, floating in the water a quarter-mile away from us. A little farther away a flock of Canadian geese, mallards and black ducks — which are actually brown — could be seen.

Quinn, of Webster, has been birding for 40 years. The draw of the activity, he said, starts with the beauty of the birds themselves. “It’s also a really good excuse to get outside and to explore the various nooks and crannies of New Hampshire,” he said.

As the spring season brings birders to Granite State forests, Quinn said birdwatching is really a year-round activity. His favorite season, he said, is fall, when the population increases with the birds that hatched in the spring and early summer. Also in the fall, birds are no longer in their spring plumage, or their “suit of feathers.” “In the spring, birds are in their Easter finery because it’s breeding season; the males are brightly colored trying to impress the females — which is good for people that go birdwatching who like the pretty birds,” Quinn said. “In the fall, they put on their work clothes to go out and work in the garden and are not as pretty, which makes identifying them more of a challenge, and for those with a lot more birding experience, that’s fun.”

Quinn said there is a group of unique birds such as the Boreal Chickadee that can easily be spotted on Granite State mountaintops and points north. The Spruce Grouse, often seen in the mountains of Pittsburg and Errol, and Bicknell’s Thrush, which Quinn described as a “very plain brown bird,” draw in many birders from out of state. The Bicknell’s Thrush, he said, is only found on a few high-elevation mountaintops in North America and is best identified by its song, which Quinn opted not to imitate.

“It’s fairly elaborate and attractive ... it’s a little bit of a flute-like song,” he said.

All you need for bird-watching is a pair of binoculars and a field guide, Quinn said. Binoculars, he said, can cost between \$200 to \$2,000 and average a magnification between seven and 10 power. “Buying the small lightweight variety is usually mistake because the optical quality isn’t as good as a regular-sized pair. ... The bottom line is people should get the best quality they can afford. If they buy cheap, they won’t be satisfied,” Quinn said. The clarity of the binoculars can be affected by weather



Bob Quinn, of Webster, looks out in the distance for geese and ducks off West Portsmouth Road in Concord. Angel Roy photo.

and temperature. “Serious amateurs,” Quinn said, should invest in a telescope (their magnification averages between 20 and 60 power) because they can last for decades.

Quinn recommends the *Peterson Field Guide*, which he said was revolutionary to the activity when it came out in the 1930s and has been updated regularly since the first edition. “That is the book that really made birdwatching sort of an everyday activity for everybody,” he said.

The New Hampshire Audubon Society will hold its annual Birdathon on Saturday, May 21. The day-long event originated nearly 100 years ago but has been canceled in the past, said Phil Brown, New Hampshire Audubon Society director of land management. “We’re at the point now where we’re rebuilding it, gaining new interest and some momentum to what it used to be,” Brown said. The Audubon Center in Concord promotes birding year-round by hosting school groups, running summer camp programs and offering workshops for children and adults.

On the day of the Birdathon, small teams of birding enthusiasts, some led by experts, travel the state in an attempt to spot and record the greatest number of bird species. In the past, Brown said, birders have spotted 195 different species on the day of the Birdathon in various locations throughout the state. He said this year the goal is to spot more than 200. Birdathon teams will be invited to a pot luck dinner at the Audubon Center in Concord on Sunday, May 2, to share their results and discuss their experiences.

“It’s a celebration of birds and birding, that’s how we like to bill this event,” Brown said. “It’s all about having fun and learning something new and really celebrating migration.”

As May 21 serves as the peak migration time, Brown said there is a likely chance of reaching the spotted species goal. “May is the focus month for birding because all of the colorful warblers and other species that are just returning from places south of here — Central and South America — are filling our yards with birdsong and color,” Brown said.

Quinn noted New Hampshire is a great place for birds because most of the state’s land is undeveloped. “There are so many forests, mountains, rivers and lakes that it’s a great place from a bird’s point of view,” he said.

“I still love birding in New Hampshire,” Quinn said. “I went out last night at sunset to watch the ducks come down to the Merrimack River in Boscawen — not anything I had not seen before, but it was an awesome show of 1,200 geese and ducks. For me, it doesn’t get better than that.”

Birdathon

Find out more about the Birdathon, scheduled for Saturday, May 21, at www.nhauudobon.org.

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THIS WEEK

EVENTS TO CHECK OUT APRIL 7 - 13, 2011, AND BEYOND



Saturday, April 9

Hundreds of new and gently used dresses in contemporary styles will be for sale at the Goodwill Bridal and Prom Showcase at the Goodwill retail store at 204 Loudon Road in Concord from 9 a.m. to 2 p.m., including prom, wedding gown, bridesmaid, mother of the bride and special occasion dresses. Meet with wedding professionals and model volunteers showcasing a variety of dresses. Dresses range in price from \$9.99 to \$299. Then tomorrow, to the south, local models will show off clothes from local boutiques at the Styles and Smiles at the Windham High School Theater, 64 London Bridge Road, Windham, Sunday, April 10, at 2 p.m. Doors will be open to the public at 1:30, and patrons will have the opportunity to bid on auction items donated by businesses throughout the region. Tickets to the show are \$10, and will be available at the door and in advance at Fringe Boutique, Artistic Creations Salon, Salon BOG-AR and Windham High School. Proceeds will go to the Avon Breast Cancer Foundation national charity.



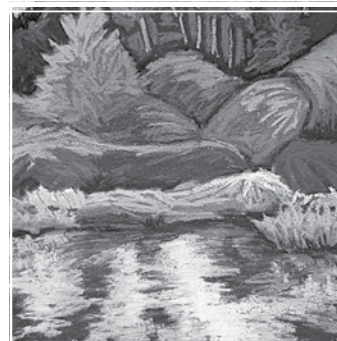
Thursday, April 7

The New Hampshire Fisher Cats play their first home game of the season at 6:35 p.m. vs. the Trenton Thunder, at Northeast Delta Dental Stadium, 1 Line Drive, Manchester, 641-2005, www.nhfishercats.com. The first 1,000 guests get a free fleece blanket. The team plays home games daily through Wednesday, April 13, with fireworks after Friday night's game.



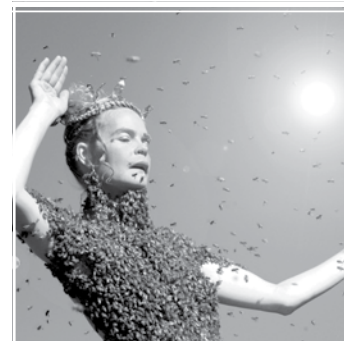
Thursday, April 7

It's Date Night at the Currier Museum of Art, 150 Ash St., Manchester, 669-6144, www.currier.org, starting at 6 p.m. Reconnect with your sweetie: tour works of art that bare it all and then create a work of art together (don't worry—no art skills necessary). Free for museum members, \$10 for non-members.



Saturday, April 9

The Pastel Society of New Hampshire holds a reception and award ceremony from 4 to 6 p.m. today for its Sixth Annual Members Exhibition, which is being held April 1 through May 14. The reception is free and open to the public at The Mill Brook Gallery & Sculpture Garden, 236 Hopkinton Road, Concord, 226-2046.



Monday, April 11

Green Concord presents *Queen of the Sun*, a film about bees and why their colonies have been collapsing, at 7:30 p.m. at Red River Theatres, 11 S. Main St. in Concord, redrivertheatres.org. Moonlight Meadery will offer mead samples during a social hour starting at 6:30 p.m. Debby deMoupiéd will facilitate a post-film panel discussion. Tickets to this event cost \$5.

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8 Thursdays, Starts May 3rd, 6-8:30pm

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Free: Art

Open Doors Manchester begins its ninth season on Thursday, April 14, with free trolley rides to arts and cultural locations, most holding artist receptions, in the downtown from 5 to 8 p.m. Then stick around for Manchester's first pop-up art gallery from 7 to 10:30 p.m. in the empty space at 941 Elm St. Sponsored by the Manchester Arts Commission and the website goodgoodmanchester.com, this is a one-night, pop-up art gallery. Artists get a free space to exhibit and sell their work, while commercial property owners get a chance to market their empty properties to potential tenants. White Flag Gallery will make its debut at 941 Elm St., a vacant downtown property that most recently was home to SOPHA. The April 14 show, "The Big Take Over," is a salon-style exhibit that will feature avant garde art from a variety of Manchester artists, including students from the New Hampshire Institute of Art, according to a press release. Visit www.facebook.com/thewhiteflaggallery.

Cheap: eats

Intown Manchester will host "Eats Week" in the Queen City from Sunday, April 10, through Thursday, April 14. Participating restaurants will offer meal deals at \$5, \$10 and \$20 price points. Restaurants participating in this year's event include 900 Degrees Pizzeria, A Caribbean Affair, Ben & Jerry's, Cotton, Edible Arrangements, Firefly American Bistro & Bar, Fratello's Italian Grille, Ignite Bar & Grille, JD's Tavern, Jillian's, J.W. Hill's, Milly's Tavern, Nadeau's Subs, Salads & Wraps, The Pavilion at the Hilton Garden Inn, Portland Pie Company, Red Arrow 24 Hour Diner, Richard's Bistro, Thousand Crane, The Wild Rover Pub, Wings Your Way and Z Food & Drink. See intownmanchester.com for individual menus.

Splurge: Serbian eats

High Mowing School, 222 Isaac Frye Highway, Wilton, will host "An Evening of Serbian Cuisine and Culture" on Saturday, April 9, at 7 p.m. The event will feature a three-course Serbian meal and a performance by Balkan Express Boston. Tickets cost \$50 and can be reserved at cedar@highmowing.org or 978-697-2043. All proceeds will benefit the school's International Youth Film Collaboration block project, which gives students the opportunity to spend two weeks in Serbia in May.

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State arts-related programs face big cuts

Budget would eliminate Cultural Resources Dept.

By Adam Coughlin
acoughlin@hippopress.com

As 26 Clubs

Hobbies, networking... the Senate looks at the proposal for the next two-year state budget, which will begin July 1, it will find funding for the arts has been greatly depleted. The final vote for the House Finance Committee went a step further than the proposal from Division I, which all but eliminated the State Art Council, and voted to dismantle the Department of Cultural Resources.

On Tuesday, March 22, the House Finance Committee passed a late-in-the-day amendment that eliminated the Cultural Resources Department and allocated its different offices to other state departments. The current budgets for libraries and for historical resources would move to the Department of State, the Film Office would move to the Department of Resources and Economic Development (DRED) and the Commissioner's office would be defunded. The fiscal returns for this decision would not be immediately felt, as Department of Cultural Resources Commissioner Van McLeod, who has held the position since 1992, is under contract through 2013 and will continue to be paid.

The State Arts Council, which for budgetary purposes is referred to as the Division of the Arts, would be all but eliminated (there is a \$10,000 place-holder for the Division of the Arts, which would make it easier for it to be reinstated in the future). This would cut

roughly \$415,000 from the budget each year, as Governor John Lynch proposed \$427,500 per year in state funds for the Arts Council, which was a reduction of roughly seven percent from the previous year. Such an elimination would make New Hampshire the only state in the country without a centralized arts council, according to Marilyn Hoffman, president of the New Hampshire Citizens for the Arts, an arts advocacy group.

In a statement about the Finance Committee's decision, the New Hampshire Citizens for the Arts wrote that without a state organization, New Hampshire would no longer be entitled to a 1:1 federal match for certain arts program grants.

While the Film Office would re-locate to the DRED office, that department also felt cuts. The committee voted to zero out the department's \$500,000 budget for marketing and advertising dollars to promote international tourism in the state for FY 2012. The committee also cut \$125,000 from the funds for national tourism promotions.

With an estimated state deficit as high as \$900 million, the arts were not alone in feeling difficult cuts. The House's budget would cut \$115 million in aid to hospitals and \$80 million to the University System. But arts supporters argue that the arts and the creative economy are not a fiscal problem but a solution. McLeod, who otherwise declined to comment for this story, did say the arts are an economic engine for the state.

The New Hampshire Citizens for the Arts estimated that every dollar spent on promotion for the state brings in a return of \$7. The House's failure to acknowledge the idea that to make money



Megan Wong and NH State Artist Laureate David Lamb collaborate. Such school programs will be in jeopardy if the budget cuts pass. Courtesy photo.

sometimes you have to spend money is short-sighted, Hoffmann argued.

A rally against much of the budget cuts was held outside the state capitol on Thursday, March 31. Hoffman said there were a lot of people who turned out to support the arts. These supporters handed out stickers that read, "The Arts Matter." Hoffman said people willingly took the stickers and many of these people were sympathetic and said they had children who were artists or even taught art.

The Senate Finance committee is now listening to presenta-

20 Art

Includes listings for gallery events, ongoing exhibits and classes. To get listed, e-mail arts@hippopress.com.

22 Theater

Includes listings, shows, auditions, workshops and more. To get listed, e-mail arts@hippopress.com

24 Classical

Includes symphony and orchestral performances. To get listed, e-mail arts@hippopress.com.

ART LISTINGS

Art events

• **FIRST THURSDAYS** The Currier Museum of Art is open late from 5:30 to 7:30 p.m. first Thursday of each month with special programs including live music, lectures and film, at 150 Ash St., Manchester. Call 669-6144 ext. 108 or see www.currier.org for tickets.

• **SENIOR EXHIBITION AND READINGS** Chester College of New England, 40 Chester St., Chester, will hold a 5-week art exhibition. All receptions will begin at 7 p.m. and all readings at 8 p.m. in the Wadleigh Library. Work Austin Luther, Eric Mason, Jessica White and Julia Maranto on display April 11-April 15, reception and reading on Wed., April 13; Work of Amanda Brown, Matt Grubb, Rockie Hunter and Wyatt Lynch on display April 18-April 22, reception and reading on April 20, performances on Thurs., April 21, Fri., April 22, and Sat., April 23, at 7 p.m.; Work of Ben Wuerker, Jessica Novak, Korey Nolan and Sarah MacDonald on display April 25-29, reception and reading on Wed., April 27. Visit www.chestercollege.edu.

Gallery openings and events

• **JON BROOKS** will speak on Fri., April 8, at 6:15 p.m. at the Peterborough Historical Society, 19 Grove St., Peterborough. The event is free. E-mail mthornton@currier.org or call 669-6144.

• **PASTEL SOCIETY OF NH 6th ANNUAL MEMBER'S EXHIBITION** will be held through May 14 at the Mill Brook Gallery & Sculpture Garden, 236 Hopkinton Road, Concord. Gallery hours are Tuesday-Sunday, 11 a.m.-5 p.m. There will be an artist reception on Sat., April 9, 4-6

p.m. It is free and open to the public. Visit www.themillbrookgallery.com or call 226-2046.

• **ARCHITECTURE OF THE ISLES OF SHOALS** A lecture will be given by Robert Cook on Tues., April 12, at 7 p.m. at the Seacoast Science Center, 570 Ocean Boulevard, Rye. Tickets cost \$10. Call 431-2616 or visit www.ishra.org.

• **ART FOR SOCIAL CHANGE** Christine Destrempe, creator of "River of Words Stream of Conscience" will give a talk on Tues., April 12, 6-7:30 p.m. at the Sharon Arts Exhibition Gallery in downtown Peterborough. Call 924-7676.

• **GRAPHIC DESIGN:** National Visions within a Global Dialogue. A presentation by Assistant Professor of Fine and Performing Arts Brandy Gibbs Riley on Tues., April 12, noon-1 p.m. at Colby Sawyer College, 541 Main St., New London. Admission is free. Call 526-3000.

• **JON BROOKS** will speak on Tues., April 12, at 4 p.m. at the Society for the Protection of New Hampshire Forests' Conservation Center, 54 Portsmouth St., Concord. The lecture is free. Preregistration is requested. E-mail triple@forestsociety.org or call 224-9945, ask for Tina Ripley.

• **DIG IT: LOCALLY GROWN ART** A juried show for members of the Womens Caucus for Arts/NH will be on display April 14 through May 26 at the Framer's Market, 1301 Elm St., Manchester. There will be an opening reception on Thurs., April 14, 5-8 p.m. Call 668-6989.

• **IT'S ABOUT TIME** Multi-artist exhibit on display April 11 through July 22 at Art 3 Gallery, 44 West Brook St., Manchester. Gallery hours are Monday-Friday, 9 a.m.-4 p.m.

There will be an artists' reception on Thurs., April 14, 5-8 p.m. Call 668-6650 or visit www.art3gallery.com.

• **PETALS 2 PAINT** Local floral designers interpret artists work on Thurs., April 14 through Sat., April 16 at East Colony Fine Arts located in Langer Place, 55 South Commercial St., Manchester. There will be an opening reception on Thurs., April 14, 5-8 p.m. Call 621-7400 or visit www.eastcolony.com.

• **TYPOGRAPHICA V:** Annual Student Exhibition will be held through May 6 at the McNinch Art Gallery, 2500 North River Road, Manchester. Gallery hours are Monday-Saturday, 10 a.m.-3 p.m. and Thursday, 5-8 p.m. There will be an opening reception on Thurs., April 14, 5-7 p.m. Call 629-4622 or visit www.snhu.edu/art.

• **NAOMI LINDENFELD** April artist of the month at Exeter Fine Crafts, 61 Water St., Exeter. Gallery hours are Monday-Saturday, 10 a.m.-5:30 p.m. and Sunday, noon-4 p.m. There will be an artist reception on Sat., April 16, noon-3 p.m. Call 778-8282.

In the galleries

• **ALUMNI SHOW** Work 82 alumni of the Boston Institute of Fine Arts MFA program will be on display through April 30 at the Hargate Gallery at St. Paul's School, 325 Pleasant St., Concord. Gallery hours are Tuesday-Saturday, 9 a.m.-4 p.m. Call 229-4644.

• **AMBIGUITIES AND LUCIDITIES:** Recent work by Ronnie McClure and Sheli Petersen will be on display through April 15 at the Rivier College Art Gallery, 420 S Main St., Nashua. Gallery hours are Monday, Wednesday and Thursday, 10 a.m.-4 p.m., Tuesday, 10 a.m.-8:30 p.m. and Friday, 10 a.m.-12:30 p.m. Visit www.rivier.edu/art or call 897-8276.

• **AMERICAN TAPESTRY BIENNIAL 8** will run through May 1 at the American Textile History Museum, 491 Dutton St., Lowell, Mass. Visit www.athm.org or call 978-441-0400.

• **ART ON THE WALL** Work of Bob LaPree will be on display at Manchester City Hall through April. There will be an additional reception on Thurs., April 14, 5-8 p.m. Call 582-3256.

• **AT YOUR SERVICE** Work of Randy Knowles will be on display through April 23, at East Colony Fine Arts located in Langer Place, 55 South Commercial St., Manchester. Call 621-7400 or visit www.eastcolony.com.

• **BILL GILL** April artist of the month at the Wilton Library, 7 Forest Road, Wilton. Call 654-2581 or visit www.wiltonlibrarynh.org.

• **ERICK INGRAHAM** Work will be on display through May 31 at New Hampshire Antique Co-op, 323 Elm St., Route 101A, Milford. Open daily, 10 a.m.-5 p.m. Visit www.nhantiquecoop.com or call 673-8499.

• **FRANK M. INGALLS** New permanent photography exhibit at the Florence Speare Museum, 5 Abbott St., Nashua. Call 883-0015.

• **GODFREY (JEFF) SLUDER** Work will be on display at the Forest Society's Conservation Center, 54 Portsmouth St., Concord. Gallery hours are Monday through Friday, 9 a.m.-5 p.m. Call 224-9945.

• **ILLUSTRATOR EXHIBIT** Work by several children's book illustrators is on display at the Brush Gallery and Artists Studio, 256 Market St., Lowell, Mass. Gallery hours are Tuesday-Saturday, 11 a.m.-4 p.m. and Sunday, noon-4 p.m. Visit www.thebrush.org or call 978-459-7819.

In a gallery near you



Pastels in Amherst

As part of its April in Paris series, the Amherst Library, 14 Main St., Amherst, will host pastel artist Gregory John Maichack. Maichack will conduct a free pastel painting workshop called "Monet's Magic Garden: How to Pastel Paint as Impressionists" on Wednesday, April 13, from 6:30 to 8:30 p.m. Maichack is a portraitist and painter working primarily in pastels and also teaches at Greenfield and Holyoke Community Colleges in Massachusetts. The program will teach Impressionist concepts and includes all materials (Nupastels, Rembrandt soft pastels, French and English pastel pencils, assorted mid-toned Canon pastel paper, Strathmore pastel tints paper, black paper, white charcoal pencils, and other materials). It is free, but space is limited. Call 673-2288 or visit www.amherst.lib.nh.us. "Regatta at Argenteuil" by Monet. Courtesy photo.

• **JON BROOKS:** A Collaboration with Nature will be on display through June 12 at the Currier Museum of Art, 150 Ash St., Manchester. Museum hours are Monday, and Wednesday-Friday, 11 a.m.-5 p.m. and Saturday, 10 a.m.-5 p.m. Admission is \$10, \$9 for seniors and \$8 for student. Free for kids 18 and under. Call 669-6144 or visit www.currier.org.

• **JURIED STUDENT ART EXHIBITION** will be held through April 9 at the Marian Graves Mugar Art Gallery at Colby Sawyer College, 541 Main St., New London. Gallery hours are Monday-Friday, 9 a.m.-5 p.m. Call 526-3000 or visit www.colby-sawyer.edu.

• **PASTELS** by Nashua artist Pauline Dailey will be on display in the Image Gallery at the Nashua Public Library, 2

Court St., Nashua, free and open to the public. Call 589-4610.

• **RECLAMATION** Work of Linda Graham and Emily Hague will be on display through May 30 at the Society for the Protection of New Hampshire Forests' Conservation Center, 54 Portsmouth St., Concord. Gallery hours are Monday-Friday, 9 a.m.-5 p.m. Call 224-9945.

• **RIVER OF WORDS STREAM OF CONSCIENCE** An art installation created by hundreds of community members will be on display through April 30 at the Sharon Arts Downtown Gallery, 30 Grove St., Peterborough. Visit www.sharonarts.org or call 924-2787.

• **SAMANTHA THOMPSON** Work will be on display through April 30 at Canal Art & Framing, 1 Water St.,



Trolley at Langer Place. Courtesy photo.

LOCAL COLOR

Manchester, 669-0440, and selected works by students in the Bachelor of Fine Arts program will be on display at the NH Institute of Art, 148 Concord St., Manchester, 623-0313. “Dig It: Locally Grown Art,” is an eco-art exhibit being shown at Framer’s Market, 1301 Elm St., Manchester, 668-6989. A percentage of sales will go to the NH Common Ground Garden Project. Finally, Art on the Wall at City Hall Gallery, 1 City Hall Plaza, Manchester, 624-6500, will feature photos taken by Bob LaPree of the Union Leader in Afghanistan. Maps and parking are available at www.majestictheatre.net. Call 669-7469.

• **Trolley night is back:** Open Doors Manchester will begin its ninth season on Thursday, April 14, from 5 to 8 p.m., as two trolleys will circulate around the city stopping at its major arts venues. Several of the art galleries participating will be having artist receptions and premiering new exhibits that night. Art 3 Gallery, 44 West Brook St., Manchester, 668-6650, will show off “It’s About Time,” an exhibit that examines the idea of time through the symbols and images of more than 80 artists. East Colony at Langer Place, 55 South Commercial St., Manchester, 626-4388, will display its eighth annual “Petals 2 Paint” exhibit, the work of photographer and artist Bob Janules and “Fractals,” an exhibit of computer-generated art. “Zephyrs” is a multi-artist show on display at the Manchester Artists Association Gallery, 1528 Elm St., Manchester, 785-6437. The Millyard Museum, 200 Bedford St., Manchester, 622-7531, will revive the historic work of Manchester artist Lise Fletcher in “Lise Fletcher: Botanical Watercolors, 1892.” There will be a traveling exhibit on the history of dentistry at the SEE Science Center, 200 Bedford St.,

• **High school films:** The deadline to submit films for the 2011 New Hampshire High School Short Film Festival will be Friday, April 22. Submissions must be postmarked by that date or brought to the State Library in Concord by 4 p.m. All submissions will be reviewed by a panel of judges and selected films will be shown at the film festival, which will be held on Saturday, June 18, at the New Hampshire Technical Institute. For rules, requirements and details visit www.nh.gov/film or call 271-2220.

• **New gallery opens:** Pong Maynard wanted to create a house of beauty in Nashua, so she has made a gallery on the second floor of her Victorian home, where she will exhibit the works of local artists. 263 Gallery, 263 Main St., Nashua, will have an opening reception on Saturday, April 9, from 3 to 6 p.m. Local artists such as Steve Previte, Hsiu Norcott, Alene Sirott Cope, Albine Vermont Gaud, Jacqui Hawk, Sandy Peters and Marilene Sawaf are already on exhibit. In the rest of the house there are massage therapists, hairdressers and other businesses dedicated to beauty. Visit www.263artgallery.blogspot.com. —Adam Coughlin

Nashua. Gallery hours are Monday, 11 a.m.-4 p.m., Tuesday-Friday, 11 a.m.-6 p.m. and Saturday, 11 a.m.-4 p.m. Call 886-1459.

• **SMALL MOMENTS** Work of Janice Donnelly will be on display through April 25 at the second-floor gallery at UNH Manchester, 400 Commercial St., Manchester. Visit www.janicedonnelly.com.

• **SUBURBAN MEMORY** Work of artist Cindy Rizza will be on display through May 15 in the first-floor library at UNH Manchester, 400 Commercial St., Manchester. Visit www.cindyrizza.com.

• **TRANSFORMATION** Photographic work of David MacEachran

and Alicia Bergeron on display at Silver Light Gallery, 28 Main St., Suite 2, Goffstown. Visit www.silverhillsstudio.com or call 497-4674.

• **TWO EXHIBITS** “Rites of Man: Photography by Polly Brown” and “thINK: Boston Printmakers Members Show” will be on display through April 19 at the New England College Gallery, 15 Main St., Henniker. Call 428-2329 or visit www.nec.edu.

THEATER LISTINGS

• **The Acting Loft**
670 North Commercial Street,
Manchester in the Jefferson Mill
Building. 666-5999, actingloft.org
• **Actorsingers**

219 Lake St., Nashua, 889-9691,
actorsingers.org

• **Adams Memorial Opera House**

29 W. Broadway, Derry,
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• **Amato Family Center for the Performing Arts at Souhegan Valley Boys & Girls Club**

56 Mont Vernon St., Milford,
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David Kim. Courtesy photo.

• **Master in Milford:** Violinist and concertmaster David Kim will perform a concert, "From Prodigy to Professional Violinist," on Wednesday, April 13, at 7:30 p.m. at the Milford Town Hall Auditorium on the Oval in Milford. Kim, who began playing the violin at 3, was named Concertmaster of the Philadelphia Orchestra in 1999. A graduate of Juilliard, Kim was the only American violinist to win a prize at the International Tchaikovsky Competition in Moscow. At the concert, he will be assisted by pianist Laura Kennedy. "This is a really great concert," Kennedy said. "A lot of people will be coming up from Boston to see him." Kennedy rehearsed with Kim about a month ago in his Carnegie Hall dressing room. She said he is not only talented but also hilarious. Kim will perform and talk about his life and how he reached the success he has achieved. "This is not just a rare opportunity for the local area but for any fan

of music," Kennedy said. He will perform the works of Beethoven, Brahms, Massenet and Kroll. Tickets cost \$25 (\$15 for seniors and students). Call Nicole Banks at 249-0625 or visit www.recreation.milfordnh.info.

• **Music on stage in Amherst:** For 59 years, the Amherst PTA has put on an annual play. This year's is Meredith Wilson's comedy *The Music Man*, which will be performed on Thursday, April 14, Friday, April 15, and Saturday, April 16, at 7 p.m. and Saturday, April 16, and Sunday, April 17, at 2 p.m. at the Souhegan High School Theatre, 412 Boston Post Road, Amherst. The play will be directed by Dave Ostrowski and Kevin Linkroum, according to Joanne Zeolie, who is in charge of publicity for the play. 2010 New Hampshire Theatre Awards winner for Best Actress Ashley Hughes will play Marian Paroo, and Stuart Harmon stars as Harold Hill. The play is set in River City, Iowa, and tells the story of Harold Hill, a con man posing as a band leader. He begins to rip off the town people but the local librarian, Marian, sees through his act, according to Zeolie. But the two end up falling in love and Hill learns a great lesson. Besides good acting, the play includes some hit songs like *Gary Indiana* and *Till There Was You*. Tickets cost \$10. Call 1-800-838-3006 or visit www.brownpapertickets.com/event/155193.

• **PARMA expands:** PARMA Recordings LLC of Portsmouth recently acquired two online music publishers, www.thatnewmusic-website.com and www.thatnewmusiclibrary.com. Both sites were founded by Chris Brubaker, who holds degrees in Classical Guitar Performance and Music Composition from Cedarville University and is currently pursuing his M.A. in Theory and Composition from Marshall University. Brubaker will now become part of the PARMA Advisory Board. Bob Lord, CEO of Parma and host of the new series *Live@theLoft*, said the acquisitions would expand PARMA's reach to deliver the best new music to the public. Visit www.parmarecordings.com. —Adam Coughlin

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2 Prince St., Concord, 228-2793,
www.theaudi.org
- **Concord Community Players**
224-4905, communityplayersofconcord.org
- **The Dana Center**
100 Saint Anselm Drive,
Manchester, 641-7700,
anselm.edu
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On stage



Travel back in time

It's the final weekend for *42nd Street* at the Palace Theatre, 80 Hanover St. in Manchester. The long-time fan favorite, *42nd Street* is a Tony Award-winning musical set in the 1930s. The play tells the story of young Peggy Sawyer and her unlikely rise to fame. The show made its Broadway debut in 1980. *42nd Street* will be performed Friday, April 8, at 7:30 p.m. and Saturday, April 9, at 2 and 7:30 p.m. Find out what is happening behind the scenes by visiting palacetheatrenh.wordpress.com. Tickets cost \$15 to \$45. Call 668-5588 or visit www.palacetheatre.org. *42nd Street* will be playing at the Palace Theatre. Courtesy photo.

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 2500 North River Rd., Hooksett
 • **Stage One Productions Dinner Theatre at the Chateau Restaurant**
 201 Hanover St., Manchester 669-5511, stageoneprod.com
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 • **42nd STREET** will be performed on Fri., April 8, at 7:30 p.m., and Sat., April 9, at 2 and 7:30 p.m. at the Palace Theatre, 80 Hanover St., Manchester. Tickets cost \$15 to \$45. Visit www.palacetheatre.org or call 668-5588.
 • **ARLINGTON** will be performed through April 10 at 959 Islington St., Portsmouth. Performances are Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Tickets cost \$20 (\$14 for students and seniors). Call 431-6644 ext. 5 or e-mail reservations@nhtheatreproject.org.
 • **INTO THE WOODS** will be performed on Fri., April 8, and Sat., April 9, at 7:30 p.m. at the Dana Center, Saint Anselm College, 100 Saint Anselm Drive, Manchester. Tickets cost \$14 (\$12 for NH college students and kids under 14). Call 641-7700 or e-mail dana@anselm.edu.
 • **JANE EYRE** will be performed through April 10 at the Leddy Center, 38 Ladds Lane, Epping. Shows are Fridays and Saturdays at 7:30 p.m. Tickets cost \$18 and \$16. Call 679-2781 or visit www.leddycenter.org.
 • **LARGO DESOLATO** will be performed through April 17 at the Players' Ring, 105 Marcy St., Portsmouth. Performances are Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Tickets cost \$10 to \$14. Call 436-8123 or visit www.playersring.org.
 • **FOREST SECRETS: A FAIRY HOUSES MYSTERY** will be performed on Sat., April 9, at 2 p.m. and Sun., April 10, at 11 a.m. at the New Hampshire Theatre Project, 959 Islington St., Portsmouth. Tickets cost \$8. Call 431-6644 or e-mail reservations@nhtheatreproject.org.
 • **THE MAN WHO CAME TO DINNER** will be performed on Thurs., April 7, Fri., April 8, and Sat., April 9, at 8 p.m. and Sat., April 9, and Sun., Apr. 10, at 2 p.m. at the Janice B. Streeter Theater, 14 Court St., Nashua. Tickets cost \$12

(\$10 for students and seniors). Visit www.nashuatheatreguild.org or call 320-2530.
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 • **ALL IN THE TIMING** will be performed on Fri., April 8, and Sat., April 9, at 7 p.m. at Colby Sawyer College, 541 Main St., New London. Tickets cost \$10 (\$5 for students). Call 526-3670.
 • **THE MUSIC MAN** will be performed on Fri., April 8 and Sat., April 9, at 7 p.m. and Sun., April 10, at 2 p.m. at the Inter Lakes Community Auditorium, 1 Laker Lane, Meredith. Tickets cost \$12. Visit www.streetcarcompany.com.
 • **HOMER'S ODYSSEY** Sebastian Lockwood will perform on Sat., April 9, at 7 p.m. at the Mariposa Museum, 26 Main St., Peterborough. Tickets cost \$15 (\$7 for students). Call 924-4555.
 • **LE COMTE ORY** The Met: Live in HD opera will be performed Sat., April 9, at 1 p.m. at the Peterborough Players, 55 Hadley Road, Peterborough. Tickets cost \$25 for adults (\$20 for students). Call 924-7585 or visit www.peterboroughplayers.org.
 • **YU WEI** Chinese Classical Dance will be performed on Wed., April 13, at 7 p.m. at the Dana Center, Saint Anselm College, 100 Saint Anselm Drive, Manchester. Tickets cost \$23.50 for adults, (\$12.50 for NH college students and kids under 14). Call 641-7700 or anselm.edu.
 • **SPAMALOT** will be performed on Thurs., April 14, at 8 p.m. at Lowell Memorial Auditorium, 50 East Merrimack St., Lowell, Mass. Tickets cost \$30.50, \$46.50 or \$56.50. Call 978-454-2299 or visit www.lowellauditorium.com.
Auditions/workshops
 • **HIGH SCHOOL MUSICAL 2** Auditions for ages 8-18 will be held Sun., April 10, 1-4 p.m. at the Palace Theatre, 80 Hanover St., Manchester. Please prepare 16 bars of music that best shows your voice and wear comfortable clothing for a movement audition.

CLASSICAL LISTINGS

• **BACH'S LUNCH LECTURE:** Talk to Me: How Jazz Players Communicate will be held on Thurs., April 7, 12:10-12:50 p.m. at the Concord Community Music School,

23 Wall St., Concord. The event is free and open to the public. Call 228-1196 or visit www.ccmusicschool.org.
 • **LIGHT IN THE DARKNESS** Nashua Symphony Chorus & String will perform on Fri., April 8, at 8 p.m. at the Immaculate Conception Church, 216 East Dunstable Road, Nashua. Tickets cost \$10 to \$25. Visit www.nashuasymphony.org or call 595-9156.
 • **THE HANANI TRIO** will perform on Sat., April 9, at 7:30 p.m. at Brewster Academy's Anderson Hall, 205 S. Main St., Wolfeboro. Tickets cost \$20. Call 569-2151 or visit www.wfriendsmusic.org.
 • **GIVE ME A SONG TO SING** Songweavers' 20th Anniversary Concert will be held on Sun., April 10, at 4 p.m. at the South Congregational Church, 27 Pleasant St., Concord. Tickets cost \$18 (\$15 for students and teachers). Call 228-1196 or visit www.ccmusicschool.org.
 • **YONA** New chamber opera will be performed on Sat., April 9, at 8 p.m. and Sun., April 10, at 4 p.m. at the Congregational Church, 33 Valley Road, Mason. Admission is free but donations for the Nashua Soup Kitchen are accepted. Call 325-5103.
 • **MERRIMACK VALLEY FLUTE CHOIR** will perform on Sunday, April 10, at 2 p.m. at the Nashua Public Library, 2 Court St., Nashua. The performance is free and open to the public. Call 589-4610 or visit www.nashualibrary.org.
 • **FROM PRODIGY TO PROFESSIONAL VIOLINIST** David Kim will perform on Wed., April 13, at 7:30 p.m. at the Milford Town Hall Auditorium, Milford Oval. Tickets cost \$25 (\$15 for students and seniors). Call 249-0625.
 • **PIANO FOUR HANDS** Tanya Shrager and a special guest will perform on Wed., April 13, 12:10-12:50 p.m. at Grace Episcopal Church, 106 Lowell St., Manchester. The concert is free and open to the public. Visit www.mcmusicschool.org or call 644-4548.
 • **BACH'S LUNCH CONCERT:** Jazz Interplay will be performed on Thurs., April 14, 12:10-12:50 p.m. at the Concord Community Music School, 23 Wall St., Concord. The event is free and open to the public. Call 228-1196 or visit www.ccmusicschool.org.
 • **THE MARIAN ANDERSON STRING QUARTET** will perform on Fri., April 15, at 7:30 p.m. in the Oates Performing Arts Center at St. Paul's School, 325 Pleasant St., Concord. The concert is free. Call 229-4680 or visit www.sps.edu/keiser.



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CLASSICAL

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Wider community will benefit from Music Ed program



Members of the Southern NH Community Band. Courtesy photo.

By Adam Coughlin
acoughlin@hippopress.com

As Southern New Hampshire University continues to expand, it will soon be offering students more opportunities to pursue music. And while this will make campus more lively, those involved believe the benefits will spill over into the greater Manchester community.

This fall the university will welcome its first class for the newly formed Music Education Degree, according to Richard Cook, director of music at Southern New Hampshire University. The inaugural class consists of eight students, many from the southern tier of the state but others from across New England. Cook, who has been at the school for about three years and helped build the music program from scratch, explained that the course would basically be a double major. The students will take general music classes, learn how to play an instrument, etc., but also major in education, so they would be ready to take those musical skills into the classroom. The school already has a music minor and that will remain the same.

What is unique about the program, according to Cook, is that it is internship-based. This means throughout their academic careers, the students will be volunteering in local schools and other music organizations on a weekly basis.

“Introducing music students at the university will have effects that are felt throughout the community,” Cook said.

While there are similar programs in Keene, Durham and Plymouth, Cook said there has never been such a program in the Manchester area. This is a major plus for the school. Many of the state’s job recruiters talk about how New Hampshire’s jobs are geographically separated from its universities. Southern New Hampshire University, which is located in Manchester, does not have this problem, so its students will be able to see some of the opportunities available near where they learn. Cook said the new program is a response to the flourishing arts community in southern New Hampshire and the continued transition of the university from a small, specialized school into a true university. This is all happening at a time when other schools are looking to cut these programs.

Besides enticing talented musicians, it also allows the school to recruit different types of students. Cook said, for example, many students who might be attracted to the business program also love performing music, even if it isn’t their primary focus. With a richer music life on campus, those students might be more apt to attend Southern New Hampshire University, where they could pursue both.

Cook also mentioned that the school would be hiring new faculty members to teach the courses, which would be welcome news to many local musicians.

Cook, through his work at the university, has been bringing amateur musicians out of retirement by the hundreds. Two years ago he started a community band and enlisted his old music teacher, David Bresnahan, who taught in public schools for 35 years and is one of the state’s most respected music educators. The community band now has 130 members, which Cook believes is the largest of its kind, and features six tubas, four bassoons and at one point 12 horns.

“There are tons of community bands in New Hampshire,” Cook said, “but none in Manchester. The response has been great.” Many local music educators came out for the band, so the performance level is pretty high. They typically perform grade 5 and 6 music (based on a 1-6 scale) but Cook encouraged anyone who has an instrument stashed away in their closet to come out and play. No one is denied, but commitment is required. Participation is completely free, as the group is a recipient of a grant from the Frederick Smyth Institute of Music. Any interested musicians should e-mail Cook at r.cook@snhu.edu.

With the success of the community band, the natural progression was to also have a community orchestra, which has about 50 members. The community band, orchestra and chorus will hold their first off-campus concert on Monday, April 18, at 7 p.m. at the Palace Theatre. The featured piece at the concert will be Symphony #1 “Lord of the Rings” by Johan de Meij. Cook clarified that this music is based on the books by J.R.R. Tolkien but came out before the movies.

The chorus was the only performing ensemble on campus when Cook arrived three years ago. Now there are 13 including rock bands, jazz bands and the community band, orchestra and chorus.

Three years ago, there was one music course (music appreciation). This year, the school has introduced the Southern NH Concert series, which brings in four solo or chamber music acts to the school each year. These performers, like pianist Fred Moyer or the Bala Bass Quintet, will enter the classroom and talk with the undergrad music history class and then perform in the evening. The performances are free and open to the public as well.

The final performance of the year will be from violinist Karl Orvik on Thursday, April 28, at 7 p.m. at the Sining Center Banquet Hall.

“The emergence of a vibrant music program at Southern New Hampshire University is going to have a major impact on music and music education in the greater Manchester area,” Cook said.

Community Band, Orchestra, Chorus

When: Monday, April 18, at 7 p.m.

Where: Palace Theatre, 80 Hanover St., Manchester, 668-5588, palacetheatre.org

Tickets: Admission is free

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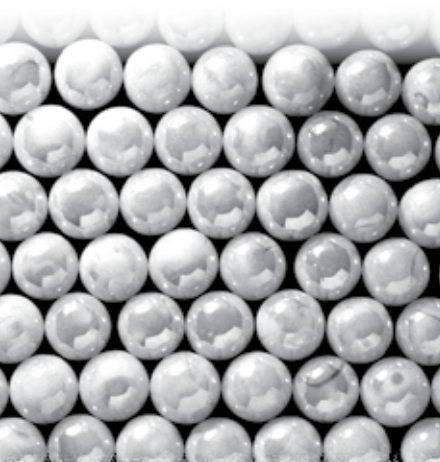
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225-0804

| MONDAY | | | | |
|---|-----|-------------|---------|------|
| COURSE | WKS | TIME | TUITION | DATE |
| Arabic 1 ~ Level 2 | 8 | 5:30 - 7:30 | 124 | 4/11 |
| Belly Dancing 1 | 8 | 6:00 - 8:00 | 119 | 4/11 |
| Chair Caning | 6 | 6:00 - 8:30 | 119 | 4/11 |
| Chinese Brush Painting | 6 | 7:00-9:00 | 109 | 4/11 |
| Freelance & Creative Writing 1 | 7 | 6:00 - 8:15 | 124 | 4/11 |
| French 1 ~ Level 1 | 7 | 6:00 - 7:30 | 109 | 4/11 |
| Gardening: Questions & Answers | 1 | 6:00 - 9:00 | 35 | 5/9 |
| Italian 2 ~ Level 3 | 8 | 6:00 - 7:30 | 109 | 4/11 |
| Italian 1 ~ Level 3 | 8 | 7:30 - 9:00 | 109 | 4/11 |
| Quilting Beginners ~ PM | 8 | 6:00 - 8:30 | 149 | 4/11 |
| Sour Dough Bread Making 1 | 1 | 6:00 - 9:00 | 24 | 4/25 |
| Spanish Intermediate | 8 | 6:30 - 8:30 | 119 | 4/11 |
| Stock Market Review | 3 | 6:30 - 8:00 | 39 | 4/11 |
| Stress Management w/Yoga | 8 | 4:00 - 5:00 | 89 | 4/18 |
| Total Vegan Cooking: See Website for complete menu. 5 cooking classes in all. | | | | |
| Zumba Fitness (M+Th) | 8 | 5:30 - 6:30 | 74 | 4/11 |

| TUESDAY | | | | |
|------------------------------------|-----|------------|---------|------|
| COURSE | WKS | TIME | TUITION | DATE |
| Archery: Focus & Follow Thru | 4 | 6:30-7:30 | 79 | 4/12 |
| Building Radio-Controlled Sailboat | 8 | 6:00-8:00 | 149 | 4/12 |
| Financial Management Wksp | 3 | 6:30-8:30 | 49 | 5/3 |
| Freelance & Creative Writing | 2 | 6:00-8:15 | 124 | 4/12 |
| Garden Design | 6 | 6:00-8:00 | 109 | 4/12 |
| German 1 ~ Level 1 | 8 | 6:00-7:00 | 79 | 4/12 |
| German 1 ~ Level 2 | 8 | 7:00-8:30 | 109 | 4/12 |
| Italian 1 ~ Level 2 | 8 | 7:30-9:00 | 109 | 4/12 |
| Italian ~ Adv. Conversation | 8 | 6:00-7:30 | 109 | 4/12 |
| Knitting & Crocheting | 10 | 7:00-9:00 | 139 | 4/19 |
| Landscaping Your Home | 10 | 6:00-9:00 | 199 | 4/12 |
| Learn to do Voice Overs | 1 | 7:00-9:00 | 35 | 5/10 |
| One Stroke Painting ~ Level 1 | 3 | 6:00-9:00 | 79 | 4/12 |
| One Stroke Painting ~ Level 2 | 3 | 6:00-9:00 | 79 | 4/5 |
| Organic Gardening | 1 | 6:00-9:00 | 35 | 4/12 |
| Quilting Beginners ~ AM | 8 | 9:30-12:00 | 149 | 4/12 |
| Real Estate (Pre-Licensing) | 10 | 5:30-9:30 | 299 | 4/12 |
| Spanish Literature & Cinema | 8 | 6:00-7:30 | 109 | 4/12 |
| Tai Chi | 8 | 4:30-5:30 | 89 | 4/12 |

| WEDNESDAY | | | | |
|--|-----|-----------|---------|------|
| COURSE | WKS | TIME | TUITION | DATE |
| Ballroom Dance 1 (couples) | 8 | 7:00-8:00 | 134/cpl | 4/13 |
| Ballroom Dance 4 (couples) | 8 | 6:00-7:00 | 134/cpl | 4/13 |
| Ballroom Dance Inter/Adv (cpl) | 8 | 8:00-9:00 | 134/cpl | 4/13 |
| Chinese Home Style Cooking: See Website for complete menu. | | | | |
| French 2 ~ Level 1 | 7 | 7:00-8:30 | 109 | 4/13 |
| French 4 ~ Level 4 | 7 | 5:30-7:00 | 109 | 4/13 |
| Gardening: Selling at Market | 1 | 6:00-9:00 | 35 | 4/6 |
| German Intermediate | 7 | 6:30-8:00 | 109 | 4/13 |
| Knitting & Crocheting 1 | 10 | 7:00-9:00 | 139 | 4/13 |
| Laughter & Breathing thru Life | 6 | 6:30-7:30 | 79 | 4/13 |
| Piano 1 | 8 | 7:05-8:35 | 119 | 4/13 |
| Piano 2 | 8 | 6:00-7:00 | 99 | 4/13 |
| Psychic Development: Develop Your Intuitive Self | 8 | 6:00-8:00 | 99 | 4/13 |
| Repairs for the Homeowner | 8 | 6:00-8:00 | 124 | 4/13 |
| Resumes & Interviews: A Primer | 2 | 7:00-9:00 | 35 | 4/13 |
| Small Engine Repair | 8 | 7:00-9:00 | 124 | 4/13 |
| Sour Dough Bread Making 2 | 1 | 6:00-9:00 | 24 | 4/27 |
| Stained Glass | 8 | 6:30-9:00 | 175 | 4/13 |

DISCOUNTS

Apply to All Classes.

Register any one of these ways
and receive 10% off the
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- Two people registering together for the same course.
- One person registering for two courses.
- Two people registering for different courses.
- Concord School Employees receive one-half rate on the tuition only.
- Senior Citizens (65 & over) receive one-half rate on the tuition only.

**Registrations must be
received together.**

Register early to ensure a place in the course.

Questions during non-office hours... our answering services can answer many basic questions.

#1 - By Phone: 225-0804 (24 hours daily)

We will accept phone registrations with either a Visa, MasterCard, Discover or Bank Debit Card. Tell us the following:

1. The course, evening and time.
2. Your name, address, day & eve phone number.
3. Your credit/debit card number and expiration date.

#2 - By Mail or E-mail:

Fill out the registration form and mail in with your check, money order or charge/debit card information to:

Concord Community Education
170 Warren Street, Concord, NH 03301.
email: class@csd.k12.nh.us
www.classesforlife.com

#3 - Walk-Ins: Monday - Thursday

Our office is open to accept your registration Monday through Thursday, 7:00 am - 7:00 pm. Located off the Auditorium Foyer in Concord High School, 170 Warren Street, Concord. Registrations can be filled out and left under the door (in a sealed envelope) of the Community Education Office (with payment) any other time the school is open and we are not. Please do not leave cash!

#4 - By Fax: 225-0826

Fax registration form, with credit card or business billing information.



| THURSDAY | | | | |
|--|-----|-----------|---------------|------|
| COURSE | WKS | TIME | TUITION | DATE |
| Arabic 1 ~ Level 1 | 8 | 5:30-7:30 | 124 | 4/14 |
| Ballroom Dance 2 | 8 | 6:00-7:00 | 134/cpl | 4/14 |
| Ballroom Samba/Merengue | 8 | 7:00-8:00 | 69/sgl-134/cp | 4/14 |
| Ballroom Performing Team | 8 | 8:00-9:00 | 134/cpl | 4/14 |
| Camera 35 | 8 | 6:00-8:30 | 139 | 4/14 |
| Gentle Yoga | 8 | 6:00-7:00 | 89 | 4/14 |
| Herbal Body Series: See Website for complete menu. | | | | |
| Indian Cuisine Cooking: See Website for complete menu. | | | | |
| Pen & Ink and Watercolor | 7 | 6:00-8:15 | 124 | 4/14 |
| Reiki 1 | 4 | 6:30-9:00 | 109 | 4/14 |
| Reiki 2 | 4 | 6:30-9:30 | 109 | 4/14 |
| Sign Language 1 ~ Level 1 | 8 | 6:00-7:30 | 109 | 4/14 |
| Sign Language 1 ~ Level 2 | 8 | 6:00-7:30 | 109 | 4/14 |

| SATURDAY | | | | |
|---------------------------------------|-----|-------------|---------|------|
| COURSE | WKS | TIME | TUITION | DATE |
| Chinese for English-Speaking Children | | | | |
| Grade 3-8 | 8 | 9:30-11:00 | 84 | 4/16 |
| Grade 9-12 | 8 | 9:30-11:00 | 84 | 4/16 |
| Conversational Chinese for Adults | | | | |
| Beginners | 8 | 9:30-11:00 | 84 | 4/16 |
| Intermediates | 8 | 11:00-12:30 | 84 | 4/16 |

COMPUTER CLASSES

Courses for those with limited experience/knowledge:

| | | | |
|-------|------------------------------|-----------|---------------------|
| \$50 | Buy a Home/Business Computer | 6:00-9:00 | Apr. 4 |
| \$195 | Intro. to Personal Computer | 6:00-9:00 | Apr. 11, 13, 14, 15 |
| \$195 | Intro. to Windows | 6:00-9:00 | Apr. 18, 19, 20, 21 |

Word Processing:

| | | | |
|-------|----------------------|-----------|---------------------|
| \$195 | MS-Word Introduction | 6:00-9:00 | Apr. 25, 26, 27, 28 |
| \$100 | MS-Word Merge | 6:00-9:00 | May 11, 12 |

DataBase:

| | | | |
|-------|---------------------|-----------|---------------------|
| \$195 | MS-Access ~ Level 1 | 6:00-9:00 | June 13, 15, 16, 17 |
| \$195 | MS-Access ~ Level 2 | 6:00-9:00 | June 27, 28, 29, 30 |

Graphic Presentation:

| | | | |
|-------|---------------------|-----------|--|
| \$195 | PowerPoint | 6:00-9:00 | Mar. 28, 29, 30, 31 or June 21, 22, 23, 24 |
| \$195 | Photoshop ~ Level 1 | 6:00-9:00 | May 4, 5, 11, 12 |
| \$195 | Photoshop ~ Level 2 | 6:00-9:00 | Apr. 6, 7, 13, 14 |

Internet:

| | | | |
|-------|-----------------------------------|-----------|-----------------------|
| \$50 | Finding Travel Bargains Online | 6:00-9:00 | Mar. 21 or May 17 |
| \$50 | Utilizing Facebook & Social Media | 6:00-9:00 | Apr. 19 |
| \$50 | 10 Ways to Make \$\$ Online | 6:00-9:00 | Apr. 26 |
| \$95 | Using Internet Search Engines | 6:00-9:00 | May 3, 4 |
| \$95 | Manage a Business WebPage | 7:15-9:15 | May 10, 11 |
| \$75 | Effective Blogging | 5:00-7:00 | May 10, 11 |
| \$150 | Selling on eBay | 6:00-8:00 | May 18, 25, June 1, 8 |

Misc:

| | | | |
|-------|--------------------|-----------|------------------------|
| \$150 | MS-Office Overview | 6:00-8:00 | Apr. 13, 20, May 4, 11 |
|-------|--------------------|-----------|------------------------|

Spreadsheet:

| | | | |
|-------|---------------------------|-----------|--------------------|
| \$195 | MS-Excel ~ Level 1 | 6:00-9:00 | May 16, 17, 18, 19 |
| \$95 | MS-Excel Formula Workshop | 6:00-9:00 | May 24, 25 |
| \$195 | MS-Excel ~ Level 2 | 6:00-9:00 | June 6, 7, 8, 9 |

Financial:

| | | | |
|-------|------------------------------|-----------|----------------|
| \$150 | Getting Started w/QuickBooks | 6:00-9:00 | May 2, 3, 4, 5 |
|-------|------------------------------|-----------|----------------|

www.classesforlife.com

REGISTRATION FORM

MAKE CHECKS PAYABLE TO CONCORD SCHOOL DISTRICT.
MAIL CHECKS TO: Concord Community Education, Concord High School,
170 Warren Street, Concord, NH 03301-2999

Name _____

Day Phone _____ Eve Phone _____

Address _____

City/State/Zip _____

Course Title (s) _____

Course #1 _____ Evening _____

Course #2 _____ Evening _____

Course #3 _____ Evening _____

Course #4 _____ Evening _____

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INSIDE/OUTSIDE

ACTIVITIES FOR CHILDREN AND FAMILIES, WORKSHOPS, VOLUNTEER OPPORTUNITIES, EVENTS TO KEEP YOU HEALTHY AND MORE

In this section:

Listings

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Hobbies, networking...

26 Dance

Classes, dances...

28 Misc.

Expos, workshops...

29 Nature & Gardening

Classes, clubs, activities...

Features

30 Kiddie pool

Family activities this weekend.

28 Live Free and Shop

Work some trends into your fashion diet.

29 The Gardening Guy

Advice on your outdoors.

30 Treasure Hunt

There's gold in those closets.

31 Car Talk

Click and Clack give you car advice.

32 Tech

John Andrews gives gadget advice.

Food

34 New eats

Treats from New Boston; Sports bar and bread in Nashua PLUS Alli Beaudry in the kitchen; Weekly Dish; Paulette Eschrich on wine; Red, White & Green — good bottles for less than \$20.

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From yoga to pilates, cooking to languages to activities for the kids, Hippo's weekly listing offers a rundown of all area events and classes. Get your program listed by sending information to listings@hippopress.com at least three weeks before the event.

Teeth: the history and science

Exhibit shows what's great about the dentist

By Tori Loubier
tloubier@hippopress.com

The SEE Science Center in Manchester celebrates the good things about dentistry and teeth with "Smile!: The Tooth & Nothing but the Tooth," a recently opened exhibit for children of all ages.

A traveling exhibit, "Smile!" will be at the center through Sept. 4. The exhibit is divided into five zones, said Peter Gustafson, SEE's development coordinator. Zone 1 focuses on modern dentistry and the basics of teeth. It prominently features Pierre Fauchard, the father of modern dentistry.

Zone 2 is represented by Levi Spear Parmly, the inventor of dental floss and creator of modern dental hygiene. This zone describes the adaptation of teeth to different diets and lifestyles, Gustafson said.

In Zone 3, Count Dracula presents teeth that tell stories, in solving crime or looking at the development of man and how our teeth have changed.

Teeth and society are the focus in Zone 4, which presents the customs and culture of teeth and dentistry. This zone shows how dentistry is practiced in different countries.

The most interactive is Zone 5, in which visitors can role play as if they were in the dentist's office. With a real dental chair, children can take turns playing the dentist or the patient with the help of the Tooth Fairy.

SEE has more up its sleeve than just fun and games, as the exhibit is meant to be educational as well. "We chose this exhibit because we thought it would make sense to get into this

[dentistry] area of science related to a career," Gustafson said. "One of our goals is to get young kids excited about math, science and engineering in hopes of them eventually choosing a career in the sciences."

The plan behind "Smile!" was to create "something that kids can see and say 'I can grow up and be this, it's something I want to do,'" said Gustafson, calling the exhibit "one of comparative anatomy, involving orthodontics and dentistry."

"It's the study of teeth, culturally, scientifically, historically. It covers a wide range of topics about teeth and encourages good oral health," he said.

The exhibit also explains animals' teeth, which Gustafson explains adds an exciting element for children. "You get to identify certain kinds [of animal teeth] and discover characteristics of teeth that give you clues to how the animal lived, where it lived and what it ate," he said, adding that the same goes for human life, as the exhibit helps children explore our own culture, the history of dental hygiene and how we have lived in the past.

"Dentistry has come a long way. People used to carve teeth out of wood, and now there's those with diamonds in their mouths and those who whiten their teeth. Certainly, we've gotten to a point where our teeth are a level of distinction," Gustafson said. "It's educational and fun. I think kids will learn about themselves as well as their own culture, and how teeth are viewed. We just want kids to be psyched about science."

The "Smile!" traveling exhibition is bi-lingual, offered in English and French, said Gustafson. The exhibit is co-produced by the Centre d'exposition de l'Université de Montré-



A visitor explores dental hygiene at the "Smile!" exhibit. Courtesy photo

al and the Exhibition Production Centre of the Sherbrooke Museum of Nature and Science. Several local dentists are sponsoring the exhibit as well, including Northeast Delta Dental Foundation, Bedford Dental Care, Tufts University School of Dental Medicine, the New Hampshire Dental Society Foundation and the Manchester Dental Society, among many others.

The "Smile!" exhibit is included with regular admission to the SEE Science Center, which costs \$8 per person ages 3 and up.

Smile!

Smile! The tooth and nothing but the tooth traveling exhibition is now on display until September 4 at the SEE Science Center, 200 Bedford Street, Manchester. The exhibit is included with regular admission, which is \$8 per person, ages 3 and up. Call 669-0400 or visit www.see-sciencecenter.org.

CLUBS

Hobby

• **NEW ENGLAND WILDFLOWER SOCIETY** is at 508-877-7630 ext. 3303 and www.newenglandwild.org/learn.

• **OUTDOOR PHOTOGRAPHY FOR ADULTS** Massabesic Audubon Center, Auburn, Thurs., April 14, noon-3 p.m. Outdoor Ventures is an outdoor adventure recreation program for adults over 50 sponsored by Catholic Medical Center and New Hampshire Audubon. Activities include bi-monthly kayaking, hiking, and snowshoeing day trips. Thursday, May 12, 10 a.m. – 2 p.m. will be a Beginner Outdoor Photography Hike in Northwood Meadows State Park in Northwood. Each program is \$35 and registration is required by calling 626-2626. E-mail deb.sugerman@comcast.net.

• **OUTDOOR DIGITAL PHOTO CLASSES** at Silver Hills Studio (75 Tenney Road, Goffstown, 497-4674) from 9 a.m. to noon on the second Saturday of every month. Learn to take quality photographs with a digital camera through classroom introduction and 2 hours of hands-on shooting in the natural landscape followed by constructive critique. Cost is \$25. To sign up, visit www.silverhillsstudio.com or call 497-4674.

• **NASHUA CAMERA CLUB** Each month there are three different topics chosen for competitions. Entries can be submitted either digitally or as prints no larger than 16" X 20" (with mat) and no smaller than 8 X 10. Visitors and new members are always welcome. See the club website at www.nashuacameracclubnh.org or contact Dave Marden at 305-7036 or dmarden1@myfairpoint.net.

• **PHOTOGRAPHERS FORUM** meets

at Bishop Guertin High School in Nashua, on the first and third Monday of each month. A digital imaging group also meets once a month and the club holds field trips and competitions. Dues are \$30 for individuals, \$50 for families; full-time students pay half price. See www.photographersforum.org, e-mail colettecrisp@earthlink.net or call 880-1420.

DANCE

• **Arthur Murray Dance Studio** 99 Elm St., Manchester, 624-6857, learntodancetoday.com

• **Bliss Healing Arts Center LLC** 250 Commercial St. # 2007, 624-0080, blisshealing.com

• **Dance International Studio** 83 Hanover St., Manchester, 858-0162, importers-exporters.com/DIS.htm

• **Kathy Blake Dance Studios** 3 Northern Blvd. in Amherst, 673-3978, kathyblakedances-studios.com

• **Krystal Ballroom Dance Studio** 352 S. Broadway, Salem, 870-9350, krystalballroom.com

• **Let's Dance Studio** 5 North Main St., Concord, 228-2800, letsdancenh.com

• **Mill-A-Round Dance Center** 250 Commercial St., Manchester, 641-3880, millaround.com

• **N-Step Dance Center** 2626 Brown Ave Manchester, 03103 603-641-6787 nstepdance.com

• **Paper Moon Dance Center** 515 DW Hwy., Merrimack,

In the spotlight



Celebrate Main Street

Visit Red River Theatres, 11 South Main St., Concord, for NH Main Street Day on Tues., April 12, at 8:30 a.m. The Main Street programs of Concord, Dover, Goffstown, Jaffrey, Lisbon, Meredith,

Milford, Ossipee, Rochester and Wilton present a day-long conference and evening showcase of the Main Street methodology for community revitalization and an evening showcase and reception. The evening showcase begins at 5:30 p.m. with networking, town displays, cash bar and appetizers. At 6 p.m., each Main Street community will present its accomplishments of the year and give a brief update. Cost is \$5 per session, \$15 to attend all day, \$10 for two or more of the 101 Sessions or for the Evening Showcase. Register by calling 497-9933.

429-1100, papermoondance.com.

• **Queen City Ballroom** 21 Dow St., Manchester, 622-1500, queencityballroomnh.com

• **Royal Palace Dance Studio** 167 Elm St., Manchester, 621-9119, royalpalacedance.com

• **Senior Activity Center** 70 Temple St., Nashua, 889-6155

• **Steppin' Out Dance Studio** 1201 Westford St., Lowell, 978-452-1111, steppinoutdance-lowell.com

Dances

• **WEST COAST SWING** at Queen City Ballroom, 21 Dow St., Manchester. Next dance is Tues., April 12, 7-9:30 p.m. Combines swing dancing with R&B, funk, pop, jazz and blues. Drop in pre-dance lessons by instructor, Anne Fleming. Beginner lesson, 7-7:45 p.m., focusing on technique,

connection and body movement (new beginner series starts monthly) and Intermediate lessons, 7:45-8:30 p.m. focusing on musicality. \$12 per person includes one or both lessons and the Dance Groove. Discounts available for multiple evenings. Singles and couples welcome. Appropriate for all levels. Beginner-friendly. No alcohol served or permitted. Call 622-1500 or e-mail QnCtyBalm@aol.com or visit www.queencityballroomnh.com.

• **OPEN DANCE AND THEME BALL** hosted by Let's Dance Studio in Concord every Thurs., 8-10 p.m. Cost is \$5 per person per visit or advance payment \$45 for 3 months, with a free group class for a month. Parties and Balls are free for first-time visitors, current group students and all private students past and present.

• **MILL-A-ROUND** Mill City Contra

Continued on page 28

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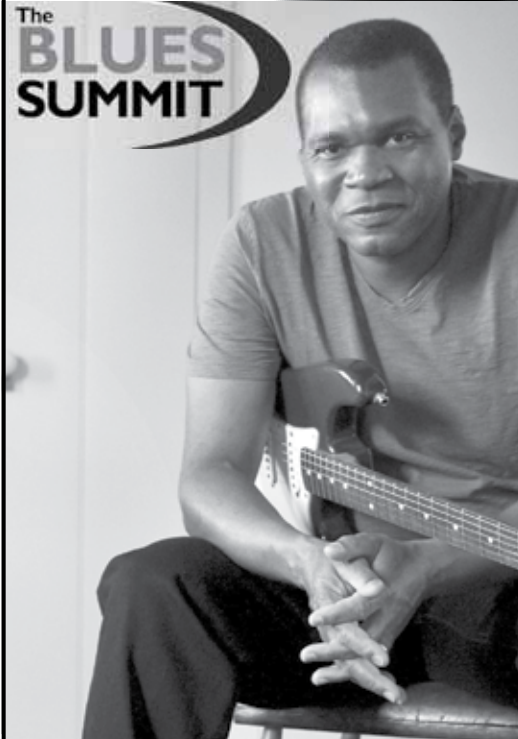
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LIVE FREE AND SHOP

Making cheap chic

A new look at Walmart

By Tori Loubier
tloubier@hippopress.com

I've sifted through many of the successful and most popular fashion blogs, and I've had a hard time being impressed. It seems that most blogs are written by a wealthy young girl who has enough time on her hands to attend all the New York City Fashion Week shows, write about what she loved the most, proceed to buy it for herself and then post pictures of herself wearing it.

But then there's Penny Chic, a fashion blog by 24-year-old Shauna Miller. Originally from Los Angeles, Miller explains on her blog that she's lived in NYC and worked in a fashion house in Paris. With such a fashion background, she now puts her efforts toward seeking out the most "chic" looks at Walmart and putting together outfits with clothes solely from the money-saving chain. I was instantly inspired...and I bet you can guess where this is going.

I ventured to the Walmart Supercenter in Epping and rummaged around to find my own penny-saving outfits. To my surprise, both in terms of what great stuff they had and how little it cost, I came away a new fan. Here's what I managed to put together.

Both looks took some digging, and I did spend a good 45 minutes seeking out outfits and sizes, as the layout of the Epping store wasn't exactly conducive to making an easy shopping trip. But for entire outfits for less than \$30, I'd say it's worth the effort.

We are in the midst of a shopping revolution, in which



Emily is wearing a conch pink floral L.e.i. ruffle dress (\$12), Walmart brand bronze faux snake skin skinny belt (\$8) and Walmart brand white fashion sunglasses (\$5). The dress is the epitome of a perfect spring look; it incorporates the floral, feminine looks that have been incredibly popular and will continue well into spring and summer. The scoop neck with ruffle is girly but not too dramatic, making this a nice choice for a younger shopper. Pair it with sandals in a neutral color and a cardigan if it's chilly out and you're good to go. Emily's outfit cost a total of \$25.

cheap shopping doesn't have to sacrifice style. Walmart, K-Mart and Target are making waves in the fashion world, and it's important to remember that these stores have real-life designers behind their clothes too. The Norma Kamali designs for Walmart are nothing short of chic, and the Miley Cyrus and Max Azria line have brought new youth to the store. Even Sears is upping

Check out Miller's Walmart Chic blog at www.pennychic.com for your own inspiration



Michelle is wearing a Faded Glory flower print tunic in muted reddish-pink (\$12), L.e.i. ozone wash dark skinny jeans (\$9) and a long clay-red beaded necklace with a gold top (\$5). The tunic is a great style for any body type, as it is flowy and forgiving on the belly, but cinched in around the waist to give a nice curve. The boho top paired with dark skinny jeans is modern, trendy and classic, and you can't really go wrong with this one. The statement necklace, made of beads, completes the boho look while adding a little bit of flair to the outfit. The neutral colors, very popular on the runways this season, are contrasting with bright flats that pair nicely with skinny jeans. Michelle's outfit cost a total of \$26.

the ante, as the Kardashian sisters recently announced that they will launch the Kardashiana Collection exclusively at 400 Sears stores beginning in August 2011. Looking good for less? I'll give cheers to that.

Dance, Waumbec Mill, 250 Commercial St., Manchester, third Friday of every month. Beginners workshop at 7:30 p.m. Dance is 8-11 p.m. No partner necessary; all dances taught. Bring clean, soft-soled shoes. \$8 adult, \$5 student, under 12 free.

• **PRACTICE PARTY** every Fri. at the Royal Palace Dance Studio (167 Elm St., Manchester, 621-9119, royalpalacedance.com), open to the public from 7:45 to 9:30 p.m. Singles and couples are welcome.

• **SOCIAL DANCING** at Paper Moon Dance Studio (515 DW Hwy., Merrimack, 429-1100, papermoon-dance.com). Salsa dancing third Sat. of each month at 6 p.m. with Salsa workshops followed by a Salsero until 2 a.m. Workshops are \$10 and the social is free if you have also paid for a workshop during the same evening. Fourth Sat. is Malonga Night,

drop-in beginner lesson in Argentine Tango at 7:30 p.m., followed by a social dance from 8:15 to 11:15 p.m. Cost is \$10 (or free if you have also paid for the drop-in class during the same evening).

MISCELLANEOUS Expos/festivals/fairs

• **MULTICULTURAL DAY NHTI**, Concord Community College, 31 College Drive, Concord, Tues., April 12, noon-3 p.m. Food, artifacts, displays, music, and dancing are provided mostly by NHTI students — whose ethnic backgrounds encompass nearly fifty different countries — along with select members of the faculty and staff, and a few off-campus performance troupes. Free and open to the public. Contact Natasha Berlin at 271-7724 or nberlin@ccsnh.edu.

Other

• **NH MAIN STREET DAY** Red River Theatre, 11 South Main St., Concord, Tues., April 12, 8:30 a.m. The Main Street programs of Concord, Dover, Goffstown, Jaffrey, Lisbon, Meredith, Milford, Ossipee, Rochester and Wilton present a day-long conference and evening showcase of the Main Street methodology for community revitalization and an evening showcase and reception. The evening showcase begins at 5:30 p.m. with networking, town displays, cash bar and appetizers. At 6 p.m., each Main Street community will present their accomplishments of the year and give a brief update. Cost is \$5 per session, \$15 to attend all day, \$10 for 2 or more of the 101 Sessions or for the Evening Showcase. Register by calling 497-9933.

NATURE

GARDENING GUY

Early spring chores

Don't rake yet, but there's still plenty to do

By Henry Homeyer
listings@hippopress.com

Spring in Cornish Flat comes in fits and starts. Warm sunny days are followed by cold rain or even by snow. Spring is technically here, and I have started a few seedlings indoors (onions, artichokes, peppers, some early greens) but I will wait until April to plant most things indoors. No sense in babying tomatoes for 12 weeks — 8 is enough.

Each year the snowplows dump lots of sand and road dirt onto my lawn. I try to shovel the dirty snow back onto the road before it all melts. I do this because it is easier to shovel it now than rake it later, once it has all settled into the grass. And dormant grass in the early spring is susceptible to being damaged by my rake. It's important to wait until the grass is no longer dormant and the soil has dried before raking the lawn.

I haven't started pruning fruit trees yet, though the time is ripe. I wait until most of the snow is gone before pruning mainly because it's hard to set up my ladder and carry off the branches in deep snow. Since I prune professionally, I can't afford to wait too long — I need to finish all pruning before the buds open up in late April or early May. There is still knee-deep snow around my trees, so I haven't gotten started anywhere.

I took my bucket of kitchen vegetable scraps down to the compost pile recently and found that the snow was deeper than I'd thought — I fell through the compacted crust up to my knees. That happened despite some rain and warm days in the preceding days. Spring technically arrived on March 20, but winter in my neighborhood is being a bit feisty.

Many gardeners give up on composting during the winter months. Not me. I keep a five-gallon pail under the kitchen sink and I don't find that it gets odiferous even though I only empty it once every week or two in the winter. Still, my compost pile is far away, and I've been wearing snow shoes to get down there. My compost pile is enclosed by four wood pallets, the kind that freight is delivered on, and the winter's accumulation, mixed with layers of ice and snow, is nearing the top.

During the cold months all the microorganisms that would normally breakdown the vegetable matter are resting. No matter. When warm days arrive, the critters will get to work. But unless the compost pile has the proper mixture of ingredients, moisture and temperatures it is a very slow process — a couple of years until it's ready.

The bacteria and fungi that break down compost need both carbon- and nitrogen-based materials. Good sources of carbon are leaves, hay and most brown matter. Things with lots of nitrogen are green leaves or grass clippings, manure, vegetable scraps and coffee grounds. A little nitrogen added to a compost pile will help



Snow drops in April. Henry Homeyer photo.

to get quite a bit of carbon-based materials to break down.

There are many kinds of microorganisms in a working compost pile. Aerobic bacteria are the workhorses of the process; they require oxygen to live and reproduce. Anaerobic bacteria are the "bad boys." If your compost smells like sulfur or rotten food, you have bacteria that thrive in an environment that has little or no oxygen. Some gardeners turn their compost piles to aerate them or use a harpoon-like "compost hook" to create pathways for air. I rarely do either, though I did buy one of the harpoons to see if it made a difference. I didn't see that it was a worthy investment.

Later this spring, I'll take a garden fork and poke around in my compost pile. If it's too wet, I'll add dry hay or leaves to help dry it out and let in more air. Or I may even turn the pile, moving unprocessed matter to one side and adding some aged manure to speed up the process. At the bottom of the pile there should be some good old compost to use in the garden.

This is also a good time to see where you need to plant spring bulbs next fall. Take some pictures or place tags to show where the snow melts off first, and where you need some early bulbs. I like having early bulbs to herald spring: the earliest white snowdrops (Galanthus spp.), rich blue and purple scilla (Scilla siberica) and glory-of-the-snow (Chionodoxa luciliae).

Crocus are good, too, and some can be quite early — though nothing is as early as snowdrops. Actually, winter aconite (Eranthis hyemalis) flowers can be almost as early as snowdrops. They're low yellow flowers, though they don't do very well for me here in Cornish Flat. Instead of multiplying like my snowdrops, they seem to disappear one by one over the years. I need to replant some this fall.

In any case, don't be discouraged by late spring snows or slushy weather. The sun has real strength now, and it won't be long before we are in our gardens.

Henry Homeyer is now blogging and tweeting! His blog is <http://henryhomeyer.wordpress.com>, and his website is www.Gardening-guy.com. His new book, Organic Gardening (not just) in the Northeast, a Hands-on, Month-by-Month Guide, will be available soon on his website and at your local bookstore in April.

& GARDENING

• **COASTAL BIRDING TRIP** Massabesic Audubon Center, 26 Audubon Way in Auburn, Wednesdays, April 20 and May 18, 9 a.m.- 2:30 p.m. Enjoy birding from the comfort of your car with JoAnn O'Shaughnessy. Meet at Hampton Beach State Park parking

lot at 9 a.m. and carpool from there to coastal hot spots. Lunch is not provided, but the group will stop at a local restaurant. Meet at 7:45 a.m. in the Massabesic Audubon parking lot if you want to carpool with other participants to Hampton. \$9 per person. Call 668-2045 to register.

• **MOONLIGHT HIKE** Massabesic

Audubon Center, 26 Audubon Way, Auburn, Sat., April 16, 5:30-8:30 p.m. Celebrate the onset of spring with a reflective sunset hike through the fields and woods of Massabesic. Includes vegetarian soup and fresh bread. Bring a flashlight. \$20 per person. Call 668-2045.

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Treasure hunt

An antiques expert helps you search for buried treasure



Hi, Donna,
 I have a solid maple dining set that belonged to my grandmother and find it hard to find anything solid maple these days. Would you share your knowledge regarding the set in the picture that I have sent as an attachment? I believe she bought it in the 1960s. Thank you for your help.
 Dee in New Hampshire

Dear Dee,
 I agree with you when you say it's hard to find anything solid maple these days. Even though there are a lot of fine furniture makers today, they just don't seem to make things the way they used to.

Unfortunately your grandmother's set isn't considered an antique and that makes it used furniture. The secondary market on used furniture is usually low. I find it hard to see furniture with this quality and from this period go for almost nothing. But I do every day.

There are certain styles from this period and a little earlier (1950s) that are sought after, ones from specific makers and with a modernistic flair. Quality is key but style and a certain maker can really make the desirability much higher.

The style of your grandmother's was a common style and could be found in a lot of homes. The quality was good — as you see, they lasted, and even now there are lots around. The down side is there is no modernistic flair to the design so they are not

heavily sought after.

I have seen sets like this sell for anywhere from \$40 to \$100 for the complete set. I find this sad, considering that to purchase a new one with some of the same quality would be so much costlier.

I do hope, Dee, that you use this and enjoy that it came from your grandmother. Never say never is my motive. You never know when styles change and what does become popular. Maybe someday your set will be the in thing and then my value will be really low for it.

Thanks for writing in.

Donna Welch has spent more than 20 years in the antiques and collectibles field and owns From Out Of The Woods Antique Center in Goffstown (www.fromoutofthewoodsantiques.com). She is an antiques appraiser, an instructor, a licensed auctioneer and a member of the N.H. Antiques Dealers Association. To find out about your antique or collectible, send a clear photo of the object and information about it to Donna Welch, From Out Of The Woods Antique Center, 465 Mast Road, Goffstown, N.H., 03045. Or e-mail her at footwdw@aol.com. Or drop by the shop (call first, 624-8668).

Kiddie Pool

Family fun this weekend

Screen time

• Friday, April 8, is teen night at the McAuliffe-Shepard Discovery Center, 2 Institute Drive, Concord, starting at 7 p.m. Sixteen teens can play the same **XBox 360 game** on a projected screen with Dolby 5.1 digital surround sound in the 40-foot domed theater of the Discovery Center. Ages 13-15 will play from 6 to 8 p.m. and ages 16-19 play from 8 to 10 p.m. Call 271-7827.

• The Laconia Rotary Hall will be showing *Nanny McPhee Returns* (G) on Friday, April 8, at 3:45 p.m. Admission is free. Children under 10 must be accompanied by a responsible caregiver 14 years or older.

History & culture

• Manchester's Millyard Museum (200 Bedford St., 622-7531, www.manchester-historic.org) will hold its **10th anniversary birthday party**

on Saturday, April 9, 10 a.m. to 4 p.m. Admission to the museum will be free (as is the cake and light refreshments scheduled for 2:30 p.m.). The day will also include a presentation about Paul Revere at 1:30 p.m. and an unveiling of the exhibit "Whole Cloth NH" at 1 p.m. See website for more.

• The third annual **Anselmian Hawk PowWow** will be held on Friday, April 8, at 7 p.m. and Saturday, April 9, from 11 a.m. to 4 p.m. at Saint Anselm College in Manchester. This free, family-friendly event offers a look at the culture and heritage of Native Americans. There will be drumming, dancing and vendors. E-mail multiculturalcenter@anselm.edu or call 656-6028.

Safety day

• Parents and kids can attend the **child safety rally** in the children's room at

the Nashua Public Library, 2 Court St., Nashua, on Saturday, April 9, from 11 a.m. to 1 p.m. The event includes face-painting, seed-planting, a martial arts demo, fingerprinting, pinwheel-making and more, in honor of Child Abuse Prevention Month.

Friendly competition

• Police officers and fire fighters from across New Hampshire will engage in a little friendly competition at the **4th annual CHaD Battle of the Badges Hockey Championships** on Saturday, April 9, at 5 p.m. at the Verizon Wireless Arena in downtown Manchester. Tickets cost \$10 per person; kids 10 and under get in for free. See www.chad-hockey.org for more about the game and to purchase tickets, which are also on sale through www.ticketmaster.com, 800-745-3000 and at the box office.

Passive-aggressive neighbor giving unwanted advice



Dear Tom and Ray:
My neighbor, who does not impress me as having an IQ above that of a Neanderthal, told me the other day that while he didn't want to be minding my business for me, I am "ruining my car parking it the way I am." I don't know whether he has a point or not. It rains a lot where I live. I do not have a garage. A sidewalk leads from the parking lot in front of my apartment right up to my front door. When it rains, the grass also becomes soggy. So, what I sometimes do is drive my car

along the sidewalk, with the left-side wheels on the sidewalk and the right wheels on the grass. This allows me to get very close to my front door and get out on the sidewalk. Since the grass is about 2, maybe 3 inches max, below the sidewalk and it squashes when I drive on it, this puts the left-side wheels of my car higher than the right-side wheels when I'm parked this way. Is this "ruining my car"? Or is my neighbor a Neanderthal? — Beverly

TOM: I wouldn't call him a Neanderthal, Beverly. I'd describe him as more of a passive-aggressive nebbish.

RAY: You're not harming your car at all. The suspension couldn't care less whether it's on a slope — certainly not this gentle a slope.

TOM: I mean, if you parked sideways on the steepest part of Mount Kilimanjaro for years on end, you would put some unusual stresses on some of the suspension parts. But even that would pale in comparison to the fines you'd be racking up from the Tanzanian Parks Service.

RAY: What your neighbor is trying to tell you is that he doesn't like you parking on the sidewalk. He finds it ugly or tacky or inconve-

nient. Or he doesn't like the way it squashes the grass. But rather than say, "Beverly, I wish you wouldn't park there; I think it makes the entire apartment complex look like a junkyard," he's trying to convince you that it's in YOUR interest not to park there.

TOM: That's passive-aggressive or, at the very least, non-straightforward behavior. So, the next time you see him trying to convince the paper boy that throwing the paper into the bushes is bad for his arm, ask him if he'd like to talk about his feelings about where you park. That should get rid of him.

Dear Tom and Ray:
I own a 2008 Honda Civic with 33,000 miles. I have regularly changed the oil and rotated its tires. I also have replaced the air filter on one occasion. Is there any reason for me to succumb to the pressures of the Honda dealer that services my vehicle and have the 30,000-mile service, or am I just better off continuing to change the oil and rotate the tires? Thanks. — Seth

RAY: I've never heard the word "succumb" used to describe getting your car serviced, but I can see that

you're skeptical about the dealer's intentions, Seth.

TOM: You're right that the oil and filter change account for most of the actual mechanical work done on this car during the 30,000-mile service. But Honda does call for a number of inspections. And you'd be wise to have those done.

RAY: Honda says that on a 2008 Civic, at 30,000 miles you should inspect the brakes, brake lines, suspension components, steering components and drive boots.

TOM: And while nothing is likely to be wrong with the major components of the car, you might need brake pads, for instance. And it would be good to know that before you gouge the disc rotors and "succumb" to a complete \$600 brake job.

RAY: Similarly, your rubber drive boots (we call them constant velocity, or CV, boots) should be fine. But if you happened to have run over a sharp object and torn one of them open, you'd want to get the boot replaced for 75 bucks before all the grease leaked out and you "succumbed" to a seized CV joint for several hundred dollars.

TOM: But if you have reason not to trust your dealership, you don't

have to succumb to it. You can succumb to any mechanic you choose, dealer or independent. Simply take your Honda owner's manual with you, and open it to the section in the back where it lists the items that Honda recommends at each service.

RAY: Then ask your mechanic to do all of the things on the 30,000-mile list, including the inspections. And ask him to stamp and sign the book. That way, if you ever have a warranty claim or want to sell the car, you'll have proof that you kept up with the regular services.

TOM: Just keep in mind that the real value of the regular service to the dealership, and to other shops, is that it gives them the opportunity to sell you other things that you might not need at 30,000 miles, like new transmission fluid, new spark plugs or — oh yeah — that air filter someone talked you into.

Order Tom and Ray's pamphlet "How to Buy a Great Used Car: Secrets Only Your Mechanic Knows." Send \$4.75 (check or money order) to Used Car, P.O. Box 536475, Orlando, FL 32853-6475. Got a question about cars? Write to Click and Clack via e-mail by visiting www.cartalk.com.


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TECHIE

Silver linings

Play music from the cloud

By John Andrews
jandrews@hippopress.com



"Are you writing about the Cloud Drive/Player?" a friend excitedly e-mailed me last week. "It's pretty nifty so far."

Amazon is offering not only online storage, but a program for Windows, Mac OS and Android to play your uploaded music directly from your online account. Cloud Drive gives you 5GB of space for free, and Cloud Player lets you stream your music anywhere.

This kind of service isn't new, but Amazon has the infrastructure in place to take it to the next level. First off, buy an MP3 album from them and your Cloud Drive jumps from 5GB to 20GB for a year at no extra charge. The real coup d'état, though, is that any MP3s you buy from Amazon are automatically stored there and don't count against your storage limit.

The line of thinking is obvious: if the same songs are 99 cents at Amazon or iTunes (or Wal-Mart, or Napster, etc.), why not buy from the service that lets you store them online and play them anywhere? If you need more space, sign up for 20GB, 50GB, 100GB, 200GB, 500GB or 1000GB at \$1 per gigabyte per year.

Assuming Cloud Drive and Cloud Player don't put them out of business, there are plenty of alternatives — or supplements, if you're sanguine about splitting your song library among multiple sites.

• **MP3tunes.com:** Probably Amazon's most serious competitor in terms of features, MP3tunes actually beats the giant in a few areas. The initial free storage is only 2GB, but they're already sending invitations to active users for free 10GB accounts, and more space is available at a lower cost than Amazon. Perhaps more importantly, you can

listen on more devices — in addition to computers and Android devices, you can stream to your iPhone, Palm WebOS or Windows Phone 7 phone, TiVo, Wii, Playstation 3 and a bunch of standalone Internet radios.

• **AudioBox.fm:** Want your music to be "mashable"? That's what AudioBox calls its integration with other online services, including the ever-present Facebook and Twitter, YouTube, Last.fm and Dropbox. Love a song? It can be tweeted automatically and added to your preferences on Last.fm. Downside? You only get 1GB free and more storage is expensive: 10GB more is \$3.99 per month (not per year!), 25GB is \$7.99 and 150GB is \$9.99. That last tier is actually competitive when you do the math — about \$120 per year for 150GB is less than \$1 per gigabyte — so they're still worth considering.

• **MooZone.com:** Another competitor not to be underestimated. You get 2GB free storage and the player is compatible with computers and Android devices. They also have a music store with eight million tracks, which isn't as huge as it sounds, but you do get free storage for anything you buy there. You also have the option to permanently buy your storage space, which means no pesky monthly fees. 100GB is \$99.99, essentially the same as only one year at Amazon.

• **Mougg.com:** Here's where things start to get sketchy. 1GB is free, but "unlimited" storage is only \$2.99 per month. Presumably they have some fantastic de-duplication algorithm so that they're only storing one copy of Rebecca Black droning "Friday" rather than a million copies of it in a million accounts, but I would hope all these services are doing that. Not sure how they can afford to offer infinite storage so cheaply when they can't even manage a copy editor to sort out their loose/lose confusion and numerous typos on their website. Android, iPhone and "any Internet Browser" are supported. Good luck with, say, Lynx.

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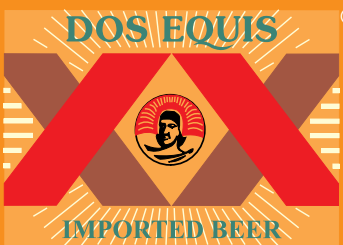


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Weekly Dish

Notes from the local food scene

By Angel Roy
aroy@hippopress.com

• **We all scream for free ice cream:** Ben & Jerry's, 940 Elm St., Manchester, 647-9400, www.benjerry.com, will celebrate the company's annual Free Cone Day on Tuesday, April 12. Try out such new flavors as Clusterfluff (peanut butter ice cream with caramel cluster pieces, peanut butter and marshmallow swirls) or Late Night Snack (vanilla bean ice cream with a salty caramel swirl and fudge covered potato chip clusters).

• **A gift for mom and the food pantry:** The New Hampshire Food Bank, 700 E. Industrial Park Drive, Manchester, www.nhfoodbank.org, will create and send a customized Mother's Day card in exchange for a minimum donation of \$25. Orders and donations must be received by May 2 to ensure timely delivery. Visit www.nhfoodbank.org or call 669-9735 x121 to order.

• **Through the eyes of their customers:** Butter's Fine Food and Wine, 70 N. Main St., Concord, 225-5995, www.buttersfinefood.com, is holding its first annual "Butter's Lense" photo contest. Photos of any subject must be submitted to info@butterslense.com by Dec. 31, 2011. All photos will be posted on www.butterslense.com and a winner (who will take home \$300!) will be announced Jan. 31.

• **A collection at Curves:** During April, Curves gym, 43 Allentown Road, Suncook, 268-0900, and 865 Second St., Manchester, 627-5673, www.curves.com, will collect cash donations and non-perishable food items for local food banks.

• **Morning eats:** Giorgio's Ristorante & Meze Bar, 524 Nashua St., Milford, 673-3939, www.giorgios.com, will offer a brunch buffet on Sundays from 10 a.m. to 1 p.m. The buffet will include pastries, salads, carving stations, made-to-order omelets and pancakes, hot entrees and a chocolate fountain. Mimosas are complimentary for customers 21 and older. The cost is \$18.99 (\$8.99 for children under 12).

• **Drive green, eat cheap:** Throughout the month of April, Granite Restaurant, 96 Pleasant St., Concord, 227-9000, www.graniterestaurant.com, will offer 10 percent off to all customers driving a hybrid car in celebration of Earth Day.

• **Another day of winter market shopping:** The final Concord Winter Farmers' Market (www.concordwinterfarmersmarket.com) will be held at Cole Gardens, 430 Loudon Road, Concord, on Saturday, April 9, from 10 a.m. to 2 p.m. The market features more than 30 vendors offering a variety of products including baked goods, vegetables, maple syrup, granola and composting worms.

• **Wine on the river:** Damian's on the River, 737 River Road, New Boston, 497-8888, www.damiansotr.com, will host an Iberian wine dinner on Sunday, April 10, at 5 p.m. The meal will begin with an amuse bouche of duck liver paté, followed by a "mock pancake" made with ham and fig and deep fried salt cod brandade balls for the first course. Following the salad course, chef and owner Damian Martineau will serve a mini lamb porterhouse loin chop as an

Continued on page 39

Treats from New Boston

Butternut Bakery sells granola, cakes and cookies plus scones the Queen would love

By Angel Roy
aroy@hippopress.com

Moving back home to New Boston after living in London for a year turned out to be a pretty sweet deal for Kelsey Dorwart. The software engineer has been able to take on the role of business manager for her mother's home bakery, helping their products make it to the shelves of local markets and onto the dessert menu of Kiki's restaurant.

Dorwart's mother, Dana, opened the preservative-free Butternut Bakery three years ago after selling her baked goods at farmers markets in Seattle, Wash. The pair now sell their products at the New Boston Farmers Market during the summer.

"I'm not used to living at home, but my mother is amazing. I couldn't ask for a better partner," Dorwart said. "We make a good team ... she's one of my best friends."

Both women are self-taught bakers, though the younger Dorwart had the opportunity to work for a professional baker in England. They keep a binder of "tried and true" recipes that have become their own through trial and error, Dorwart said.

Seeing a gap in the "chewy granola" market, the duo created their Gabby's Organic Granola Bars line. "Gabby would have been all over this ... she loved organic food," Dorwart said of her late grandmother.

Peanut butter chocolate chip has emerged as their most popular granola bar offering. Other varieties include mixed fruit and nut, apple cinnamon and mocha chip. "They don't taste organic," Dorwart said. "A lot of organic granola tastes like cardboard...."

The granola bars are sold at A Market in



Kelsey Dorwart, of Butternut Bakery in New Boston, cuts a slice of Black Out Chocolate Cake. Angel Roy photo.

Manchester, Harvest Market in Bedford and Moulton's Market in Amherst.

"There are a lot of bakeries out there, and making yourself unique is a big challenge — that is where our granola bars help us take that step forward," Dorwart said.

The pair also sells their scones at A Market. Dorwart said they are not the kind that most Americans are used to because they are moist. "I loved scones in England ... they were lighter, not the hockey pucks found in the States," she said. "I don't know what went wrong here.... You shouldn't have to break a tooth, you shouldn't need a pot of coffee to break it down."

Good sports at O'Brien's

At new Nashua sports bar, they want a good time had by all

By Angel Roy
aroy@hippopress.com

Patrick Provost, general manager of O'Brien's Sports Bar in Nashua, said he is not trying to re-invent the wheel at his new restaurant; he just wants to provide patrons with a fun, comfortable environment — a place to hang out and catch the game on one of 12 flat-screen TVs lining the walls.

"There is not a place where you can sit and not see a TV here," said O'Brien's Sports Pub executive chef Shawn Roy.

Provost opened O'Brien's at the end of March. As the bar is billed as an Irish pub, the staff had hoped to open in time for St. Patrick's Day, but they decided "we wanted to do it right," Roy said. "We've always got next year to do St. Patrick's Day." The restaurant will be formally introduced to the Nashua community as a first-time participant in the city's Spring Feast Week from Monday, April 4, through Thursday, April 8.

Provost hired 12 employees to run his pub, and Roy said customers will likely be able to interact with the whole dozen.

"I will be out and about in the dining room

talking to customers, getting suggestions as to how to better their experience," Roy said. "Customers will get to know much more than just the bartender."

Manning the bar six nights a week will be Provost. "I will not allow people to have a bad time," he said. "It's going to be a great environment for downtown."

Provost, of Groton, Mass., had been running a congressional campaign for a Bay State politician, but when the race ended, he began looking for a new job. He had previously worked at another Gate City watering hole, The Peddler's Daughter, where he gained work experience and found the type of atmosphere he would look to recreate in a bar of his own. His father financed the project and tapped his son to lead the charge. The eatery's name is Provost's paternal grandmother's maiden name.

"I felt like there was no place in Nashua, or at least downtown, that is comfortable to watch the game," Provost said. "I've lived on both sides of the bar, so I have taken what love about both sides and tried to marry the two ... I just hope a lot of people are like me."

Dorwart said the secret to making a lighter scone, and any other pastry, is to touch the dough as little as possible: "The more you knead the dough and bring together the butter and flour, the tougher it will be," she said.

The pair bakes both sweet (blueberry, apricot pecan, raspberry) and savory (cheddar scallion, spinach feta) scones, as well as a few seasonal flavors — peach during peach season and gingerbread at Christmas time. All of their baked goods are made using eggs from their own chickens, and in the summer the duo looks to buy local fruit for their scones, which Dorwart noted have a short shelf life because they contain no added preservatives.

The mother-daughter baking team uses three large Kitchen Aid mixers to whip up special-order cakes and cookies, both of which allow Dorwart to put her art skills to use. She spends so much time detailing each cookie, whether it be a flower, frog, bee, sailboat or sea creature, that her mother often tells her to "just frost them."

"I like to think of cookies as pieces of art," Dorwart said, adding that she took art classes as a child and continued her interest through high school. Not able to take art courses in college, she said her art "transferred over from a canvas to cookies and cakes."

Butternut Bakery cheesecake, carrot cake, apple crumb tart and Black Out Chocolate Cake — Dorwart's new favorite creation — can be found at Kiki's restaurant in New Boston. The chocolate cake, Dorwart said, is made with dark chocolate, and fudge frosting is used throughout the cake and on top.

"It's decadent but not so much that you are done after the first bite," she said. "You can eat a whole slice of it."

Visit www.butternutbakery.com

Provost also hopes his pub will provide an affordable fun night out for his guests.

"When you go out in Nashua or Boston sometimes you will spend \$150 and feel bad about it," he said. "I want people to leave here and say 'I had a blast and only spent \$30 so I can do it again tomorrow night.'"

Roy, formerly a chef at The Homestead in Merrimack and Milltowne Grill in Manchester, also noted that many high-end restaurants in the Gate City have costly menus and close their doors early. The O'Brien's menu, Roy said, features the "higher-end food people are used to, in a casual atmosphere."

Appetizers at the pub include crab cakes, scallops wrapped in bacon, calamari and jalapeño arancini poppers (made with cheese, bacon and jalapeños and served with a side of ranch dressing).

Roy opted to use grass-fed beef for his burgers, because of their flavor: "You can tell the

O'Brien's Sports Bar

118 Main St., Nashua, 718-8604

Hours: Tuesday through Friday, 4 p.m.-1 a.m., Saturday and Sunday, noon-1 a.m.

FOOD

difference when you eat it, not just a hamburger from the supermarket,” he said. “It’s higher quality and healthier.” Burgers at O’Brien’s can be topped with mushrooms, jalapeños or bacon, or guests may opt for the Trinity sliders, a set of three small burgers with each topping. The menu also features a handful of paninis including one made with roast beef, caramelized onions, sautéed mushrooms, melted Swiss cheese and mayonnaise.

Baked sea scallops in garlic, lemon and white wine infused butter; Chicken Divan (chicken breast with broccoli, creamy mushroom sauce and Monterrey Jack cheese), and grilled salmon brushed with olive oil and herbs served atop mushroom risotto are some of the pub’s entree selections.

Roy said once things get rolling at the restaurant he will start developing daily specials and seasonal items. He also plans to begin cooking with the 18 beers on tap at the pub. As of now lunch will only be served on weekends, but lunch hours may expand when outdoor seating is set up this summer.

“I want this to be a place that everybody



O’Brien’s Sports Bar executive chef Shawn Roy and general manager Patrick Provost celebrated the opening of the new Nashua eatery at the end of March. Angel Roy photo.

can call home and come in not just one night a week but two or three nights a week to hang out ... that’s what I’m shooting to create here,” Provost said.

Ready to rise Great Harvest Bread comes to Nashua

By Angel Roy
aroy@hippopress.com

The whirr of a pneumatic torque wrench echoed through the new Great Harvest Bread Company in Nashua in March, as workers were in the midst of building the bakery’s oven, a 15 foot wide, 10 foot tall and 9 foot deep monstrosity that will run on 425,000 British Thermal Units an hour and have the capacity to bake up nearly 200 loaves of bread at a time.

“We just got our gas bill for HVAC,” said bakery owner Jeremy St. Hilaire. “It will probably be the smallest bill we are going to see.”

Many moments led St. Hilaire, who has a cooking background, to open a Great Harvest Bread Company of his own. St. Hilaire was introduced to the bread by his father-in-law, Sterling Eanes, who serves as his business partner. Eanes held a “frequent bread card” at the Great Harvest Bread Company in Herndon, Va., which, when full, would grant him a free loaf, but distance made it hard for him to get his bonus bread. Eanes began traveling from Nashua to a Great Harvest in Lexington, Mass., but that became too far to travel for bread.

“We couldn’t find the whole-grain bread we were looking for [in New Hampshire],” St. Hilaire said of why he and Eanes decided to open a Great Harvest in the Gate City. “I just fell in love with the Great Harvest bread. It’s so unbelievably good.”

St. Hilaire’s fondness for Great Harvest was solidified during a visit to the bakery’s store in Holiday, Utah. When one of the three young men kneading bread at the store saw St. Hilaire, he greeted him and offered to walk him through the bakery, describing the process and allowing him to sample the shop’s products.

“I was impressed with how he was trained, how much he knew about the products, and I could tell he had genuine care for me as he took the time to walk me through it ... I have seen that level or serve at every Great Harvest that I have been to,” St. Hilaire said.

From start to finish, each loaf will take five



Jeremy St. Hilaire stands in front of the 15-foot-tall oven being built in what will be the new home of Great Harvest Bread Company in Nashua. Angel Roy photo.

to six hours to bake, St. Hilaire said. His shop will offer six varieties of bread daily. A grand opening for his shop in Nashua is scheduled for Friday, April 15, according to the website.

“The size of the oven does not make the process go any faster; it just allows us to bake more at once,” he said.

The bakery does not use any prepackaged ingredients or high-fructose corn syrup; the only sweetener used is 100 percent honey, St. Hilaire said. The flour, made with wheatberries from the golden wheat triangle in Montana, is ground daily by a stone mill. The wheat, St. Hilaire said, has the proper moisture and protein content to “make the best bread possible.”

“It’s not enough to just have a stone mill; the key is what you put in it,” he said. “If you don’t put the best product in, it doesn’t matter what equipment you have.”

In addition to bread, he plans to offer in-house-made scones, muffins, cookies, breakfast and lunch sandwiches, soup and coffee

“The focus will be on the bread, but if I make unbelievable bread I might as well

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make sandwiches with it," he said.

St. Hilaire signed a lease for the 2,000-square-foot space at the corner of Route 101A and Sunapee Street, which also houses The Blushing Rose florist shop, in December and said in March he planned to have bakery open in early April. He posts weekly construction updates on his Facebook page.

"When people see a new business there is always paper covering the windows so they can't see what is happening ... we have been a completely open book," St. Hilaire said. "People can come in, say hi and see what is going on."

While St. Hilaire said he has been supported by many members of the Nashua community, some people have shown concern that he is bringing another corporate franchise to the city — but he said they've got the wrong impression.

"This franchise is a freedom franchise," he said, noting that Great Harvest only requires that he grind the wheat they supply and use their recipes to make certain types of bread. There are no limits to what he can sell at the shop, what his hours should be or where he opens the bakery.

"Our family has been in this town for more than three decades. It is a not a franchise-owned business, it is owned by us," St. Hilaire said. "The only thing we get from the franchise is 38 years of experience and 200 bakeries, so if we have questions we are not on our own. This bakery is family-owned, it's Sterling and I, this is what we're doing."

Great Harvest Bakery

4 Sunapee St., Nashua, 881-4422, www.greatharvestnashua.com

Grooving in the kitchen

Local musician Alli Beaudry gets culinary

By Angel Roy
aroy@hippopress.com

When singer-songwriter Alli Beaudry is not making music, she can be found in her kitchen, making dinner and keeping the beat of an Adele song with her skull-decorated spatula.

Food, Beaudry said, has always served as one of the few creative outlets in her life that do not directly involve music, other than the fact that she listens to music and inspired to write songs of her own while she is cooking. She shares her culinary journey, and some of the musical inspiration it sparks, in her new blog "Recipes & Melodies."

In her first blog entry, written on Dec. 27, a snowed-in Beaudry wrote the song "Winter Love" while she waited for her "blizzard" chili to cook in her new crock pot (which she calls a "perfect addition" to her new home).

"You don't see a lot of people cooking and writing music at the same time," Beaudry said. "It was a fun little challenge for me ... It's been neat to put two my passions together have them make sense."

Beaudry, of Manchester, said her passion for cooking has been nurtured by what her mother has taught her in the kitchen and by shows she watches on the Food Network. "I'm living the dream through the TV," she said.

Kale and Brussels spouts have been added to many meals in Beaudry's kitchen lately. "I know they seem like odd things, but they are probably the most flavorful things you can cook," she said. "They are super green and so good for you." Kale, Beaudry said, will continue to play a major role in her kitchen as she is starting to get into the spring palate. "Kale chips are a good option if you don't want to eat a real bag of chips — it allows you to eat a super green and still have that chip effect," she said. To make kale chips, drizzle the kale with olive oil, salt, pepper and cumin and bake them at 325 degrees for 20 to 25 minutes. "It's a good quick fix," Beaudry said.

Having recently lost 50 pounds, Beaudry said she has been on a "healthy kick altogether."

"It just clicked for me," she said, adding that she has also started cooking more with fish to the point where she has almost turned into a pescetarian.



Alli Beaudry. Courtesy photo.

Black bean pasta dishes are also on Beaudry's to-cook list and she is eagerly looking forward to summer, when she can walk down to the Manchester Farmers Market with her dog Reggae and fill up her bags with fresh produce. She also likes visiting the markets in the fall to pick up heartier ingredients like apples and pumpkins.

"I'm a local [musical] artist, so I'm big into supporting local as well," Beaudry said.

Beaudry has plans to start dabbling in baking to make use of the "gorgeous Kitchen Aid mixer screaming my name," she said. "I can make corn bread, that's it, everything else I burn." She and her mother often talk about how much fun it would be to open a cupcake shop in Manchester that would feature live music nightly. Beaudry said she and her mother work well together in the kitchen and can often be found making Great Aunt Elsie's spaghetti and zucchini pancakes. "My fiancé is very happy that I cook well and I inadvertently learned how to cook through watching [my mother]," Beaudry said.

Beaudry's mother helped Beaudry prepare her first Thanksgiving dinner for 20 people at her new home. "It was so much fun," Beaudry said. "We did more healthier options so things weren't that expensive."

Adding a splash of Café Patron to their coffee when they started cooking in the early afternoon also helped make the experience an "absolute blast," Beaudry added.

"If you pace yourself, you can find the fun in cooking ... just find the groove in whatever

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FOOD

er you're doing and it will work out," she said.

For those who claim to be too busy to cook, Beaudry suggests taking the extra five minutes a day that you find yourself surfing the Internet and applying it instead to planning or preparing meals for the next day or whole week.

"With a very busy schedule, I have always found a way to be healthy, eat healthy and make sure that my body has the energy it needs," Beaudry said. "Time management is a good thing."

Visit www.recipesnmelodies.blogspot.com.

Food Listings

Farmers markets

• **MILFORD** winter farmers market from 9 a.m. to noon at the Milford Town Hall Auditorium will be held the first Saturday of each month through May (May 7). Items scheduled to be sold include elk, turkey, beef, pork and chicken, fresh eggs, milk, winter vegetables, canned preserves, baked goods and handcrafted items. See milford-mainstreet.org or call 672-4567.

• **FOOD MAPS** The NH chapter of the Northeast Organic Farming Association offers maps (available in print from NOFA-NH at 224-5022 or info@nofanh.org or in an interactive version at www.nofanh.org) showing locations of organically produced foods across the state. Online, click "Organic Farms and Land Care." The site lists farms by region and can narrow down the search by type of food.

• **NH ONLINE FARMERS MARKET** www.nhfarms.com offers links to NH farms selling fruits, vegetables, meats, dairy, maple and honey products, flowers, baked goods and more.

CSAs

• **LOCAL HARVEST CSA** Snow's still on the ground but the CSAs (community supported agriculture, which sell shares of upcoming harvests) are already looking for members. Local Harvest CSA runs May through November and will offer three season plans this year — a three-week spring membership, an 18-week summer membership and a five-week fall membership, according to a press release. Call 731-5955 for details.

Festivals/cook-offs/expos/parties/book events

• **CUPCAKE BENEFIT** Courville Communities has partnered with Frederick's Pastries, 109 State Route 101A, Amherst, 882-7725; 25 S. River Road, Bedford, 647-2253, www.pastry.net, to host "Carlyle and Cupcakes," an event to benefit the independent and assisted living facilities, at Carlyle Place, 40 Route 101, Bedford, on Thurs., April 7, from 4:30 to 6:30 p.m. The event will feature tours of the assisted-living facility and a special presentation by bakers from the pastry shop. RSVP by March 31

at 647-5900 ext. 24 or dpourde@courvillecommunities.com.

• **HURLING PARTY** The Barley House, 132 N. Main St., Concord, 228-6363, www.thebarleyhouse.com, will host a season kickoff party for its hurling team, The Barley House Wolves, on Fri., April 8, from 7 to 10 p.m. The event will feature light appetizers and live Irish music, as well as an attempt to set a record for holding a full pint of beer at the end of a hurley (the wooden stick used in hurling). Proceeds will help pay for the team's trip to the national hurling championships in San Francisco.

• **ALLYOU CAN EAT GAME** Every fan at the New Hampshire Fisher Cats game against the Trenton Thunder on Sat., April 9, at 1:35 p.m. will receive free hamburgers, cheeseburgers, hot dogs and nachos during the game. Tickets cost \$10 and \$12 and can be purchased in advance or on game day.

• **TASTE OF THE NATION** Share Our Strength's Taste of the Nation Manchester will be held at the Radisson Hotel, 700 Elm St., Manchester, on Wed., April 20, from 6 to 9 p.m. Participating restaurants include Bed-



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EASTER OFFERINGS

"Easter Specials" Order Sheet

Easter is Sunday, April 24, 2011

Order Deadline - Saturday, April 16th

Order Pickup - Saturday, April 23rd - 9 AM to 4 PM

Clearflour Bakery

| | |
|---------------------------------------|----------|
| French Baguette | \$3.50 |
| Large Rustic Italian | \$4.75 |
| Ciabatta | \$2.75 |
| Large Rosemary Focaccia | \$4.75 |
| Large Caramelized Onion Focaccia..... | \$5.50 |
| Small Green Olive Roll | \$.95/ea |
| French Crusty Roll | \$.55/ea |

Adam's Dinner Rolls

Soft Powdered White Rolls 12/\$5.95

Savory Pies

| | |
|--|---------|
| Pizzagaina | \$16.95 |
| A traditional Easter pie made with eggs, spinach, prosciutto and four kinds of cheese. | |
| Salmon Pie | \$16.95 |
| Pork Pie | \$15.95 |

Cookies

| | |
|--|-----------|
| Finikia | 6/\$4.75 |
| Butter cookie with orange blossom syrup & nuts | |
| Baklava | 6/\$7.95 |
| With pecans, almond and walnuts in an orange blossom syrup | |
| Koulourakia | 12/\$5.95 |
| Twisted Butter cookie with sesame seeds | |
| Russian Tea Cookies | 6/\$4.75 |
| With butter and powdered sugar | |

Cheese & Fruit Platters

| | |
|--|---------|
| Small (12" tray) - serves 12-15 | \$39.00 |
| Medium (16" tray) - serves 20-25 | \$49.00 |
| Large (18" tray) - serves 30-35 | \$59.00 |

Antipasto Platters

| | |
|--|---------|
| Small (12" tray) - serves 12-15 | \$39.00 |
| Medium (16" tray) - serves 20-25 | \$49.00 |
| Large (18" tray) - serves 30-35 | \$59.00 |

Quiche - 9 inch pie pan

| | |
|---------------------------------------|---------|
| Vegetarian | \$10.00 |
| Broccoli, mushrooms, provolone cheese | |
| Seafood | \$12.00 |
| Crabmeat, shrimp & scallops | |
| Lorraine..... | \$10.00 |
| Ham, bacon, onions & Swiss cheese | |

Dessert Pies

| | |
|-------------------------------|---------|
| Chocolate Cream | \$15.95 |
| Custard | \$14.95 |
| Lemon Meringue | \$14.95 |
| Ricotta | \$15.95 |
| Key Lime w/whipped cream..... | \$15.95 |

Laura's Raspberry Lemon Scones \$1.95/ea

Brownie Easter Eggs \$3.95/ea

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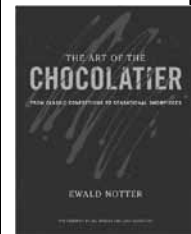
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FOOD

In the spotlight



The Art of the Chocolatier, by Ewald Notter, John Wiley & Sons, Inc., 2011.

I have two things to say about this book: it's really good, and you're not likely to care. The recommended equipment listed in the first section includes commercial food processors

(hundreds of dollars), confectionary guitars (thousands of dollars), and tempering/enrobing machines (tens of thousands of dollars). This isn't your do-it-at-home guide; *The Art of the Chocolatier* was written for the professional.

While Notter includes a half-hearted discussion of chocolate history and production, you'll learn more about history from Sophie and Michael Coe's excellent *The True History of Chocolate* (Thames & Hudson, 2000) and more about production from Maricel Presilla's *New Taste of Chocolate* (Ten Speed Press, 2000).

Having won awards for Pastry Chef of the Year, National Pastry Team Champion, and gold medals from some 15 pastry competitions, Notter's a serious guy with a lot of technique under his belt. I've studied in Tuscany with Luca Mannori, captain of the Italian International Pastry and Chocolate Team, as well as in France with the extraordinary chocolatiers of Ecole du Grand Chocolat Valrhona, and I still found some neat surprises and novel techniques in Notter's book. The writing is easy to understand, the photos are numerous and clearly illustrate the techniques, and the book is thorough.

While *The Art of the Chocolatier* is massive overkill for the typical home cook, there's plenty in here for professional chocolatiers of all levels. I give it an "A."

—Rich Tango-Lowy

ford Village Inn, The Black Water Grill, BML Catering, Butter's Fine Food and Wine, Cactus Jack's, Celery Sticks Cafe, The Common Man, Drumlin's at Stonebridge Country Club, Eden Restaurant and Lounge, Edible Arrangements, Firefly American Bistro & Bar, Fratello's Ristorante Italiano, The Granite Restaurant, Hanover Street Chophouse, Hart's Turkey Farm, Harvest Market, Hermano's, Hooked, Ignite, Jacques Fine European Pastries, Jake's Old Fashioned Ice Cream & Sweet Shoppe, J.W. Hill's, Lazy Lion Cafe, Manchester Country Club, Manor on Golden Pond, Mill City Roasting/Java Tree Gourmet Coffee, Murphy's Taproom, Nonni's Italian Eatery, O Steaks and Seafood, Pesce Italian Kitchen, Piccola Italia Ristorante, The Quill at Southern New Hampshire University, Republic, Richard's Bistro, Shorty's Mexican Roadhouse, Slice of Heaven Catering, Stella Blu, Sweet Cierra's, T-Bones, Tidewater Catering, Tuscan Kitchen, Whipper-snappers and The Wild Rover Pub. Tickets cost \$60 and \$100 at www.strength.org/manchester.

• **TASTE OF DOWNTOWN NASHUA** The Taste of Downtown Nashua will be held on Wed., June 1. Tickets for the event are slated to cost between \$25 and \$30. Participating restaurants have not yet been announced. Visit www.downtown-nashua.org.

Chef events/special meals

• **SPRING FEAST WEEK** Nashua will host its third annual Spring Feast Week, organized by Great American Downtown, from Mon., April 4, through Fri., April 8. Gate City restaurants will offer special deals, meals and tastings during the week-long event. See downtownnashua.org.

• **SERBIAN DINNER** High Mowing School, 222 Isaac Frye Highway, Wilton, will host "An Evening of Serbian Cuisine and Culture" on Sat., April 9, at 7 p.m. The event will feature a three-course Serbian meal and a performance by Balkan Express Boston. Tickets cost \$50 and can be reserved at cedar@highmowing.org or 978-697-2043. All proceeds will benefit the school's International Youth Film Collaboration block project, which gives students the opportunity to spend two weeks in Serbia in May.

• **EATS WEEK MANCHESTER** Intown Manchester will host "Eats Week" in the Queen City from Sun., April 10, through Thurs., April 14. During Eats Week participating restaurants will offer meal deals at \$5, \$10 and \$20 price points. Restaurants participating in this year's event include 900 Degrees Pizzeria, A Caribbean Affair, Ben & Jerry's, Cotton, Edible Arrangements, Firefly American Bistro & Bar, Fratello's Italian Grille, Ignite Bar & Grille, JD's Tavern, Jillian's, J.W. Hill's, Milly's Tavern, Nadeau's Subs, Salads & Wraps, The Pavilion at the Hilton Garden Inn, Portland Pie Company, Red Arrow 24 Hour Diner, Richard's Bistro, Thousand Crane, The Wild Rover Pub, Wings Your Way and Z Food & Drink.

• **A NIGHT AT THE FAIRE** Concord Hospital will hold its benefit "A Night at the Renaissance Faire" on Sat., April 16, from 7 p.m. to midnight at the NH National Guard Armory in Concord. The evening will feature eats, a silent auction,

dancing and entertainment. Tickets cost \$100 per person and are available by calling 225-2711 ext. 3076 or going to www.ch-trust.org.

• **FUNDRAISING GALA** "An Evening of Old Hollywood Glamour" ballroom gala will be held at the Radisson Hotel, 700 Elm St., Manchester, on Sat., May 21, from 6 to 11 p.m. The event will feature hors d'oeuvres, a three-course dinner and a performance by Rico Barr and the Jump 'N' Jive Review as well as local ballroom dancers. Tickets cost \$55 until April 27, after which the price will increase to \$60, at www.mealsonwheels.org or 424-9967. All proceeds benefit Meals On Wheels and Community Dining in Hillsborough County, provided by St. Joseph Community Services, Inc.

• **THE QUILL**, the hospitality restaurant at Southern New Hampshire University, 2500 N. River Road in Manchester, www.snhu.edu/restaurant, offers a series of lunches (Tuesdays and Fridays) and dinners (Thursdays). The lunches for the spring semester will be American regional cuisine — the lunch series will start off with New England. Most of the dinners will have an international theme. Call 629-4608 or e-mail fineline@snhu.edu for reservations. Guests can bring their own wine to the dinners. See menus online.

Church/charity suppers/bake sales

• **HAM & BEAN DINNER** at Main Street United Methodist Church, 154 Main St. in Nashua, www.mainstreet-umc.org, 882-3361, the first Saturday of each month, October through May, from 4:30 to 7 p.m. Admission costs \$8 for adults, \$7 for seniors, \$4 for children ages 6 to 12; children under 6 get in free. Dinner

will include family-style servings of ham, two kinds of beans, potato salad, cole slaw, bread and pie.

Cooking classes/workshops

• **CHEZ BOUCHER COOKING SCHOOL** Chez Boucher Cooking School, 32 Depot Square in Hampton, 926-2202, www.chezboucher.com, offers one-day workshops, mini-sessions, international cooking, cooking with friends, team-building, classes for kids, international tours and more.

• **CREATIVE FEAST CLASSES** Liz Barbour's Creative Feast, www.thecreativefeast.com, has a schedule of classes for the winter and spring. On Fri., April 22, from 6 to 9 p.m. at Granite State Cabinetry, it's "Feasting on Healthy Seafood," a \$70 class featuring dinner and a wine tasting. Learn to shop for and prepare salmon, tuna, shrimp and cod. On Fri., May 20, from 6 to 9 p.m., the class (also at Granite State Cabinetry) is "Feasting with Health Boosting Herbs and Spices, a Vegetarian Menu." For \$70, the class includes a dinner and wine tasting and demonstrations of how to work with a variety of different herbs and spices. E-mail lizb@thecreativefeast.com or go online to register.

• **CREPES** The Amherst Town Library, 14 Main St., Amherst, 673-2288, www.amherst.lib.nh.us, will host a "Sweet and Savory Crepes — Cooking Demonstration & Tasting" on Tues., April 12, from 6:30 to 8:30 p.m. by Chef Elizabeth Skipper of The Everyday Epicure in Amherst. The course is free and open to the public. Register to attend at library@amherst.lib.nh.us or 673-2288.

• **FREDERICK'S PASTRIES** at 109 Route 101A in Amherst offers classes for kids and adults in cake decoration and design. Check www.pastry.net or call 882-7725

Weekly Dish

continued from page 34

entrée and "Spanish Chocolate Temptation" for dessert. Dinner costs \$60 and reservations are required.

• **Homemade Greek treats:** Assumption Greek Orthodox Church, 111 Island Pond Road, Manchester, will hold a bake sale on Saturday, April 16, from 10 a.m. to 1 p.m. Baked goods will include spinach pita, Greek cookies and Easter bread.

• **Get ready for spring:** T-Bones and Cactus Jack's chef Nicole Barreira will host "After Work with Chef Nicole – Sips, Inside Tips & Treats" on Monday, April 18, from 5 to 7 p.m. at T-Bones, 39 Crystal Ave., Derry, 434-3200, www.t-bones.com. At this month's "Freshen Up for Spring" event, Barreira will share spring-themed drinks and wines and chicken bean chili with her guests. Children 12 and under will eat free at all T-Bones and Cactus Jack's locations from Monday, April 25, through Thursday, April 28.

• **Top chef cook-off:** The Concord YMCA's seventh annual Spring Social and Top Chef Burger Cook-Off will be held at the Grappone Conference Center, 70 Constitution Ave., Concord, on Tuesday, April 26, from 5 to 8:30 p.m. The event will feature a wine and beer tasting and silent auction. Chefs from The Barley House, The Common Man, Granite Restaurant, Tandy's Top

Shelf and The Celery Stick Café will participate in the burger competition. Tickets cost \$35 for the 21-plus event. All proceeds benefit the YMCA's Kids Campaign Fund. Call 228-9622 ext. 127 or visit www.concordymca.org for tickets.

• **Murder, mystery and wine:** Zorvino Vineyards, 226 Main St., Sandown, 887-8463, www.zorvino.com, will hold "Three Strikes & You're Dead!" a baseball-theme murder mystery event, on Friday, April 29, at 6:30 p.m. The cost is \$30, which includes a book from one of four featured authors who will also be part of the show.

• **Fresh spring produce:** Charming-fare Farm, 774 High St., Candia, 483-5623, www.charmingfare.com, will start its spring Community Supported Agriculture (CSA) on May 11 or May 18. Offerings will include spinach, radishes, scallions, lettuce, kale, collards, kohlrabi, Swiss chard and herbs. The cost is \$139, with pick-ups on Wednesdays from 4 to 6 p.m.

• **Wine and beer tasting for success:** The New Hampshire Food Bank, 70 East Industrial Drive, Manchester, will hold a "Wine & Brew-ha" event on Friday, May 13, from 6 to 9 p.m. to benefit its Recipe for Success program. Tickets cost \$60 at www.nhfoodbank.org.

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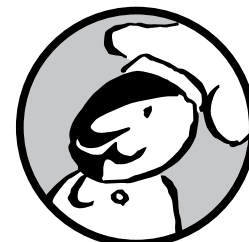
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DRINK

New World, Old World

What's the difference?

By Paulette Eschrich
food@hippopress.com

I thought this week's column was going to be a slam dunk.

One of my fellow oenophiles was hosting a blind tasting of wines that were categorized as Old World or New World. In the wine community those terms are stylistic shorthand. Wines made in a traditional manner in European countries are broadly classified as Old World, and wines from the Americas, Australia, New Zealand and other countries fall into the latter group.

The terms actually embody more than just geography. Old World wines generally come from countries that have a winemaking history of centuries rather than decades. Over that time, Old World farmers (or viticulturalists) and winemakers have learned which grapes grow best in specific vineyards based on soil type, altitude, the direction of a slope, rainfall, proximity to oceans, average temperatures from spring through autumn, and a wide variety of climatic conditions.

That is part of the reason that Old World wines are more closely identified with the place where they originate than the types of grapes with which they are made — we look for Chianti (a place) from Italy more often than a Sangiovese (the grape). French wines are referred to as Bordeaux or Burgundy rather than Cabernet Sauvignon or Pinot Noir.

I often joke that wine is just another food group. That comes out of the European mindset that wines are meant to be consumed as part of a meal. Old World wines are historically lower in alcohol and have subtle flavors meant to enhance the local culinary fare. Hence the mantra: wines and foods that grow together go together.

In contrast, New World wines often are more of an expression of the grape or varietal than of the specific vineyard that produced the wines. More recently New World wines are exploring vineyard-specific characteristics, but New World wines are still mostly marketed as Chardonnay or Malbec or Zinfandel. The focus is on the expression of the fruit.

In general, New World wines grow in warm climates that produce riper grapes, which results in bolder, more fruity, higher-alcohol, "drink now" wines. These brash, lusty "fruit bomb" wines work well with New World cuisine like barbecue, chili con carne, and grilled steaks. They are also more suitable to sip as a pre-prandial cocktail or when you're out bar-hopping with friends, by themselves or with a snack rather than with a full meal.

What we discovered in our blind tasting of two wines each from the Big Six — Sauvignon Blanc, Riesling, Chardonnay, Cabernet Sauvignon, Pinot Noir and Merlot — was that the Old World/New World labels may no longer be relevant. In a global community where critics like Robert Parker and the writers from Wine Spectator carry tremendous influence, the two ends of the spectrum are converging and at times crossing. This trend is further fueled by wine consultants with clients in Spain, California, Argentina and South Africa,

further blurring the regional differences.

The quest for commercial success may be triumphing over the desire to create a wine that is a unique expression of a particular place, or as the French say *terroir*. Or perhaps the winemaker doesn't want to be constrained by traditions, and seeks to be true to what a particular vintage reveals regardless of the style labels.

We tasted many delicious and delightful wines; however, trying to force fit them into the New World or Old World column was more of a challenge. So what follows are a few of my favorites from the tasting without paying direct homage to the New World/Old World monikers! All are widely available at the New Hampshire State Liquor stores unless otherwise noted.

2008 Trimbach Riesling, Alsace, France (NH Code 19244) \$16.99. Straw-colored with brilliant sparkle in the glass, this classic Riesling's Alsatian style was apparent from the start. Less sweet than its German cousins, the aroma hinted at minerality and honey with a dash of petrol followed by peach and lychee. The citrus and high acidity made this a perfect wine to serve with sautéed trout with almonds.

2009 Morgan Sauvignon Blanc, Monterey/Sonoma (NH Code 33573) \$14.99. Upon first sniff, this wine was declared "funky" by most of the tasters — herbal, barnyard, and asparagus — not usually your most favorable descriptors. With patience and some robust swirling, the wine settled down. The asparagus was less pronounced and the herbal-grassy component mixed with grapefruit and lime with a layer of minerality — which I erroneously pegged as from New Zealand or South Africa. A complex wine at a reasonable price, a summer sipper with baked scrod or crab cakes.

2007 Jolivet "Attitude" Sauvignon Blanc, Loire Valley, France (NH Code 39868) \$14.99. Big aromatics made several of us think this was a Viognier — more floral than the Morgan, but with similar grassy, herbal notes and flavors of lime and grapefruit. An equally good value, with complexity and refreshing acidity.

2006 Robert Stemmler Nugent Vineyard Pinot Noir, Russian River Valley, Sonoma (NH Code 45837) \$35.99. This has long been one of my favorite California Pinot Noirs, bursting with ripe cherry and wild strawberries on the nose and palate, and yet restrained and elegant at the same time. Paired with a shiitake mushroom café — perfection!

2006 Kelley Creek Merlot, Alexander Valley, Sonoma (NH Code 13829) \$14.99. Paired with a St. Emilion from Bordeaux at twice the price, this 100 percent Merlot was a crowd-pleaser. This ruby red exhibited layers of berry and plum, toasted oak, with spicy black pepper on the finish. Smooth tannins and medium acidity made this a wine that could be enjoyed by itself or served with juicy steak tips.

Paulette Eschrich works at LaBelle Winery in New Hampshire and leads a monthly wine book club at WineNot Boutique in Nashua.

DRINK

Red, white and green A lot of wine, a little cash

Perhaps this is what happens when you don't have white wine for a while — you have all of them at once. Specifically, Pinot Gris, Viognier, Riesling, Pinot Blanc, Muscat and Albarino — those were the whites listed on our bottle of **2007 Tagent Ecclestone White** from the Central Coast (\$16.99). This was a pretty white — pretty in color and in taste and smell. It had a golden, light straw color, like liquid sunshine in a glass. On the nose, we got the aromas of pear and green apple. The flavor was a delight — pear, a bit of green apple tartness and even some buttery pastry flavors. Without being heavy, as an oaky chardonnay sometimes can, this wine had a full mouthfeel. We sipped it by itself but it would go nicely with lightly spiced appetizers.

Of course, it's still cold enough to need a



red wine in the mix and we tried the **2006 Baileyana Pinot Noir** Grand Firepeak Cuvee from Edna Valley (\$15.99). We've been having a tough time with pinot noirs lately. It seems so many of them are turning out big and crazy, almost like a zinfandel take

on the pinot. This pinot, however, was smooth and surprisingly well-balanced. In structure, it almost reminded us of French-style pinots, though without the punchiness or barnyard smells. This wine was enjoyable, a solid food wine, with nice fruit and a bit of spice.

Each week in "Red, White & Green," two wine-lovers look at red and white wines, none over \$20 (and most under \$15), in an attempt to find some great bottles for good prices. All prices are according to the state liquor store (nh.liquor.state.nh.us) unless otherwise stated.

Drink Listings Classes/workshops on wine/beer making

• **SPLIT A BATCH OF RED MOUNTAIN CABERNET SAUVIGNON** at IncrediBREW, 112 DW Highway in Nashua, 891-

2477, www.incredibrew.com, on Wed., April 27, at 7 p.m. For \$80 make 10 bottles (bottles included) of cab; return in six weeks for bottling. Call to sign up.

• **BARLEYWINE BREWFEST** at IncrediBREW in Nashua, 891-2477,

www.incredibrew.com, on Wed., May 4, at 6 p.m. Make two cases of strong, 11 percent ABV barleywine and return in three weeks to bottle (after which the brews will require aging) for \$70 (bottles not included). Call to sign up.

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Greystone Cellars Chardonnay 2009

90 points! "Surprisingly rich and complex for the price. Shows pineapple, pear and oaky vanilla flavors...balanced with crisp acidity. **Best Buy.**"

Wine Enthusiast 12/31/10

NHSLC Code# 15358
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Santa Carolina Reserva Pinot Noir, Chile

Aromas of raspberries and white pepper abound. On the palate, this medium-bodied wine shows outstanding fresh red fruit characters. Ideal with tuna fish, salads or pasta with light sauces.

NHSLC Code# 15005
Regular Price \$11.99

SAVE \$2.00

Sale \$9.99



Red Decadence Chocolate Red Wine

Entwines the aromas and flavors of black cherry, blueberry and plum with touches of rich, dark chocolate. Like liquid chocolate truffle in a bottle—truly the best of both worlds.

NHSLC Code# 15197
Regular Price \$11.99

SAVE \$2.00

Sale \$9.99



Sean Minor Pinot Noir, Carmelos

91 points, 'Editor's Choice'
"At this price, it's a steal."

Wine Enthusiast, 7/10

Medium-bodied with blueberry, cherry, plum and toast flavors balanced with silky tannins.

NHSLC Code# 15007
Regular Price \$16.99

SAVE \$2.00

Sale \$14.99



Hob Nob Cabernet Sauvignon, VDP D'OC

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NHSLC Code# 3211
Regular Price \$11.99

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POP CULTURE

**MUSIC, BOOKS,
GAMES, COMICS,
MOVIES, DVDS,
TV AND MORE**

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- Know thy winged neighbor
Includes listings for lectures, author events, book clubs, writers' workshops and other literary events. To let us know about your book or event, e-mail Lisa Parsons at lparsons@hippopress.com. To get your author events, library events and more listed, send information to listings@hippopress.com.

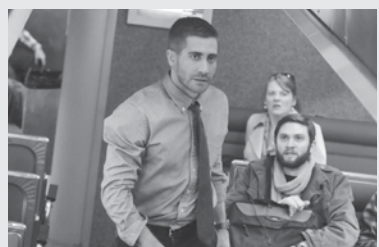
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- *Hop* **D+**



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POP CULTURE:

CDS

**Acid House Kings, *Music Sounds Better With You*
Labrador Records, March 22**



There's an old Baboon Dooley cartoon that haunts me whenever I start fuming to myself about the wimpy, bovine hopelessness of today's alt-rock. The strip featured Cream Metal editor Chuck Eddy as a cigar-chomping four-star general, blasting spittle in the face of poor loser trend-rock-critic Baboon, haranguing him for being such a dweeb.

It's tough: if I were stuck on a desert island with only xylophone-peppered indie (like that Los Campesinos song from the new Budweiser commercials) for entertainment, I'd bash my own head in with a rock and end it quick. But meantime I really try not to be that Chuck Eddy general in front of you guys, so my wife is the one who has to listen to me scream at the TV when Los Campesinos (or the cutely repressed T-Mobile chick, etc.) comes on, with all that stupid wimpy xylophone (do you guys really like xylophone, or is this a colossal generational punking?).

That being said, the new Acid House Kings record is acceptable to me. Pure, unapologetic Columbia House pop, like Belle & Sebastian picking up on Phil Collins's '60s-girl-group fetish, xylophone-free (save for some emulation on "Waterfall"), whimsical state-of-the-art alt-rock that I'd normally toss spitballs at if it weren't awesome. So buy it, or whatever you do to obtain music. **A** —Eric W. Saeger

**Yellowjackets, *Timeline*
Mack Avenue Records, March 15**



Considering the space Yellowjackets fill in the jazz continuum, one would expect them to be more of a household name than they actually are in the real world, meaning outside the realm of people with rudimentary knowledge of the genre. Loping, slick as hell, and often gorgeous, what these guys do isn't quite fusion and not quite WeatherScan background either; it's highly evolved stuff that eschews the sometimes-too-quirky knuckleballs of Weather Report in favor of post-bop reverence and blow-doors melody, as in

the root riff of this album's title track, which, in a different, less overpopulated music world, could become as much a staple of pop culture as Brubeck's "Take Five," if you'll allow me an excited moment. Just a peach, this record. It's their 21st album celebrating 30 years, and longtime drummer Will Kennedy is back. **A+** —Eric W. Saeger

Playlist

A seriously abridged compendium of recent and future CD releases

• Thanks to "bedroom recordings," your generation has a hundred times as many bad bands as previous generations, but **TV On the Radio** isn't one of them, as of today anyway. Their fifth studio album, *Nine Types of Light*, will be out Tuesday, and its second advance single is "Caffeinated Consciousness," a cool hard-funk joint that's half INXS and half MGMT.

• Judging by the un-pro-sounding falsetto singing on their new single "Rope," someone apparently told **Foo Fighters** to listen to LCD Soundsystem. The tune comes out next week, along with the rest of their new album *Wasting Light*, courtesy of whatever giant record company believes grunge-metal still makes lots of money. At least it's not like "Wheels," ha ha, remember when they were trying to be a southern-fried Creed?

• As we know from her days hanging around with Robert Plant, **Alison Krauss**'s favorite hobby is being the hot chick around old fat guys. She hangs with old fat guy band Union Station for her new album *Paper Airplanes*, featuring the sort-of-title-track "Paper Airplane," a tearjerky country chillout decorated nicely with mandolin, banjo and other ren-fair instrumentation.

• Like Lady Gaga, annoying British songbird **Jessie J** started doing albums six years ago and claims to be only 22 while looking more like age 30, and like Katy Perry she has a bisexual-tease angle, which will completely disappear the minute she starts dating whatever dopey-looking Hollywood slacker dude from the Judd Apatow clique, all while the rest of the planet descends into worldwide depression and anarchy, but that's the good news. Her new album *Who You Are* features such blue-ribbon suckage as "Do It Like a Dude," a song that sounds like Rihanna trying to exploit the now long-dead grime genre, but with Autotune all over the place, since Jessie apparently didn't get the industry-wide memo. We have not yet determined her bra size, but reporters are rushing to the scene. —Eric W. Saeger

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The human zoo

Imago's creature theater in Concord



ZooZoo. Courtesy photo.

By Adam Coughlin
acoughlin@hippopress.com

Imago Theatre's ZooZoo, which arrives in Concord on Sunday, April 10, is a unique visual performance. The show's artistic director likened the experience to walking into a theater and seeing a movie for the very first time.

The show brings animal characters to life in "creature theater" that involves no spoken words but lots of entertainment. It is the culmination of more than 30 years of experimentation by Carol Triffle and Jerry Mouawad, who founded Imago Theatre in the late 1970s.

"We were in our 20s when it began, and we were actors but also visual artists," Mouawad said over the phone from Portland, Ore., where the theater is based. Mouawad said at the time the two weren't attracted to conventional, text-based theater. He said he once saw one of his teachers perform in a mask and it opened his mind to the potential of theater. "It was like you entered another world," said Mouawad, who is ZooZoo's artistic co-director.

"ZooZoo is a form of theater you don't often see," he said. It is a combination of comedy, vaudeville, illusion and theater, all portrayed by animal characters such as a giant dinosaur, hungry anteaters, and introverted frogs.

"There are a lot of animals in the show," Mouawad said. "But we are also playing with the human condition. We are looking at ourselves through animals. This is nothing new. Pixar and Disney do it all the time, but it is new

in this form. It might be something you'd see in Europe, but our work is very American."

It has also been very popular. Imago Theatre, with its various shows such as ZooZoo and Frogz, has traveled to every state in the U.S., as well as Asia, Canada and parts of Europe. Mouawad said such travel has been possible because the show is economical and doesn't involve three or four trailers like some Broadway shows. He said Imago has performed in barns in rural areas and 3,000-seat theaters in urban centers.

Through those many performances, Triffle and Mouawad have taken hours and hours of material, which could be performed for seven days straight without a break, and condensed it to the very best 90 minutes.

Since the performance is so unique, it is difficult to cast. Mouawad said they cast from Portland and New York City and look at 200 performers for one spot. Mouawad said he looks for three distinct qualities: comedy, physical athletic ability and physical grace. Even when the actors have these skills, Mouawad said 99 percent don't have the vocabulary for this show and must be taught. That is why, even though the show may look simple on stage, it is very challenging to direct and perform.

"It is like a Japanese line drawing," Mouawad said. "It may look simple but it was difficult for the artist to create that perfect line."

Audiences seem to appreciate all the hard work. "People are rarely not overwhelmed," Mouawad said. "The show is really just that three-letter word: fun."

Imago Theatre: ZooZoo

When: Sunday, April 10, at 4 p.m. and a special classroom workshop on Monday, April 11, at 10 a.m. and noon.

Where: In the Chubb Theatre at the Capitol Center for the Arts, 44 South Main St., Concord, www.ccanh.com, 225-1111

Tickets: \$34.50 (\$24.50 for students and seniors), \$20 for balcony. Workshop costs \$7.

Info: www.imagotheatre.com

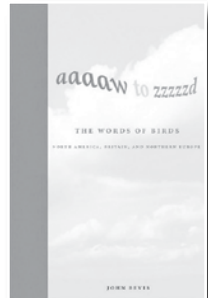
Know thy winged neighbors

New guidebooks help identify birds

By Lisa Parsons
lparsons@hippopress.com

Any day now the robin will be singing outside my window at 3 a.m. I will dream of throwing things at him. But I look forward to him, because he means spring and sun.

Being inquisitive — why does the robin have no manners and think it is acceptable to sing at 3 a.m. — I have sought references. Here are some of the newest bird guides.



Aaaaw to zzzzzd: the words of birds: North America, Britain, and Northern Europe, by John Bevis, The MIT Press, 2010, 144 pages. Why would someone make a list of bird sounds like "zi-zi-

zi-zi-zeee" and "zoo zee zoo zoo zee"? John Bevis writes, "In a way I'm calling the bluff of the ornithologists — if they're happy to make up words that seem to them to represent the sounds of birds, then a glossary of those words ought to be legitimate." So, after some talk about how birds lack lips and people lack syrinxes, and how "krrr" is different from "kr-r-r", he presents two lexicons, one for North America, one for Great Britain and Northern Europe. This is what you need if you ever think, "What is that bird? I can't see it, but I hear it singing 'cor cor cor.'" Open this little guide, scan down the list to 'cor cor cor' and find out it's an Idahoan tweety bingle. Except I made that up, there's no such bird, and 'cor cor cor' is not in the lexicon. Which is probably what'll happen to you, because if you gather 12 people and ask them to write in English what a given bird just said, you'll get 12 different answers.

You will notice, however, that the entries

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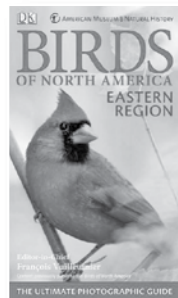
in this book do match, at least somewhat, the sounds described in bird guides such as the ones listed below. There must be some degree of standardization, though I'm not sure who's in charge.



National Geographic Backyard Guide to the Birds of North America, by Jonathan Alderfer and Paul Hess, National Geographic Society, 2011, 254 pages.

It's no surprise that this guide has impressive photographs.

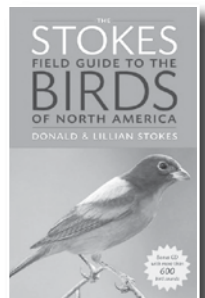
But it also has good, detailed drawings. At the top of each page you'll see a category name. I don't see "Robin" and I'm not sure what category a robin would be in, so I head to the index. It turns out I want American Robin (in the "Thrushes" category). It says, "In northern areas, the male's loud, caroling song is a welcome harbinger of spring." There are two photographs and four drawings — male, female, juvenile and in flight. There are headings for Identification, Range, Food, and Nesting. (Under Nesting: "Robins are not shy about nesting around homes....") (Under Identification: "Loud caroling song has a cheerful, bubbling quality." Yes, I'd noticed.) A small map shows what regions it frequents. The front of the book advises how to make your yard welcoming to birds — how to choose a bird house, bird food, landscaping. Then there's "Keys to Identifying Birds" and the bulk of the book, "Guide to 150 species." For a taste, visit <http://animals.nationalgeographic.com/animals/birding>.



American Museum of Natural History Birds of North America Eastern Region, edited by Francois Vuilleumier, DK Publishing, 2011, 480 pages.

This book is similar to the Nat Geo in organization, but visually it's a step down. I go straight

to the index for Robin and choose "American" rather than "Clay-colored." American Robin has one full page. Four drawings: male, female, juvenile and in flight (just like the Nat Geo guide), and one small adequate photograph. A very small map shows what regions the Robin frequents. A small chart gives its length, wingspan and other vitals. A tiny box labeled "Similar Species" tells us not to confuse the Robin with the Varied Thrush. The itty-bitty, get-out-your-glasses text describes its migration patterns, voice, nesting, breeding and feeding. Perhaps the best, most distinguishing feature of the book is that it also shows a flight diagram, a line that depicts the path a Robin typically takes when flying through the air. These can be very helpful in identifying birds, if you chance to see your bird flying. Some fly in long swoops, some in jittery ups and downs.



The Stokes Field Guide to the Birds of North America, by Donald & Lillian Stokes, Little, Brown & Co., 2010, 792 pages plus CD of bird sounds.

This includes far more birds than you will encounter in New

England; so does the Nat Geo guide, but *Stokes* is a far thicker and heavier book. The authors live on 48 acres in New Hampshire and keep a blog at www.stokesbirdingblog.blogspot.com. This guide is mainly straight-up text. It has lots of abbreviations and some advanced terminology — easily look-up-able in the "How to Use This Guide" but could slow you down if you aren't already fluent in words like "supraloral." The book's up-front "Photo Key to the Parts of Birds" is kind of cool and helps with the terms, though. The one page for American Robin shows six photos, not spectacular but good, plus rather straightforward, technical descriptions of its shape, coloring, habitats and voice. The CD is, of course, a plus, but really, if you have web access ... then again, you might not, in the field.

I give the National Geographic guide the nod as the overall best, most useful guide for beginners because it's easiest to read and navigate, best at describing sounds and giving you quick access to the sort of information that matches what you'll encounter in your yard. Also, the DK guide has irritatingly tiny print. But the flight-path drawing in the DK guide was what really nailed one bird ID for me — those drawings make the DK very valuable. The Stokes I'd save for when you're past the beginner stage.



There is another new book I haven't had a chance to review, but I've seen the promotional material: **The Crossley ID Guide: Eastern Birds**, by Richard Crossley, Princeton University Press, 2011,

544 pages. It boasts 10,000 color images, but they're combined, Photoshop-wise. Each image in the book is a composite created from maybe six or 10 different real-life images. So the pelican page shows one big picture of a couple dozen birds doing different things on a stretch of pond, some close to the camera, some far away, some flying — but those birds were not all actually there at the same time. This is Photoshop at its best, or its most confusing and misleading (certainly about how the birds congregate and socialize). I'm not thrilled with the gimmick and I think sometimes the backgrounds overwhelm the birds. Yes, it's good to see birds in their natural habitats and natural poses, because that will match what you see in the field. But will it "help you become a better birder" as claimed? I don't know. The book's real estate is taken up mostly by photography, with little text. See www.crossleybirds.com.

P.S. I am told the robin's lack of manners may result from our own: city-dwelling birds have to start singing early to beat the competing din of morning rush-hour traffic.

Counting birds

Four times a year New Hampshire Audubon puts out a booklet called "New Hampshire Bird Records," listing sightings by New Hampshire residents. A recent issue shows that last year 22 white-throated sparrows were spotted at a residence in Manchester on May 1, and someone somehow counted 1,500 tree swallows at Spofford Lake in Chesterfield on April 17. See www.nhbirdrecords.org.

POP CULTURE:

BOOK & LECTURE LISTINGS

Author events

• **TOM WESSELS** will talk about his new book, *Forest Forensics* — a field guide and companion volume to his *Reading the Forested Landscape* — on Thurs., April 7, at 7 p.m. at Gibson's Bookstore, 27 S. Main St., Concord, 224-0562, www.gibsonsbookstore.com.

• **JOHN CLAYTON** author of *Remembering Manchester* and *You Know You're in New Hampshire When* will talk about tales from his books Thurs., April 14, from 7 to 8:30 p.m. in the Manchester City Library auditorium, 405 Pine St., 624-6550. Free and open to the public. Light refreshments will be served and copies of Clayton's books will be for sale.

• **ANDRE DUBUS III** will talk about his new memoir, *Townie*, on Thurs., April 14, at 7 p.m. at Gibson's Bookstore in Concord.

Lectures and discussions

• **DAVID BROOKS** will be the keynote speaker at the NH Humanities Council's 2011 Annual Dinner on Tues., Oct. 25, at the Radisson Center of NH in Manchester. Brooks has been a columnist for the NY Times since Sept. 2003 and has been a senior editor at The Weekly Standard and a contributing editor at Newsweek and Atlantic Monthly. He is the author of *Bobos in Paradise* and *The Social Animal*. Tickets for the annual dinner cost \$100 and support the hundreds of free events the NHHC makes possible each year. Buy tickets at www.nhhc.org.

• **EDUCATION: WHAT WILL MATTER TOMORROW?** with Mohit Mukherjee, founder and director of the University for Peace Centre for Executive Education in Costa Rica, Fri., April 8, 7-8:30 p.m. at Nashua Community College, 505 Amherst St., Nashua. Open to the public and free, but donations (\$10 suggested) are welcome to offset costs of NCC students to attend UPEACE.

• **NATIVE AMERICAN WOMEN** speaker series at Mount Kearsarge Indian Museum, 18 Highlawn Road, Warner, 456-2600, indianmuseum.org, at 1 p.m. April 10: Mohegan scholar Melissa Tantaquidgeon Zobel will talk about the life and work of her aunt, a tribal medicine woman.

• **AFTER IRAQ** lecture series at UNH Manchester on Tuesday evenings, 6-7:30 p.m., at 400 Commercial St., Manchester, unh.unh.edu, free and open to the public. April 12: "Who are the Kurds?" presented by Qubad Talabani, U.S. representative of the Kurdish Regional Government of Iraq since 2006.

• **HOLY SOUTH PARK?** discussion led by Matthew Dowd, UNH philosophy lecturer, Wednesdays noon to 1 p.m. in the third-floor auditorium at UNHM, April 27, exploring how this TV program has shed light on religion.

• **THE FUTURE OF POWER** presented by former assistant secretary of defense Joseph Nye on Mon., April 25, at Walker Auditorium at SNHU, 2500 N. River Road in Manchester. Reception at 6 p.m., program at 7 p.m. Tickets

\$50 at wacnh.org or 314-7970.

Poetry

• **SLAM POET BUDDY WAKEFIELD** will perform on Mon., April 11, at 7 p.m. in Wheeler Hall at Colby-Sawyer College in Hennessey. Wakefield has twice been named Individual World Poetry Slam Champion and has been featured on the BBC and HBO's Def Poetry Jam. Free and open to the public.

Other

• **BOOK SALE** on Sat., April 9, from 9:30 a.m. to 1:30 p.m. at Manchester City Library, 405 Pine St., 624-6550. Bring your own bags—any size bag, cloth or paper; fill your bags from the books, DVDs, and other items available, pay \$5 for each bag containing sale materials as you leave the room.

• **EDIBLE BOOKS CONTEST** Sat., April 9, 9 a.m.-noon at Hooksett Public Library, 1701B Hooksett Road, 485-6092. Individuals and groups of all ages are welcome to participate by creating something edible that is book-related. Details at www.hooksettlibrary.org.

• **STATE OF THE BOOKSTORE** open house reception Tues., April 12, at 6:30 p.m. at Water Street Bookstore, 125 Water St. in Exeter. Water Street staff will talk about the publishing industry and ask for feedback from customers, and unveil a new promotion. Join for wine, cheese and important discussion. Free and open to the public.

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The Book Report

• **National Poetry Month:** It's officially National Poetry Month, according to the Academy of American Poets. Visit www.poets.org for a poem a day, and note that Thursday, April 14, is Poem in Your Pocket Day: carry a poem with you to share with friends and co-workers.

• **UNH prof writes book:** University of New Hampshire professor John Carroll has published a new book, *The Real Dirt*. It follows Carroll's *The Wisdom of Small Farms and Local Food* (2005) and *Pastures of Plenty* (2008) as the third in a trilogy looking at sustainable agriculture and food security in New England. The audience for the book,

he says, is "anyone who eats and lives in this region. The book will give them a far deeper understanding of their own food," according to a press release. Carroll is a professor of natural resources and the environment at UNH. Vermont and Maine, he says, can produce food to feed about 20 percent of their populations; Massachusetts can feed 10 percent; and New Hampshire produces enough food for just 5 percent of its people. Research for *The Real Dirt* was funded by the New Hampshire Agricultural Experiment Station. The 136-page softcover is available at bookstores throughout New Hampshire, directly from the author (carroll@unh.edu), or by downloading and mailing this order form: <http://extension.unh.edu/news/realdirtflir.pdf>. —Lisa Parsons



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FILM REVIEWS BY AMY DIAZ



Insidious

Insidious (PG-13)

A family is tormented by ghosts and demons and a hysterical shrieking score in *Insidious*, a howling pell-mell haunted house ride that is kind of awesome.

Consider the way it begins: a little boy is asleep in his bed as his room is filled with eerie blue shadows and a devil-witch appears, accompanied by the most emphatically horrified horror-score you could imagine. Think *Psycho* times *Omen* to the *Drag Me to Hell* power, turned to 11. And then we get the title card, hellishly red and filled with the word *Insidious*, which briefly made me think of 1950s B-horror movies as well as the ultra-low-budget variety of slasher film you can occasionally find playing in the smallest room of a local theater.

What the hell am I watching, I thought. Mwah ha ha ha! Hell, indeed...

After some unspecified trouble in some unseen earlier home, work-at-home musician mom Renai (Rose Byrne) and her teacher husband Josh (Patrick Wilson) hope that the big new house they've moved their two boys and baby girl into will be a happy new start for their family. Because apparently they didn't notice that the giant, shadow-filled house with

a massive, creepy-junk filled attic is a remake of *Amityville Horror* just waiting for a camera crew. Soon, noises, moved stuff and even the corner-of-your-eye appearance of a person has Renai going all kinds of bananas. And then there's their son, Dalton (Ty Simpkins) who has fallen into what doctors are calling a coma. Without completely agreeing that the house is the problem, Josh decides to agree to Renai's desperate request that they move out of the house.

And, psyche! The house wasn't the problem at all! Spooky ghost-children and horrifying figures show up at the new house too. Renai consults a priest but Josh's mom Lorraine (Barbara Hershey) suggests talking to longtime friend Elise Rainer (Lin Shaye), a woman in touch with the Other Side.

Elise and her delightful, ghostbustery nerds who show up, *a la* Poltergeist, to determine if anything spooky is really going on. With converted Viewfinders and radiation detectors, Specs (Leigh Whannell) and Tucker (Angus Sampson) attempt to get a handle on the family's problems, bickering the whole time about whose job is more important to the process.

Whannell wrote the movie and is, both in the story and in his onscreen role, the source of a lot of its fun. But you can probably also credit James Wan, who directed *Saw* and co-wrote

it along with Whannell. Somehow, this movie got some of that movie's wicked sense of humor but without the sleaziness that became a hallmark of the series. Among its producers, this movie lists Oren Peli, a writer on both of the *Paranormal Activity* movies and director of the first one. *That* movie's love of the freak-out, the big "boo!" moment is evident here. Even with a score as big and loud and swooping as anything Jerry Bruckheimer has ever imagined, the movie still managed to sneak up on me and give me a jolt.

I'm not sure how quickly after the initial "what am I watching" moment I decided I liked this wacky movie and its crazy all-in tone, but it didn't take long. The actors manage to both make you laugh and restrain themselves from winking at the camera. Hershey and Byrne are great at playing it straight — Hershey as the woman who knows more than she's letting on and Byrne as a woman on the edge of hysteria herself. Then there's Wilson, who, with his classical handsomeness, you can forget is good at being weird. The cast excited me not at all going in to the film and yet they came together into something wonderful — and wonderfully loony — as the movie unfolded.

Insidious is a treat not just for horror fans but for those who complain that they don't make any good horror movies anymore — this one is a great haunted ride. **B+**

Rated PG-13 for thematic material, violence, terror and frightening images, and brief strong language. Directed by James Wan and written by Leigh Whannell, Insidious is an hour and 42 minutes long and distributed by FilmDistrict.

Hop (PG)

A would-be Easter Bunny thinks his true calling is to be a drummer in *Hop*, an aggressively dull blend of animation and live action.

E.B. (voice of Russell Brand) is next in line to take over the duties of

the Easter Bunny, replacing the current Easter Bunny, his father (voice of Hugh Laurie), who is looking to retire. But E.B. prefers rocking out on his drum set to making and delivering candy. So days before he's set to make his first-ever candy delivery, he escapes from Easter Island (the place where the bunnies and their factory workers, the chicks, prepare the world's seasonally decorated jelly beans, chocolate and marshmallows) and heads, like so many kids with stars in their eyes, to Hollywood.

At first, it's not looking good for him. A trip to Hugh Hefner's house — he takes in bunnies, according to E.B.'s star map — doesn't lead to a free place to stay, so E.B. is left wandering the streets of Beverly Hills. Which is where human Fred O'Hare (James Marsden) almost runs over him with a car.

Just as E.B.'s father wants him to straighten up and hop right, Fred's father (Gary Cole) think Fred needs a little direction. After a year of post-recession-layoff slacking at his parents' home, Fred is lovingly pushed from the nest by his family — including his mom (Elizabeth Perkins) and much younger sister Alex (Tiffany Espensen). His older sister Sam (Kaley Cuoco) takes pity on him and offers to let him crash at her boss's house and even hooks him up with what should be the perfect job interview. But then E.B. enters the picture. Fred isn't quite sure the talking, bipedal rabbit who guilts him into offering a place to crash is real, but Fred offers E.B. some space in the garage — complete with water dish and newspaper — anyway. The next morning, Fred learns that E.B. prefers fancier digs when he follows the trail of half-eaten carrots up the mansion stairs and into the master suite, where E.B. is playing video games (a *Guitar Hero*-like drums-based game, naturally) and getting comfortable in the Jacuzzi. Fred plans to kick E.B. out, but after explaining that he's Easter Bunny material (using that pooping-

jelly-beans trick from the trailer as proof), E.B. is allowed stay, endangering Fred's job prospects, his sanity and, though Fred doesn't yet realize it, the very nature of Easter itself.

The very nature of Easter being, for the purposes of this movie, a basket of candy. We go no further into Easter than bunnies, chicks and pastel confections. Since the Easter Bunny isn't quite the superstar that, say, Santa Claus is, the movie builds a bit of backstory for him: Easter Island, candy-making, traveling the world in one night in a vaguely Santa's sleighish egg-shaped contraption pulled by yellow chicks, the handing down of the Easter Bunny responsibilities from one generation to another. But the movie doesn't really have any fun with it — the Easter Bunny story could have been filled in with all sorts of fun details and clever visual moments, but instead this movie just Easters up some details from Santa. It's all rather hastily drawn, as is a subplot involving a power-mad chick named Carlos (voice of Hank Azaria) who wants to get out from under the yoke of bunny oppression and be the Easter Bunny — or Easter Chick, I guess — himself. The movie throws this in on top of the twin tales of E.B. and Fred finding themselves and E.B.'s father's attempts to find him with a trio of bunny commandos called the Pink Berets. It feels like a "when in doubt, more plot" approach to story-telling, one that doesn't help increase the excitement or the movie's ability to hold an audience's interest.

And, wow, did it not hold the interest of the audience at the screening I went to. The fidgeting was intense — wiggling in seats, whining, talking, requests for popcorn or bathroom trips. I heard all the hallmarks of kids not interested in the movie playing in front of them. My stepson sat low in his seat, appearing to slowly melt from boredom as the movie wore on. This movie might start with candy and talking bunnies

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POP CULTURE:

FILM Continued

but it spends a lot of time with an adult man (Marsden) being harangued by his parents for being a loser. The scenes between E.B. and Fred include some moments of goofiness but also a lot more talking — and talking and talking. You could tell which scenes and chunks of dialogue were meant to be funny but they didn't contain any actual humor.

This movie feels like all the effort was put into the concept and then its creators just hoped it would succeed on the live action/animation blend and the pooping-candy joke. But like those hollow chocolate bunnies, this thin premise just isn't enough to carry the movie. **D+**

Rated PG for mild rude humor. Directed by Tim Hill and written by Cinco Paul, Ken Daurio and Brian Lynch, Hop is an hour and 35 minutes long and distributed by Universal Pictures.

Source Code (PG-13) Jake Gyllenhaal is forced to live a particular eight minutes over and over until he solves a crime in Source Code, a movie sorta like Groundhog Day but with terrorism.

Gyllenhaal's character awakens on a train unsure of how he got there, where he is, who the woman sitting across from him calling him "Sean" is and, for that matter, who this "Sean" is. He believes himself to be Army Capt. Colter Stevens who was just piloting a helicopter in Afghanistan. Christina (Michelle Monaghan), the woman sitting with him on a train, apparently headed in to Chicago, believes him to be Sean, a man she has been friends with and is possibly on the verge of a relationship with. A lot of "what? what?" comes to an end when the train blows up.

Colter wakes up in a dark capsule and finds another soldier, Capt. Goodwin (Vera Farmiga), talking to him on a monitor. Eventually, he pieces together the story that he is being sent into the body of this Sean, to the last eight minutes of his life. Colter will be able to live those eight minutes again and again — for some undetermined amount of time — bringing back information but not changing any outcomes. The idea, Goodwin tells him, is that he finds the bomb and the person who caused the explosion. The government believes that the attack on the train is the first of a series of attacks and that future ones will involve dirty bombs. If they can find information about the bomber from the first attack, they won't be able to change the events on the train but they may be able to stop future attacks. Dr. Rutledge (Jeffrey Wright), the man who runs

the project — the source code — tells Colter that the eight minutes he's living aren't real. They aren't time travel. He is projecting himself into the after-image of that period of time.

What Rutledge and Goodwin don't tell Colter is where he is, why his capsule seems to be breaking down and how, exactly, he got from Afghanistan to the capsule. Back in the eight minutes, Colter's attempts to find the bomber are initially stymied by the fact that this "Sean" isn't a government agent and isn't armed. And, while these eight-minute trips are supposed to be all about the search for the bomber, Colter is also trying to get more information on his story.

Suspend your disbelief and hold your "eight minutes of what exactly" questions — for at least its first half, *Source Code* is able to chug along despite the inherent wonkiness of its story. The first jump, the scenes with Goodwin and Rutledge, the subsequent jumps where Colter begins his detective work — these mostly, sort-of work enough. You can go with it, you can enjoy the ride. Gyllenhaal's *Prince of Persia* stab at being the action hero might not have been stellar, but he makes for a good thinking-man's action hero, roughly the space in the universe previously occupied by Matt Damon. He's not brawny, though he can punch and kick with the best of them, but he's agile and intense. Even the relationship with Christina works in these early scenes, as his Colter plays either the doesn't-know-her or pretending-to-know-her role.

It's as the characters flesh out, emotionally, that the movie starts to fall apart for me. Specifically, when Colter starts to care for Christina and want to change what happens to her, the movie forces us back to looking at its premise, which it both never quite explains well enough for us to buy in to how it plays out or explains too well for its final half hour to make sense. The movie also seems to want to force us to care about Christina and Colter as a couple, and that just gets in the way of all the other things it is trying to do with its story. The more we learn about the characters as people, the less we get about the mad science that drives Colter's trips back in time or about the crime he's trying to prevent.

Source Code is just smart enough to make you want it to be smarter. **C**

Rated PG-13 for some violence including disturbing images and for language. Directed by Duncan Jones and written by Ben Ripley, Source Code is an hour and 34 minutes long and distributed by Summit Entertainment.

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- **Cold Weather** (NR, 2010) Thurs., April 7, at 2:05, 5:30 & 7:30 p.m.
- **The Matchmaker** (NR, 2010) Thurs., April 7, at 7:15 p.m.
- **Queen of the Sun** (NR, 2010) documentary about the global bee crisis, runs through Thurs., April 14, with a panel discussion following the April 11 6:30 p.m. screening featuring Troy Hall (beekeeper and president of the Kearsarge Beekeepers Assoc.), Bill Whyte (owner of Badger Balm) and Evan Eshelman (European Bee Farming). Other screenings: Fri., April 8, and Sat., April 9, at 2 & 7 p.m.; Sun., April 10, at 2 p.m.; Tues., April 12, at 7:30 p.m.; Wed., April 13, and Thurs., April 14, at 2 & 7:30 p.m.
- **La Rafle** (NR, 2010) Sat., April 9, at 8 p.m.
- **Holy Rollers** (R, 2010) Sun., April 10, at 1 p.m.
- **Jews & Baseball: An American Love Story** (NR, 2010) Sun., April 10, at 3 p.m.
- **The Human Resources Manager** (NR, 2010) Sun., April 10, at 5:30 p.m.
- **The Iron Mask** (1929) silent film with original score by NH composer Michael Annicchiarico, on Fri., April 15, through Mon., April 18, at 7 p.m.

WILTON TOWN HALL

Main Street in Wilton, wiltontownhalltheatre.com, 654-FILM.

- **The Company Men** (R, 2011) Thurs., April 7, at 7:30 p.m.
- **Barney's Version** (R, 2010) Thurs., April 7, through Thurs., April 14, at 7:30 p.m. Plus, Sun., April 10, at 2 p.m.
- **The Illusionist** (PG, 2010) Fri., April 8, through Thurs., April 14, at 7:30 p.m. Plus Sun., April 10, at 2 & 4:30 p.m.
- **Quo Vadis** (1951) Sat., April 9, at 4:30 p.m.
- **Bollywood festival**, a full day of Indian film: video shorts and two features length films (including 1957's *Mother India*), on Sat., April 30, from 10 a.m. to 6 p.m. See newenglandbollywood.blogspot.com.

In the spotlight



Calling local Spielbergs and Scorseses

Make the movie you've always wanted to make (with a few caveats) during the 48-Hour Film Project. The event featuring break-neck filmmaking and competition between local auteurs will take place Friday, June 10, through Sunday, June 12, with registration open now.

The plot: Filmmaking teams gather on Friday night to get a character, a prop, a line of dialogue and a genre to include in their movie. Then the 48 hours of writing, directing, acting and editing begins. Films must be completed 48 hours later and turned in on time to qualify for the competition. The registration is limited to 26 teams, and each team must pay a \$140 registration fee, according to a press release. Register, first come, first served, at www.48hourfilm.com/newhampshire.

A screening of all the entries will be held on Wednesday, June 15, at Cinemagic theaters in Hooksett. Judges will choose a winning film to go to the international competition.

Call or e-mail Katie and Bill Cote at 494-3505 or newhampshire@48hourfilm.com for information.

MANCHESTER CITY LIBRARY

405 Pine St., Manchester, 624-6550, www.manchester.lib.nh.us

- **Robin Hood** (PG-13, 2010) Tues., April 12, at 6 p.m.; Wed., April 13, at 1 p.m.
- **Across the Universe** (PG-13, 2007) Wed., April 20, at 1 p.m.

WEST BRANCH COMMUNITY LIBRARY

76 N. Main St., Manchester, 624-6560, www.manchester.lib.nh.us

- **TRON: Legacy** (PG, 2010) Fri., April 8, at 3 p.m.
- **Chronicles of Narnia: Voyage of the Dawn Treader** (PG, 2010) Fri., April 15, at 3 p.m.

UNH MANCHESTER

400 Commercial St., Manchester, 641-4101, www.unhm.unh.edu.

- **Holy South Park** on Wednesdays, noon to 1 p.m., on April 13 and April 27 in the third-floor auditorium. A screening of *South Park* and a discussion with Matthew Dowd, lecturer of philosophy at UNH, about the way the series has handled religion.

NASHUA PUBLIC LIBRARY

NPL Theater, 2 Court St., Nashua, 589-4600, www.nashualibrary.org. Call 589-4646 for the library's film line, a schedule of upcoming movies. Films subject to change. Seating is limited. Food and drink are not permitted in the theater.

- **I Love You Philip Morris** (R, 2010) Fri., April 8, at 7 p.m.
- **The Chronicles of Narnia: The Voyage of the Dawn Treader** (PG, 2010) Sat., April 9, at 2 p.m.
- **TRON: Legacy** (PG, 2010) Fri., April 15, at 7 p.m.; Sat., April 16, at 2 p.m.

POLLARD MEMORIAL LIBRARY

401 Merrimack St., Lowell, Mass., 978-970-4120, www.pollardml.org

- **A Bad Day to Go Fishing** (2009) on Thurs., April 14, at 6:30 p.m.

DOVER HIGH SCHOOL

25 Alumni Drive, Dover, www.doverschoolfood.com.

- **Two Angry Moms** (www.angry-moms.org), a documentary about two mothers seeking to improve school lunches, Thurs., April 14, at 6 p.m.

THE MUSIC HALL

28 Chestnut St., Portsmouth, 436-2400, www.themusic hall.org

- **Passing Strange** (NR, 2009) Thurs., April 7, at 7 p.m.
- **The Way Back** (PG-13, 2010) Sat., April 9, and Mon., April 11, through Wed., April 13, at 7 p.m.

OTHER

- **JEWISH FILM FESTIVAL** through Sun., April 10, at locations including the Red River Theatres in Concord. Movies scheduled for screening are: *The Matchmaker* (Thurs., April 7, at 7:15 p.m. at Red River); *La Rafle* (Sat., April 9, at 8 p.m. at Red River); *Holy Rollers* (Sun., April 10, at 1 p.m. at Red River); *Jews and Baseball — An American Love Story* (Sun., April 10, at 3 p.m. at Red River), and *The Human Resources Manager* (Sun., April 10, at 5:30 p.m. at Red River). See www.jewishnh.org.
- **BOYS**, a locally made mob movie, will screen at O'Neil Theaters, 16 Orchard View Drive in Londonderry, www.oneilcinemas.com, Sun., April 3, through Thurs., April 7, 9:30 p.m. See www.boysmobmovie.com.



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Nite Roundup

Local music
& nightlife news

By Michael Witthaus
music@hippopress.com

• **Long time coming:** With help from a coterie of Granite State musicians, including members of Mama Kicks, Godsmack front man Sully Erna released *Avalon* last fall. Erna will perform songs from the atmospheric rock album live for the first time next month in Concord. See Sully Erna on Friday, May 13, at the Capitol Center for the Arts, 44 South Main St. in Concord. Tickets are \$39.50 (orchestra/mezzanine) and \$29.50 (balcony), on sale beginning Friday, April 8, at 11 a.m. at www.ccanh.com.

• **Bogged down:** Fans of *Cold Mountain* — the music as much as the movie — will enjoy Beth Eldridge and Woody Pringle, a husband-and-wife duo from Bradford who channel the Appalachian/Ozark traditions. The two (often joined by a third picker) are the feature act at an open-mike night that attracts many area acoustic players. See Bradford Bog People on Saturday, April 9, at 9 p.m. at Round Room Coffee House, in the Congregational Church on Route 13 in Mont Vernon. Suggested donation is \$5. Go to www.roundroomcoffeehouse.com.

• **Triple threat:** The back room walls will be shaking — Lowell-based Thurkills Vision blends a twin guitar assault with melodic rock elements to fine effect on their debut EP, an effort they'll showcase in downtown Manchester with the help of two other hard and heavy bands, Prospect Hill and A Simple Complex. It's an old-school rock show. See Thurkills Vision on Saturday, April 9, at 8 p.m. at the Shaskeen, 909 Elm St. in Manchester, theshaskeen.com.

• **Poetry in motion:** Slam Free or Die has moved to a new home for its monthly poetry competitions, and the upcoming Ninja Warrior Slam isn't the usual fare. A series of themed rounds of reading will weed out the hardcore in the wannabes. Things could get intense in this fight for poetic supremacy — a metaphorical bloodbath might very well ensue. Attend Slam Free or Die's Ninja Warrior Slam on Thursday, April 7, at 8 p.m. at Milly's Tavern, 500 Commercial St. in Manchester, www.millystavern.com.

• **'Tis a gift:** Drummer Yoron Israel is a master of improvisational jazz, praised by the legendary Jack DeJohnette as "an important voice you should listen to." Israel's flexibility is evident in his four-piece band High Standards, which reflects a wide range of influences, from blues to gospel to fusion and world beat. See Yoron Israel and High Standards on Saturday, April 9, at 7:30 p.m. at Simple Gifts Coffee House, located in the UU Church, 58 Lowell St. in Nashua. Tickets \$18 in advance, \$20 at the door. Go to www.uunashua.org/simplegi.

• **Where it's from:** How to discern real blues from jazz, R&B and other idioms is Charlie Sawyer's forte. The author (*The Arrival of B.B. King*), teacher and member of the 2120 South Michigan Avenue band gives a talk on the musical elements that give the blues its power, demonstrating with recordings from innovators like Robert Johnson, Charlie Patton. Attend A History of Blues in America on Thursday, April 7, at 5:30 p.m. at the Bedford Library, 3 Meetinghouse Road in Bedford. For more, call 472-2300.

Dan Zanes comes home

Music for everybody at the Friendly Kitchen

By Michael Witthaus
mwitthaus@hippopress.com

Dan Zanes' renditions of songs like "Polly Wolly Doodle" and "Erie Canal" can be called many things — fun, infectious, even a little goofy. The wild-haired Zanes prefers "age non-discriminatory" or simply "family-friendly." Kids love them, but everyone who comes to a show leaves with a smile and a song or two stuck in their head.

One label, however, doesn't fit. "There is kids' music out there that is particular to the experiences of children, and this is definitely not that," Zanes said recently from his home in Brooklyn. "This is more something-for-everybody type music, which is kind of the old-fashioned way."

Born in Exeter and raised in Concord, Zanes is returning home to perform a pair of benefit shows for The Friendly Kitchen on Saturday, April 9. It's something he's done for the past 11 years, and Zanes looks forward to it for a couple of reasons. First, his mother once ran the soup kitchen and food bank and is still very involved with it. Second, the performance features local musicians rather than Zanes' regular band.

The core group has been consistent through the years and includes his brother-in-law Donald Saaf, who designed the artwork for several of his CDs.

"It's people from around Concord and St. Paul's School, a mixture of kids and grown-ups," Zanes explains. "We have some real young kids that are going to join us this year ... Concord is getting more diverse, and we want to reflect that in the show."

This last aspect is something Zanes finds very encouraging.

"Everything I learned about the world, I learned outside of Concord," he says. "Now there are so many more possibilities for young people to learn about the bigger world right in their hometown."

Zanes often describes his exuberant brand of music as "homemade" — with good reason. It evolved out of necessity when he became a parent in 1994. "What I wanted when my daughter

was born was a shared experience, music the two of us would be able to listen to together that would have some emotional meaning for both of us," he says. "I didn't find as much of it as I thought I would, so I started making it myself."

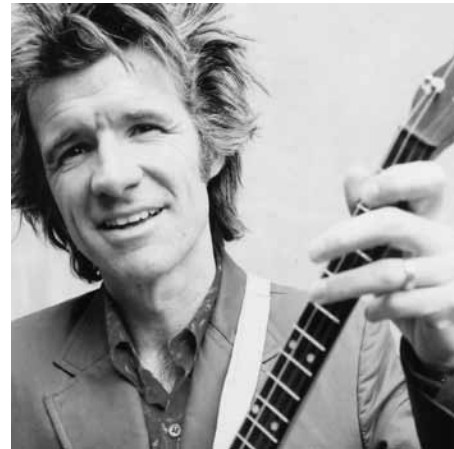
At the time, the former Del Fuegos front man was still working on rock music. But cassettes of songs recorded for his daughter generated a buzz among parents in his neighborhood. "Nobody cared about my solo record, and everybody wanted to hear more of all this all-ages music," says Zanes. "I just realized that I was having a lot more fun doing this [so] I decided to throw myself into it, and I've never looked back. It's taken me all around the world."

He's recruited some big names to help out on his records, beginning with Sheryl Crow and Suzanne Vega on his first collection, 2000's *Rocket Ship Beach*, recently re-released on vinyl. Natalie Merchant and Lou Reed have also worked with him, and an upcoming project will feature Andrew Bird and Sharon Jones of the Dap-Kings.

Zanes recalls some starstruck moments: "The Five Blind Boys came over to the house and ate fried chicken and then went into the other room and started recording," he says. "I made my daughter stay home from school. I thought, this is never going to happen again, better catch it now."

He flew to California to do "Wabash Cannonball" with Bob Weir for 2003's *House Party*. "We recorded at the Grateful Dead warehouse, where they keep all their merchandise and live tapes," he recalls. "It's the size of a city block and in the middle there's a little studio. To be surrounded by 40 years of memorabilia, recording with someone from the Grateful Dead, was a pretty heavy experience."

Zanes' daughter Anna turns 17 this year and has grown a bit beyond her father's music. "She's seen it go from my playing in parks in the West Village to playing Carnegie Hall, so I think on that level she appreciates that I've been able to grow something and do all of it," he says. "Musically, she has really an



Dan Zanes. Courtesy photo.

open mind. I don't think she's sitting around listening to my records — but I do think she appreciates where I'm coming from."

Asked if she's ever suggested a guest musician for one of his records, Zanes laughs heartily: "No, but I wish she would — that would be pretty funny." He guesses she'd recommend New York electronica duo Ratatat, electrofunk band Chromeo or possibly Jackson Browne.

Though the studio projects are fun, Zanes enjoys his raucous performances even more. "That's the best part for kids too," he says. "The live experience is really where it's at. We've played with youth orchestras, African drum ensembles and mariachi groups. We have a lot of neat groups join us when we tour. That's the best part of performing, being able to play for people and work with young musicians as we do it. It's great."

Dan Zanes and Local Friends – A Benefit for The Friendly Kitchen

When: Saturday, April 9, at 11 a.m. and 2 p.m.

Where: Concord High School Auditorium, 170 Warren St. in Concord

Tickets: \$10. Call 224-4976 or 228-4661 to purchase by phone.

Info: www.danzanes.com

Hawthorne Heights headlines diverse lineup

United Scenes tour stops in Manchester

By Michael Witthaus
mwitthaus@hippopress.com

Pinning a genre on Hawthorne Heights is difficult. Beginning with their stunning 2004 debut, *The Silence In Black and White*, they've ranged from metal-tinged screamo punctuated by shouted "unclean vocals" to the rock-forward sound of last year's *Skeletons*. Drummer Eron Bucciarelli doesn't have a lot of patience those searching for labels. "We're a rock band and that's how we like to think of ourselves," he says. "That can be a whole lot of different things."

The United Scenes of America tour stopping Saturday, April 9, at Rocko's in Manchester reflects this attitude. The band invited a diverse list of performers to share the stage as a way to open fans' musical horizons.

"It doesn't matter what subgenre a band is

labeled with; you can still like them, it's OK," says Bucciarelli. "When we started going to shows it wouldn't be uncommon for us to see a ska band play alongside a metal band and we would be somewhere in the middle. We just want to bring that back to people."

Despite the muddled state of the music business, Bucciarelli believes there are many great bands to discover. "It's really easy for music critics who like to just say new bands suck, and back in the '60s and '70s bands were so much better," he complains, but the problem these days is the sheer number of acts vying for attention. "It's going to take more time for people to filter through all the crap ... but ultimately a good song is a good song and it usually rises to the top after a while."

After a brief acoustic tour this winter, the band plans to perform many songs that have

been absent from their live sets.

"We try to mix it up every tour, and that's why we're going back to some of our older stuff that fans really love that we haven't played forever," Bucciarelli says. "It's not just for the fans ... we want to keep the excitement alive for us as well."

The band has endured more than a few challenges over the years, none greater than the death of guitarist/vocalist Casey Calvert from an accidental interaction of prescription drugs in 2007. Despite the magnitude of their loss, the band never considered giving up. "We couldn't really picture ourselves doing anything else, and our hearts are in music," says Bucciarelli. "Doing something else didn't seem right."

They received a lot of encouragement from fans. After taking a few months to "regroup mentally," they memorialized Calvert with

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NITE



Hawthorne Heights. Courtesy photo.

"Four Become One," a song that appeared on *Fragile Future*, released in 2008. The record marked a musical change that many assumed was tied to the tragedy, and though the band had announced they would not be looking for a another screamer, Bucciarelli says the evolution had been in motion for some time.

"Casey helped us write some of the songs off that album," he says. "We were sort of going away from the screaming aspect of things a little bit more and trying to sort of spread our wings musically and diversify our sound and not get pigeonholed."

Lead guitarist Micah Carli did a few unclean vocals for *Skeletons*. "We brought it back a little bit, sort of picked up on what we did on our second album," says Bucciarelli. "We put them in places where we felt it helped the song and didn't try to force them in. We've always looked at them as an instrument instead of a vocal that just sort of added them in to put texture to certain songs."

He expects that to continue on the band's fifth album, which they're currently writing material for. "It's still going to be part of our band in one way or another for better or worse, but it's not going to be in every new song we write," he says.

Mark McMillon of The Story Changes will join the group on rhythm guitar for the Manchester show and the rest of the tour. "He's a friend who comes out and plays with us live, but not officially a member of the band," says Bucciarelli, adding that his presence takes some of the pressure off front man JT Woodruff. "It helps fill out the sound a lot, and helps JT be a better performer because he doesn't have to focus as much on his guitar playing as his singing and performing."


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• **Joe Sample** Fri., April 8, at 8 p.m., Tupelo
• **Air Traffic Controller** Fri., April 8, at 8 p.m., Boynton's
• **Joe Sample** Fri., April 8, at 8 p.m., Tupelo
• **Chad Verbeck, Mike Dion, Charles Christos, Seth Gooby and Jon Aenstad** Sat., April 9, at 8 p.m., Boynton's
• **John Hammond** Thurs., April 14, at 8 p.m., Tupelo
• **The Smithereens** Fri., April 15, at 8 p.m., Tupelo
• **Will Makar and The Redline** Fri., April 15, at 10 p.m., Boynton's
• **Neil Berg's 101 Years of Broadway** Tues., April 19, at 7:30 p.m., Cap Center
• **Brendan James** Wed., April 20, at 8 p.m., Tupelo
• **The Texas Tenors** Thurs., April 21, at 7:30 p.m., Palace

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By Angel Roy
aroy@hippopress.com

Tristan Omand remains humble. "I just want to keep releasing albums, writing songs and play for whoever wants to hear it," said Omand, who was recently named best solo artist in Hippo's readers' poll. "And whatever comes my way as far as good tidings, that great as long as it's a logical step and something that makes sense for me."

The next step in Omand's career his first full-length solo album, *Tolled Stories*, released on iTunes on April 5. He will celebrate his achievement with a performance and CD release party at Boynton's Taproom in Manchester on Thursday, April 7.

Omand first became enamored with the guitar at a young age, when he found a child-size version of the instrument among the toys he shared with his brother. "I kind of commandeered it," he said. Years later when he played his first chord, it struck him that he could make something of the guitar. "I said, 'I can do this, it's not out of reach,'" Omand said.

Now 24, Omand remains mystified by the instrument. "I am still constantly finding the sound. It is just kind of fascinating to me," he said. Omand studied guitar at the Ted Herbert Music School and performed with punk bands throughout his years at Central High School. After a brief stint studying automotive technology at New Hampshire Technical College, Omand dropped out to tour the East Coast with his band, State Street Wires.

"I knew if I was going to do music, I needed to go full force," Omand said. "I didn't need something like steering suspension and alignment coming at me and muddying my vision."

Omand made the decision to venture out on his own as a solo acoustic guitar player as he said it was "easier, cheaper and more enjoyable" for him to do music on his own. "I decide when I practice and what shows I want to do," he said adding that when he is more established he may look at forming a back-up band. "It's a job, but if you're serious about it ... if you're dedicated to it, it's something you don't mind doing."

Omand will embark a three-week solo East Coast tour on May 17.

Over the past decade, Omand has also devel-



Tristan Omand. Courtesy photo by Ariel Kessler.

oped a passion for sound recording. He was able to record his entire solo album in his bedroom. He started off recording on a karaoke machine and small cassette recorder before scoring an internship at Milltown Recording Co. in Portsmouth, where he learned the basics.

"I've always been enamored with sound — how did The Beatles make that kick drum sound the way they did? How did this record turn out that way?" Omand said. "There are a lot of physics and science behind sound recording, but there is also a lot of art."

Omand has found a way to bring his music to Lowe's, where he works part-time, as he sometimes finds himself playing on sink bowls as if they were steel drums or scrawling down lyrics on scraps of paper, most of which have made it into songs on his album.

Books have also helped spark ideas for Omand's songs, as he said they help with the flow of his lyrics.

"I have been reading some authors that write colorfully and try to incorporate that into my lyrics," said Omand, who spends at least three days a week at the Manchester City Library. "I try to get people to imagine a place and picture with my songs."

Tristan Omand CD release party

When: Thursday, April 7, at 8 p.m.

Where: Boynton's Taproom, 155 Dow St., Manchester

Tickets: \$7 at www.boyntonstaproom.com

Also, see him:

When: Tuesday, April 12, from 5 to 7 p.m.

Where: Bert's Better Beers, 1100 Hooksett Road, Hooksett

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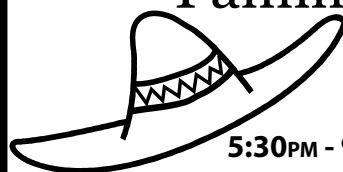
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I can't puzzle that — RockandRollCrosswords.com by Todd Santos

Across

1. ____ Punk
5. Hall And Oates 'Kiss On My ____'
9. '____ On Your Love' Hall And Oates
13. 'Only Time Will Tell' band
14. Jazzy James
15. Killswitch Engage 'Element ____'
____ (2,3)

17. Len 'The Hard ____ Approach'
18. Kiwi Finn
19. Phantom Planet 'Too Much Too ____'
20. Danish rockers Disneyland ____
____ (5,4)
22. 'How We Operate' band
23. 'Back in the ____', you don't

- know how lucky you are, boy"
24. Death Cab For Cutie 'Grapevine ____'
25. Venue Ramones used to rock
28. Sang loudly
30. Art rocker Anderson
32. Repeated word in Stones 'Heartbreaker' title
33. XTC 'King For ____' (1,3)
37. Lengthy song catalog
39. Teenage Fanclub 'The ____'
41. UK's The ____ Band
42. "____ it on, bang a gong"
44. Johnny Cash '____ Than Trees'
45. BC rockers ____ Of A Deadman
48. Alanis Morissette 'Knees Of My ____'
49. Rise Against 'Re-Education (Through ____)'
51. Commodores smash
53. Canadians ____ And Sara

3/31

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54. John Oates, to Daryl Hall?
59. Not so nice UK thrash band?
60. '91 Grammy winner Marc
61. Alt-rock legend Dando
62. New York ____
63. What Van Halen had 'For Teacher'
64. '30 Seconds To Mars' Jared
65. Where underage rockers go after tour
66. Metallica 'Nothing ____ Matters'
67. Guitar neck feature

Down

1. 'Dizz Knee Land' band
2. Neil Diamond song that inspired Clueless? (2,2)
3. What Alice Cooper told us to raise in 87'
4. Used '____ It Away'
5. Allows use of original track for sample
6. 'Take ____' Eagles (2,4)
7. Georgia Satellites 'Shaken Not ____'
8. Repeated word of '80s band No Doubt covered
9. Joe Satriani 'Satch ____'
10. What Berkley makes itself, to prodigy
11. Madonna 'She's ____' (2,2)
12. WASP 'On Your ____'
16. Neil Finn band Split ____
21. Famous producer Rick

24. Modest Mouse '____ On'
25. Take Good ____ Of My Baby
26. Unwelcome concert event, to partier
27. ____ Of Fire (5,5)
29. 'Funky Cold Medina' Tone
30. 'Time Ago' band Black ____
31. Like crowd, for reunion show
34. "King of surf guitar" Dick
35. What Springsteen played for, in the day
36. ____ So Bad
38. Pharmacists leader Ted
40. John Waite 70s band
43. Green Day drummer (3,4)
46. Truthful Verve Pipe song?
47. Boats rappers don't really own in videos
49. Helm of The Band
50. Gymnast-like performer
52. Talking Heads 'Stop Making ____'
53. Damn Yankees Nugent
54. Jawbreaker song that hurts?
55. Offspring '____ Esteem'
56. Eagles 'Get ____ It'
57. What critics do to albums
58. '10 Ringo Starr album (1,3)

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Written By: Todd Santos

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Hill's 795 Elm St., 645-7422 Lafayette Club 387 Canal St., 623-9323 Lazy Nick's Coffee House 362 Huse Road, 232-7187 Mad Bob's Saloon 342 Lincoln St., 669-3049 McGarvey's 1097 Elm St., 627-2721 Milly's Tavern 500 Commercial St., 625-4444 Moe Joe's 2175 Candia Rd, 668-0131 Mulligan's 424 Lake Ave., 623-6342 Murphy's Taproom 494 Elm St., 644-3535 NH Institute of Art 148 Concord St. New England Revival Coffehouse Calvary Fellowship Church, 60 Bailey Ave., 625-9550, Olympic Lounge 506 Valley St., 644-5559 Piccola's Upstairs Lounge 815 Elm St. Penuche's Grill 96 Hanover St., 626-9830 Raxx Billiards 1211 Elm St., 203-1458 Rocko's Bar & Grill 253 Wilson St., 626-5866 The Shaskeen 909 Elm St., 625-0246 Starbucks 1111 S. 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Brook St. Amercan Legion Sweeney Post 251 Maple St., 623-9145 Black Brimmer 1087 Elm St., 669-5523 Bo's Riverside 500 Commercial St, 625-4444 Boynton's Taproom 155 Dow St., 623-7778 Breezeway Pub 14 Pearl St., 621-9111 City Sports Grille 216 Maple St., 625-9656 Club 313 | Workmen's Club 183 Douglas St. XO on Elm 827 Elm St., 206-5721 The Yard 1211 S. 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Hollis St., 821-5260 The Sky Lounge 522 Amherst St., 882-6026 Slade's Food & Spirits 4 W. Hollis St., 886-1334 Stella Blu 70 E. Pearl St., 578-5557 Sun Plaza Bar & Grille 295 DW Hwy, 888-4904 Villa Banca 194 Main St., 598-0500 New Boston Gravity Tavern 35 Mont Vernon Rd, 487-2011 Newmarket Lamprey River Tavern 110 Main St., 659-3696 KJ's Sports Bar N. Main St., 659-2329 Stone Church 5 Granite St., 292-3546 Newton Hen House Sports Bar & Grill 85 S. Main St., 382-1705 Pelham Shooters Billiards & Lounge 116 Bridge St., 635-3577 Peterborough Harlow's Pub 3 School St., 924-6365 Peterborough Players Theater Hadley Road Plaistow Corner Pocket 181 Plaistow Rd., 382-3130 Dugout Grille 93 Main St., 819-4947 The Sad Café 148 Plaistow Rd, 382-8893 Portsmouth American Legion Post 6 96 Islington St. Blue Mermaid Island Grill hill at Hanover and High streets, 427-2583 Daniel Street Tavern 111 Daniel St. Dolphin Striker 15 Bow St., 431-5222 Fat Belly's 2 Bow St. 610-4337 Gas Light Co. 64 Market St., 431-9122 The Hilton Garden Inn 100 High St., 431-1499 Jitto's Supersteak 3131 Lafayette Rd, 436-9755 | The Music Hall 104 Congress St., 433-3100 Paddy's American Grill 27 International Dr., 430-9450 Players Ring Theater 105 Marcy St., 436-8123 Portsmouth Pearl 45 Pearl St., 431-0148, Press Room 77 Daniel St., 431-5186 The Red Door 107 State St., 373-6827 Red Hook Brewery 35 Corporate Dr., 430-8600 Ri Ra Irish Pub 22 Market Square, 319-1680 Rudi's 20 High St., 430-7834 Rusty Hammer 49 Pleasant St., 436-9289 The Wet Bar 172 Hanover St. Raymond Famous Legends Bar & Grill at Strikers East 4 Essex Drive Freetown Yankee Market 58 Route 27, 895-3418 Salem Black Water Grill 43 Pelham Road, 328-9013 Jocelyn's Lounge 355 S. Broadway, 870-0045 Maggie May's 326 S. Broadway, 893-4055 Sayde's Restaurant 136 Cluff Crossing Rd, 890-1032 The Varsity Club 67 Main St., 898-4344 Sandown The Crossing 328 Main St. Seabrook American Legion Post 70 169 Walton Road Chop Shop Pub 920 Lafayette Rd, 474-6001 Honey Pot Bar & Lounge 920 Lafayette Rd, 760-2013 Prime Time Sports Grill 620 Lafayette Rd, 760-7230 Stratham Acoustic Outfitters 72 Portsmouth Ave. 778-9711 Sunapee One Mile West Tavern 6 Brook Road, 863-7500 Sunapee Coffee House Methodist Church, Route 11 Tilton Lakes Region Fitness 407 W. Main St., 286-3337 Thirsty Crows 504 Laconia Road, 524-5558 Windham Jonathon's Lounge Park Place Lanes, Route 28, 800-892-0568 | |

| | | | | | | | |
|--|---|--|---|---|---|---|--|
| Thursday, April 7 Auburn Holiday's: Joe McDonald | Gardzina Pit Road Lounge: karaoke Tandy's: DJ | Epping Holy Grail: Matt & Howard | Linda's: open mike w/ Scott Barnett | Shane, karaoke w/ CJ City Sports Grill: kara-oke w/ D Jay G Element: DJ Jason Derryfield: Market Zero Strange Brew: Lisa Marie Unwine'd: Chad LaMarsh | Nashua 603 Lounge: karaoke w/ DJ Erin D Amsterdam: DJ Fody's: Josh Logan Band Gate City Pub: karaoke w/ DJ Bernie D Stella Blu: Simon Rios Studio 99: piano karaoke | Newton Hen House: acoustic open mike w/ John Porazinski Peterborough Harlow's Pub: bluegrass jam w/ JT Portsmouth Blue Mermaid: DJ Gas Light Co.: L3V3L Jitto's: music & spoken word open mike w/ Eli-jah Clark The Page: karaoke Press Room: Jarred Steer Jazz Combo | Red Door: Beat Pervert Rudi's: Steve Roy Raymond Yankee Market Pub: karaoke Seabrook Prime Time: karaoke Windham Jonathon's: karaoke |
| Bedford Slammers: live band karaoke | Derry Brookstone: Bruce Marshall | Gilford Patrick's: Tim Theriault | Londonderry Coach Stop: Gary Lopez Whippersnappers: Erick Preston & Purple Haze | Meredith Giuseppe's: Jim Tyrell, karaoke | New Boston Gravity Tavern: Joel Cage | | |
| Candia Henderson's: acoustic open mike | Dover Barley Pub: bluegrass jam w/ Steve Roy Kelley's Row: DJ Evaredy RJ's: DJ J-Smooth Station House: open mike w/ Dave Nappy Band | Hampstead Pasta Loft: O,C.B. Village Square: DJ | Manchester Black Brimmer: Stu Sinclair Cactus Jack's: Steve O Club 313: DJ Suga | Merrimack Homestead: Steve Sibulkin | | | |
| Concord Barley House: Je t'm Green Martini: open mike w/ Steve Naylor Hermanos: Richard | | Hudson Johnny's: karaoke w/ Tony Zzz | | Milford Pasta Loft: Ryan Bossie | | | Friday, April 8 Allenstown Ground Zero: Steiner Street, Man, The Reformer, |

On the scene



Band members of the world, unite and take over

Do you have an upcoming show? Make sure that even if the venue doesn't let us know, it gets listed in the Music This Week by sending us updates of your upcoming gigs. Send locations, dates and times for your upcoming shows to music@hippopress.com. Send information by noon on Monday to get listed for the coming week. Or send us links to your regularly updated website or MySpace page.

... or you, with a club...

Does your bar/restaurant/coffeeshop frequently host musical performances? Send the information to music@hippopress.com along with your address and phone number so we can get you into the Music This Week. And if you regularly update your website or MySpace page, you can send us those links as well. Get the information in by noon on Monday to make the coming Thursday's paper.

... and if you are a music fan...

If you're out on the scene and see a show at a location not regularly listed in the Music This Week, let us know at music@hippopress.com. Our goal is to give you the most complete live music listings in the region each and every week.

East is East, Threat Level
Burgundy, Cherry Hill

Amherst
Souhegan Christian Church: open mike w/
Music at the Ledge

Belmont
Top of the Town: Joe
Holiday

Concord
Beijing & Tokyo: kara-
oke w/ DJ Tom
Makris: Jeff Dearborn
and the Contoocook
Blues Society
Red Blazer: Randy Arrant
Tandy's: DJ

Dover
Barley Pub: Chris Fitz
Brick House: Fifth
Freedom
Kelley's Row: Discount
Gigolo
RJ's: DJ Big Pez

Epping
Holy Grail: Half Moon

Exeter
Shooters: DJ BiggZ
& "D"

Gilford
Patrick's: Matt Tellier

In the spotlight



ATC deploys

Air Traffic Controller will perform at Boynton's Taproom, 155 Dow St., Manchester, on Friday, April 8, at 10 p.m. The rock band is led by singer-songwriter Dave Munro, who served as an air traffic controller in the U.S. Navy. Munro sent home demo tapes of his songs while deployed and returned home to Boston to an already established fan base. Air Traffic Controller's music has been in regular rotation on such radio stations as 92.5 the River, WFNX and WERS. Tickets cost \$7 at www.boyntonstaproom.com or 623-7778.

Goffstown
Village Trestle: acoustic
jam w/ John Erlman

Hampstead
Pasta Loft: Holiday Joe
Village Square: One
Fine Mess

Kingston
1686 House Tavern:
Mike Belkas

Laconia
Fratello's: John Chou-
nard
Paradise Beach Club: DJ

Londonderry
Coach Stop: Josh Logan
Whippersnappers:

Nimbus 9

Manchester
American Legion:
karaoke

Black Brimmer: Jim-
mys Down
Cactus Jack's: Steve O
Club 313: DJ Bob, DJ
Dave G, karaoke w/ CJ
Derryfield: Mugsy
Element: karaoke
Fratello's: Gary Lopez
Jam Factory: Tajoura,
Mark Kopko, Santiago
and Dunbar, Good Score
Milly's: Flashback Friday
Mulligan's: karaoke
Murphy's: Business Time
Shaskeen: Miami Cake
& Donuts

Strange Brew: Ricky
"King" Russell
The Yard: battle of the
bands

Meredith
Giuseppe's: Michael
Bourgeois, DJ Holy Cow

Merrimack
The Homestead: Mark
Apostolides

Milford
Chapanga's: Joe Birch
Band
Pasta Loft: The Milford
Incident

Nashua
Amsterdam: DJ

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Fody's: Mad Express
Gate City Pub: karaoke
w/ DJ Bernie D
Martha's: DJ Spivak
Peddler's Daughter:
Take 4
Stella Blu: Cold Stream
Studio 99: college/20s
open mike

New Boston
Gravity Tavern: Charlie Christos

Newmarket
Stone Church: Entrain

Newton
Hen House: DJ

Peterborough
Harlow's Pub: Hi Fidelity

Plaistow
The Dugout: DJ Boo
Sad Cafe: The Noise,
Teeth

Portsmouth
Blue Mermaid: Dan Walker Trio
Gas Light: Kevin Burt, Tony Santesse, DJ Koko P
The Page: DJ
Press Room: Jeremy Lyons
Red Door: Ryan Obermiller
Rudi's: Chris Burbank

Salem
Black Water: Rob Breton
Jocelyn's: DJ

Seabrook
Chop Shop: Tigerlily
Honey Pot: DJ
Prime Time: Enter the Haggis

Windham
Jonathon's: karaoke

Saturday, April 9
Auburn
Holiday's: Endangered Species

Bedford
Slammers: Fixed Income

Belmont
Top of the Town: Joe Holiday

Concord
Barley House: karaoke

In the spotlight



Sample this

Pianist and composer Joe Sample will take the stage at Tupelo Music Hall, 2 Young Road, Londonderry, on Friday, April 8, at 8 p.m. A founding member of the jazz funk combo The Crusaders, Sample has created personal interpretations of music by Scott Joplin, Duke Ellington and Fats Waller. The Houston native has toured and performed with Marvin Gaye, Tina Turner, BB King, Eric Clapton and Joe Cocker. Tickets cost \$50 at www.boyntonstaproom.com or 623-7778.

Beijing & Tokyo: karaoke
Tandy's: DJ

Dover
Barley Pub: Blue Ribbon All Star Band
Brick House: karaoke
w/ DJ Bobby Freedom
Kelley's Row: Chafed
RJ's: DJ

Epping
Holy Grail: Old School

Epsom
Circle 9 Ranch: Karen Morgan & Pony Express

Gilford
Patrick's: The Gypsies

Goffstown
New Wa Toy: karaoke

Hampstead
Pasta Loft: Siroteau
Village Square: Spins

Hudson
Linda's: Point of Entry

Londonderry
Coach Stop: Steve Tolley
Whippersnappers:
Mama Kicks

Manchester
American Legion: karaoke
Black Brimmer: Never in Vegas
City Sports Grille: Tom Dixon Band
Club 313: DJ Bob, karaoke w/ CJ
The Derryfield: Jim Devlin Band
Fratello's: Lachlan McLearn
Jam Factory: The Daliance, Dixen Cider,

Plaistow
Sad Café: The Grubs

Portsmouth
Blue Mermaid: The

Captain Easychord,
Secretly Sixty
Murphy's: Mugsy
Shaskeen: Irish sessions
w/ Roger Burridge, A Simple Complex, Prospect Hill, Thurkill's Vision
Strange Brew: Brian Templeton
Wild Rover: The Paulies
The Yard: Country Mile Band

Mason
Mason Congregational Church: open mike w/ Mike Damery

Meredith
Giuseppe's: Chris Mega, NC Blues Co.

Merrimack
Homestead: Mark Apostolides

Milford
Pasta Loft: Rich and Bob

Nashua
Dragon's: karaoke
Fody's: Joe Birch Band
Martha's: DJ
Milano's: karaoke w/ DJ Bernie D
Peddler's Daughter: Undercover Band
Stella Blu: Rampage Trio

New Boston
Gravity Tavern: Lichen

Newmarket
Stone Church: JamAntics, Yarn

Plaistow
Sad Café: The Grubs

Portsmouth
Blue Mermaid: The

Bob Band
Gas Light: Doug Mitchell, Michael Troy, DJ JW
The Page: DJ
Press Room: Superfrog, Station 85
Red Door: Lord Bass
Rudi's: Eric Klaxton

Windham
Jonathon's: karaoke

Sunday, April 10
Concord
Hermanos: State Streer Combo
Penuche's: open mike w/ Steve Naylor
Tandy's: karaoke w/ DJ Mark and Kerri

Dover
Barley Pub: Steve Carter
Brick House: karaoke w/ DJ Erich Kruger
Jimmy's: open mike w/ Denis Patrick & The Gene Sibley Group
RJ's: DJ
Station House: karaoke

Goffstown
Village Trestle: blues jam

Hampton
Wally's: Before the Crash

Hudson
Linda's: DJ, kids' karaoke

Kingston
Rick's: blues & rock open mike w/ Bobby Freedom
Londonderry
Whippersnappers: Lisa G. and Dave S.

Manchester
900 Degrees: blues open

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mike night w/ Tom Ballerini
Cactus Jack's: Sonic Boomers
Element: karaoke w/ DJ Sharon
Johnny Bad's: blues jam w/ The Deep Pockets
Mulligan's: karaoke
Shaskeen: sing-along w/ the Spain Brothers
Strange Brew: Tom Keller and John Medeiros

Meredith
Giuseppe's: open mike w/ Lou Porrazzo

Nashua
Milano's: karaoke w/ DJ Bernie D

Newmarket
Stone Church: open mike w/ Dave Ogden

Plaistow
Sad Café: The Sophomore Beat, The Yellow Team, Armistice

Portsmouth
Blue Mermaid: open mike
Daniel Street Tavern: karaoke
Press Room: The Novel Jazz Septet
Red Door: Green Lion Crew
Rudi's: jazz brunch w/ Sharon Jones

Stratham
Acoustic Outfitters:

acoustic open mike w/ Ellen Carlson

Monday, April 11 Candia
Henderson's: electric rock open mike

Concord
Barley House: Je t'm
Hermanos: State Street Combo
Red Blazer: Matt Langley

Dover
Orchard Street Chop Shop: open mike w/ Dave Ogden

Hampton
La Bec Rouge: open mike w/ Elijah Clark
Wally's Pub: DJ

Londonderry
Whippersnappers: open mike w/ Gardner Berry

Manchester
Fratello's: Gary Lopez
Mulligan's: live band karaoke

Meredith
Camp: acoustic open mike w/ Linden Mazurka
Giuseppe's: Lou Porrazzo

Merrimack
The Homestead: Sev

Milford
J's Tavern: acoustic

open mike
Nashua
Fody's: DJ Mark Allen

Portsmouth
Press Room: Matt McCabe Trio
Red Door: John Craigie, The Pleasants, Johnson's Crossroad

Seabrook
Honey Pot: karaoke

Windham
Jonathon's: karaoke

Tuesday, April 12 Bedford
Slammer's: karaoke w/ DJ Robyn

Concord
Barley House: Irish sessions
Hermanos: Andy Greene

Dover
Brick House: acoustic open mike w/ Anthony Vito Fiandaca
RJ's: DJ

Hampstead
Pasta Loft: acoustic open mike w/ Mike Belkas

Londonderry
Whippersnappers: video DJ

Manchester
900 Degrees: acoustic music
Black Brimmer: DJ Drew
Element: karaoke w/ DJ Sharon
Fratello's: Gregg Sherman
Murphy's: open mike w/ Josh Logan, Nate Comp and Paul Costley
Strange Brew: Peter Parcek

Meredith
Giuseppe's: Michael Bourgeois

Merrimack
Homestead: Tom Yoder

Milford
J's Tavern: G Man from Mama Kicks
Pasta Loft: karaoke

Nashua
Fody's: karaoke w/ Mark Allen
Killarney's Pub: karaoke w/ DJ Bernie D

Newmarket
Stone Church: bluegrass jam, Johnson's Crossroad

Portsmouth
Press Room: jazz jam w/ Larry Garland
Red Door: PB Kidd

Seabrook
Honey Pot: open mike

Windham
Jonathon's: karaoke

Wednesday, April 13 Antrim
Redneck's: open mike w/ the Boogiemen

Auburn
Holiday's: karaoke w/ DJ Captain Chris

Boscawen
Alan's: open mike

Concord
Green Martini: open mike w/ Steve Naylor
Hermanos: Rob Wolfe
Tandy's: karaoke, DJ

Dover
Barley Pub: Dan Blakeslee
Fury's: open mike w/ Paul Chase
Three Chimney's Inn: open mike

Hampstead
Pasta Loft: Michael Troy

Hampton
Wally's Pub: live karaoke w/ Baked Naked

Hudson
Johnny's: karaoke w/ Tony Zzz
Linda's: karaoke w/ DJ Erin D

Kingston
Carriage Towne Bar & Grille: Mike Belkas

Laconia
Cactus Jack's: Tim Cannon

Manchester
Black Brimmer: Country Mile Band
Fratello's: Josh Logan
Johnny Bad's: open mike w/ David Thompson and Steven Devine
Strange Brew: Lex and Joe

Meredith
Giuseppe's: Joel Cage

Merrimack
The Homestead: Doug Mitchell

Milford
J's Tavern: Lisa from Mama Kicks
Pasta Loft: Ryan Bossie

Nashua
603 Lounge: open mike w/ Kevin Horan
Dragon's Lounge: karaoke w/ DJ Bernie D
Fody's: DJ Outlet
Peddler's Daughter: Revels Glen
Sausage King: open mike w/ John Borlaug
Studio 99: acoustic jam

Newmarket
Stone Church: Hannah and the Wooden Spoons, Tommy Alexander, Laura Grill Band

Peterborough
Harlow's Pub: open mike

Portsmouth
Blue Mermaid: open mike w/ Tom Brown and Duke Mandell
Press Room: Larry Shrek
Red Door: Red on Red w/ Evaredy
Rudi's: Dimitri

Seabrook
Chop Shop: karaoke w/ Matty R
Honey Pot: karaoke

Windham
Jonathon's: karaoke

COMEDY

THIS WEEK AND BEYOND

Thursday, April 7

Manchester

Jam Factory: The Comedy Machine

Saturday, April 9

Keene

Colonial Theatre: Popovich Comedy Pet Theater

Monday, April 11

Concord

Penuche's: live standup

Wednesday, April 13

Manchester

Shaskeen: open mike

Tuesday, April 12

Manchester

Murphy's: live standup

Thursday, April 14

Hampton Falls

Lucky's at the Poker Room: Dave Rattigan, Sal Voltano and Jimmy Dunn

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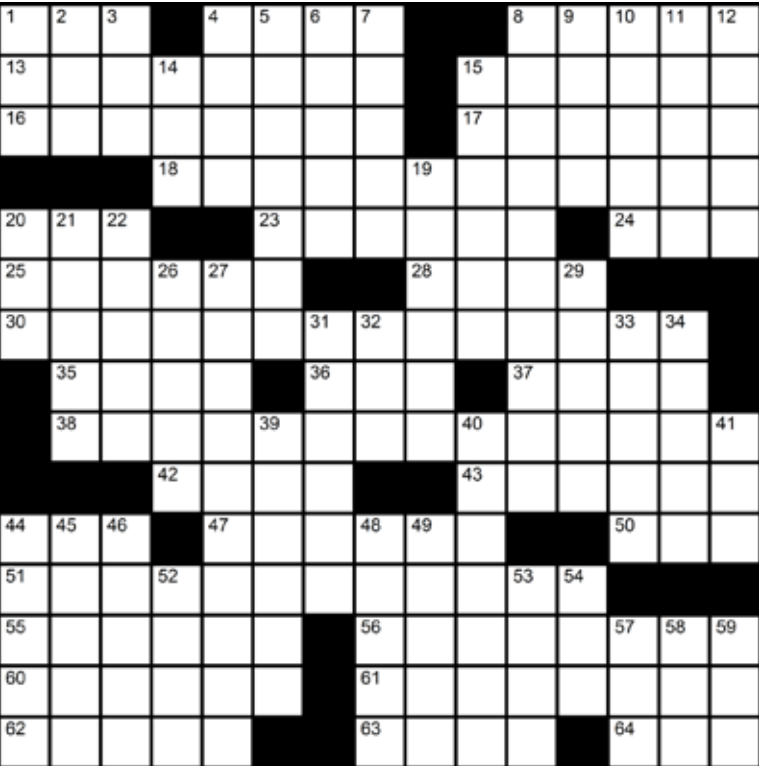
Across

- 1 Little mischief maker
4 Science magazine that folded in the 1990s
8 Make a haze around
13 Like one theory that Shakespeare didn't write all his works
15 Eddie Bunker, in "Reservoir Dogs"
16 It's harvested to make syrup
17 Fill full of bubbles
18 What lexicographers do most of the time?

- 20 Social conclusion?
23 What some people are slow on
24 Fair-hiring abbr.
25 They get worn on tires
28 Collection of Hindu writings
30 Laser pointer used by that jerk in the audience?
35 Yours, in French
36 ___-Man Chan ("Survivor: Fiji" participant)

- 47 Sex ed hygiene subject
50 "Hold On Tight" prog-rock band
51 Friends that share in your tacky guilty pleasures?
55 Capital of Canada
56 Get there in no time?
60 2010 solo album from Nick Jonas
61 Some desertscapes
62 Singer Furtado
63 Little bugs
64 Friend's opposite

- 29 Eagle's nest
31 Baby swan
32 Sorority letter
33 One may be obtuse
34 Taj ____
39 2001 movie with Sean Penn and Dakota Fanning
40 Military shoulder decoration
41 Low card
44 Rock group System of ____
45 Give a percentage
46 Acronym for aircraft that can depart from short runways (anagram of VOLTS)
48 Board (a bus)
49 Thabo ____ (South African president, 1999-2008)
52 It gets wagged
53 Rick on the radio
54 Letters on a sunscreen bottle
57 Not quite right
58 ____ Speedwagon
59 Mao ____-tung



- 37 Godsmack lead vocalist Sully ____
38 Turn a digit into a zero with your bare hands?
42 Orlando Magic coach Van Gundy
43 DA's undergrad coursework
44 Quad bike, in the States

3/31



Down

- 1 Watson's creator
2 Baby goat sound
3 Angel dust
4 R.E.M.'s "The ____ Love"
5 Pageant owned by Donald Trump
6 Spingarn Medal awarders
7 Brainstorming session ideas, e.g.
8 Made some suds
9 River in Spain
10 Boater's emergency kit item

- 11 Top
12 Honkers at a pond
14 Falling apart
15 Cover-up artist?
19 Enjoy, in England
20 "____ be my pleasure!"
21 Threesome
22 Estonia, in Estonian (hidden in BEE STING)
26 Determined by ____ of the coin
27 Falls fast asleep

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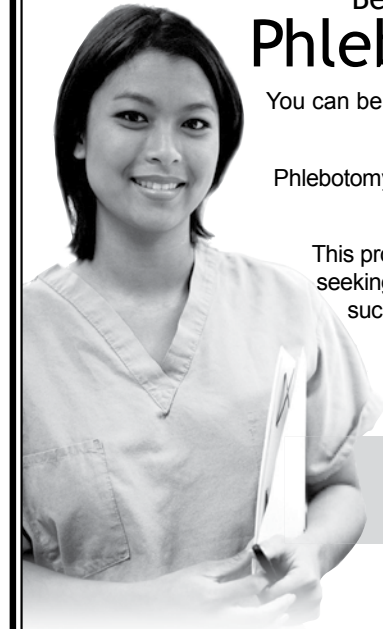
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All quotes are from *Clear and Present Danger*, by Tom Clancy, born April 12, 1947.

Aries (March 21 – April 19) “Like most heroes, he was grossly ordinary.” Things for you to keep in mind this week: your heroes are also ordinary people, and even ordinary people can do heroic deeds.

Taurus (April 20 – May 20) “Cutter grinned as he reached for his coffee. It was time to smooth some ruffled feathers, he thought.” You will probably be in a position to help smooth some excessively ruffled feathers. Take care that your own feathers don’t get unnecessarily ruffled in the process.

Gemini (May 21 – June 20) “After all, they were all sergeants, but whoever had set this thing up had been a clever man because there had been no groping around for which man got which function.” Stick to clearly defined and clearly stated roles and all will be OK. You will need to share power, but also make full use of your own.

Cancer (June 21 – July 22) “‘Bugs ain’t so bad, sir. It’s the snakes I don’t like.’” Everyone has their likes and dislikes; now’s a good time to decide what yours are.

Leo (July 23 – Aug 22) “Between the sweat stains and the dirt, the squad members were now exactly the same color as the ground on which they hid.” You’ll

need some cleaning up later, but first, prepare to get dirty.

Virgo (Aug. 23 – Sept. 22) “Whatever the mission was, it wasn’t about training.” You’ll be flying by the seat of your pants, relying on instincts and deep conditioning. Try to be well-rested.

Libra (Sept. 23 – Oct. 22) “He was master of all he surveyed. At least that was the phrase that came to mind, and with all such aphorisms it could be both true and false at the same time.” You are in charge, and you are also not at all in charge. What you need is the wisdom to know the difference, so figure that out. Because if you try to be in charge where you aren’t, you will waste energy and make a mess of things, and if you don’t take charge where you should, things may fall apart around you.

Scorpio (Oct 23 – Nov 21) “This was a game whose fixed rules applied only to one side; the other was free to redefine its own rules at will.” Batten down the hatches and brace yourself for some chaos.

Sagittarius (Nov 22 – Dec 21) “Chavez came to love running, and enjoyed a good sweat.” Have you considered taking up a new form of exercise? Capitalize on an opportunity to do so. Your mental outlook will benefit as well as your physique. Remember to shower afterward if you work up a good sweat.

Capricorn (Dec. 22 – Jan 19) “And

so began something that had not quite begun and would not soon end, with many people in many places moving off in directions and on missions which they all mistakenly thought they understood.” Your perspective might be somewhat skewed, and a mission may go differently than you expect, so don’t make too many presumptions. If you want atten-

tion, find a productive way to get it.

Aquarius (Jan. 20 – Feb. 18) “Ramirez planned to rest his men, then lead them on another mission as soon as possible. Better to have them working than thinking too much.” Actually, you could stand to think a lot more carefully, particularly in the areas where circumstances have been hindering you from

SIGNS OF LIFE

doing so. Have someone help you clarify things if needed.

Pisces (Feb. 19 – March 20) “Bronco was bored, too. It wasn’t that he minded what he was doing, but there really wasn’t much challenge in it.” Seek out and take on new challenges. Maybe quilting or a new musical instrument.

Conceptis Sudoku

By Dave Green

| | | | | | | | | |
|---|---|---|---|--|---|---|---|---|
| | | | | | | | | |
| | 4 | | 9 | | 6 | | 5 | |
| 8 | | 7 | | | | 1 | | 3 |
| | 3 | | 5 | | 9 | | 2 | |
| | 8 | | | | | | 6 | |
| | 1 | | 8 | | 4 | | 7 | |
| 1 | | 4 | | | | 5 | | 6 |
| | 2 | | 3 | | 7 | | 8 | |
| | | | | | | | | |

Difficulty Level ★★★

4/07

SU DO KU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Last week's puzzle answers are below

3/31

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | 6 | 1 | 2 | 7 | 5 | 4 | 9 | 8 |
| 2 | 9 | 4 | 1 | 8 | 6 | 7 | 3 | 5 |
| 8 | 5 | 7 | 3 | 9 | 4 | 6 | 2 | 1 |
| 9 | 2 | 8 | 6 | 3 | 7 | 1 | 5 | 4 |
| 1 | 4 | 6 | 5 | 2 | 8 | 3 | 7 | 9 |
| 7 | 3 | 5 | 9 | 4 | 1 | 2 | 8 | 6 |
| 5 | 1 | 2 | 8 | 6 | 3 | 9 | 4 | 7 |
| 6 | 7 | 3 | 4 | 5 | 9 | 8 | 1 | 2 |
| 4 | 8 | 9 | 7 | 1 | 2 | 5 | 6 | 3 |

Difficulty Level ★★★

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Auction To Be Held On
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NEWS OF THE WEIRD

BY CHUCK SHEPHERD

Fashion in Politics

Gen. Than Shwe of Myanmar, leader of Asia's most authoritarian regime, made a rare public appearance in February but dressed in a women's sarong. Most likely, according to a report on AOL News, he was challenging the country's increasingly successful "panty protests" in which females opposed to the regime toss their underwear at the leaders or onto government property to, according to superstition, weaken the oppressors. (Men wear sarongs, too, in Myanmar, but the general's sarong was uniquely of a design worn by women.) An Internet site run by the protesters urges sympathetic women worldwide to "post, deliver or fling" panties at any Burmese embassy.

The Continuing Crisis

- The "F State's" Legislature at Work: Florida Senate Bill 1246, introduced in February, would make it a first-degree felony to take a picture of any farmland, even from the side of the road, without written permission of the land's owner. (The bill is perhaps an overenthusiastic attempt to pre-empt campaigns by People for the Ethical Treatment of Animals.)

- No Sense of Shame: (1) Nurse Sarah Casareto resigned in February from Abbott Northwestern Hospital in Minneapolis, and faced possible criminal charges, after allegedly swiping the painkiller fentanyl from her patient's IV line as he was undergoing kidney-stone surgery (telling him once to "man up" when he complained about the pain). (2) Karen Remsing, 42, stands accused of much the same thing after her November arrest involving an unspecified pain medicine delivered by IV at University of Pittsburgh Medical Center Children's Hospital. However, Remsing's case was different in that the IV line being shorted was that of her own, terminally ill, 15-year-old son.

- New Orleans clothing designer Cree McCree, an ardent environmentalist, ordinarily would never work with animal fur, but the Louisiana state pest, the nutria (swamp rat), is culled in abundance by hunters, who leave the carcasses where they fall. Calling its soft-brown coat "guilt-free fur that belongs on the runway instead of at the bottom of the bayou," McCree has encouraged a small industry of local designers to create nutria fashions — and in November went big-time with a New York City show ("Nutria-palooza"). Now, according to a November New York Times report, designers Billy Reid and Oscar de la Renta are sampling nutria's "righteous fur."

Bright Ideas

- In late 2010, a Georgia utility contractor discovered an elaborate "Internet-controlled network of web-accessible cameras" and three shotguns aimed into a food-garden plot on a Georgia Power Company right of way (as reported by the Augusta Chronicle in January). The Georgia Wildlife Resources Division and U.S. Homeland Security took a look, but by then, the structure had been moved. (Homeland Security speculated that the set-up was to keep feral hogs away from the food stock.)

- Principal Angela Jennings of Rock Chapel Elementary School in Lithonia, Ga., resigned after an investigation revealed that she had temporarily unenrolled 13 students last year for the sole purpose of keeping them from annual statewide tests because she feared their scores would drag down her school's performance.

(When the test was over, Jennings re-enrolled them.) The resignation, effective in June, was revealed in February by Atlanta's WSB-TV.

- Artists Adam Zaretsky and Tony Allard told AOL News in February of their plans to create "bio-art" based on an epoxy-preserved "glob" of feces excreted by the counterculture novelist William S. Burroughs (who died in 1997). The pair would isolate Burroughs' DNA, make copies, soak them in gold dust, and, with a laboratory "gene gun," shoot the mixture into blood, feces and semen to create "living bio-art." (Zaretsky was less certain when asked what was actually being produced, suggesting that they may call their work a "living cut-up literary device" or just a mutant sculpture. Zaretsky is a Ph.D. candidate at Rensselaer Polytechnic Institute; Allard is a college professor in San Diego.)

Yikes!

- Questionable Redemption: For two philanthropic gifts totaling \$105,000, Jim Massen, 80, a retired television repairman and farmer in Windsor, Ontario, has perhaps salvaged his good name, overcoming a 1990 guilty plea (and one-year jail sentence) for molesting three teenage boys. The gifts, acknowledged in February, mean that a scoreboard clock, an administrative office, the street leading to the complex, and a walking trail will all be named for him.

- Theory of Evolution: Last year, the highly qualified agriculture expert Ricardo Salvador was passed over by Iowa State University to run its Center for Sustainable Agriculture, even after the person who finished ahead of him declined the job. According to a June Chronicle of Higher Education report, Salvador had committed an unpardonable faux pas during the hiring process — by stating the obvious fact that cows everywhere, historically, eat "grass." (Since Iowa's dominant crop is corn, "grass" was the wrong answer.) When a Chronicle reporter asked the dean of Iowa State's agriculture school whether cows evolved eating grass, the dean said she did not have an "opinion" about that.

People Different From Us

(1) Over the last 10 years, newspaper vendor

Miljenko Bukovic, 56, of Valparaiso, Chile, has acquired 82 Julia Roberts face tattoos on his upper body — all, he said, inspired by scenes from the movie "Erin Brockovich." (2) On Feb. 21, Jessica Davey, 22, of Salisbury, England, saw that her car had been wrongly immobilized with a boot. Angry at probably missing work, she locked herself in the car, thus impeding the tow truck, and remained for 30 hours, until a parking inspector dropped by and removed the boot.

Least Competent Criminals

Not Ready for Prime Time: (1) Arkeen Thomas, 19, broke into a home in Port St. Lucie, Fla., in March, but the residents were present, and the male resident immediately punched Thomas in the mouth, sending him fleeing. (Minutes later, a woman identified as Thomas' mother arrived, picked up her son's gold teeth that had been knocked out, and left.) (2) In March, Briton Luke Clay, 21, was sentenced to eight months in prison by a Nottingham Crown Court judge for a home invasion. Luke and his brother fled the home empty-handed after the resident, Joan Parmenter, 79, knocked Luke down with one punch to the jaw.

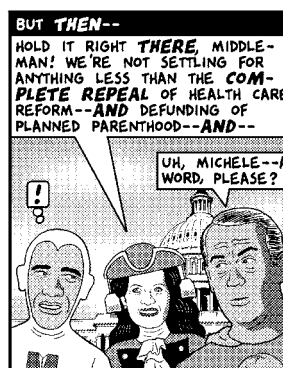
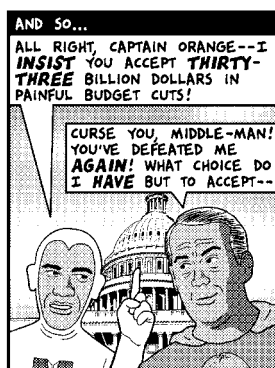
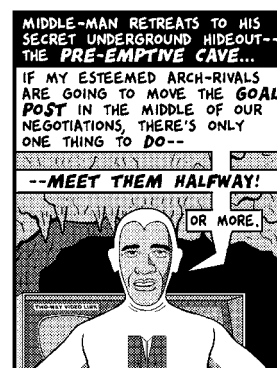
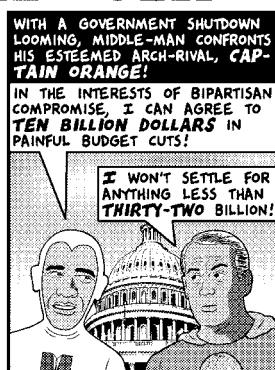
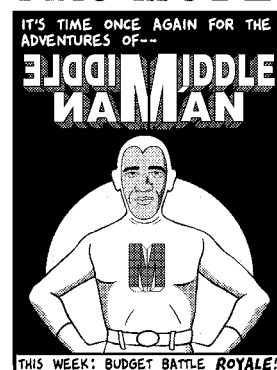
Recurring Themes

Another "Sovereign" Citizen: In February, the Sarasota (Fla.) Police Department fired veteran homicide detective Tom Laughlin, almost a year after he had filed formal papers identifying himself as part of the "sovereign" movement, whose members believe they are beyond the control of any government and can establish their own financial system (which usually makes them much richer — on paper), among other assertions. (The U.S. Constitution is cited as their authority, but only the original and not the popular version, which is a sham secretly switched with the original by President Abraham Lincoln.) In a subsequent interview with the Sarasota Herald-Tribune, Laughlin, who had a strong record as a detective, acknowledged that maybe he had gotten carried away.

Are you ready for News of the Weird Pro Edition? Every Monday at NewsOfTheWeird.blogspot.com and www.WeirdUniverse.net.

THIS MODERN WORLD

by TOM TOMORROW



Manchester Pawn

Jewelry Bought & Sold

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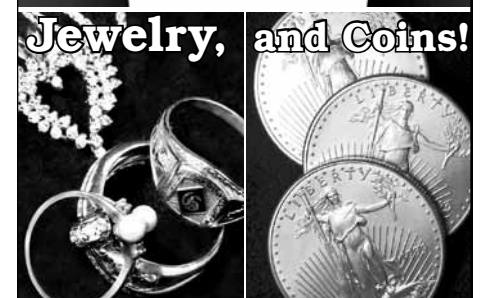
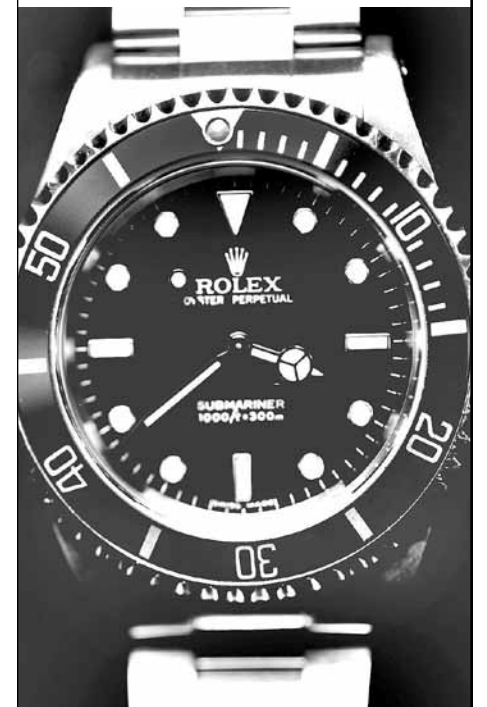
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The Bedford Village Inn was founded in a spirit of classical simplicity and dedicated to the belief that gracious entertaining should seem effortless. Everything we do—from the briefest business luncheon, to the largest wedding reception—is meticulously orchestrated to please. And everything we are—simple American architecture, peaceful rural countryside, classic New England Contemporary Cuisine, and attentive staff—is meant to support the occasion that has been entrusted to us.



Our restaurant offers several styles of cuisine that are presented in three distinctive and unique areas. Celebrated both nationally and locally for its outstanding food and service, our restaurant has also been awarded the AAA Four Diamond Award for over 20 years!



Our 10,000 bottle wine cellar has been nationally recognized and has been bestowed the *Wine Spectator's* Best of Award of Excellence for over 20 years.



The centerpiece of the Inn, the Great Hall, soars three stories and sweeps out to decks that overlook the main house, lawns, and lush gardens.



Whether you are an experienced traveler passing through, a New Englander in need of some country peace, or someone with business in mind planning for an important function, the Bedford Village Inn offers the ideal setting for your special celebration!



We've laid out the guestrooms so you enter your sitting room rather than your sleeping area. More intimate business meetings are perfect for the guest rooms.



Business and pleasure mix beautifully at the Inn. We provide excellent spaces for small business conferences and gatherings of every sort. The Inn is the longest recipient of the AAA Four Diamond Award in New Hampshire.



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